

Mentoring Programs in Worcester, MA

Compiled 1/18

Program / Agency	Description of Service	Cost / Eligibility	Languages Spoken
<p><i>African Community Education Mentoring for Empowerment and Exchange ACE MEE</i></p> <p>African Community Education Program 484 Main St, #355, Worcester, MA 01608</p> <p>Mentor Coordinator mentor@acechildren.org 508-459-2284</p>	<p>African Community Education Mentoring for Empowerment and Exchange (ACE MEE) works with African immigrant youth, grades 5th-12th, who are part of the ACE Community. The youth meet with their mentors on Monday through Thursday based on the mentor and mentees availability, for a year. The mentors work with the mentees to help them reach their academic and career goals, as well as, give guidance for day to day issues through activities and consistent conversation.</p> <p>Our model is site-based and 1:1 mentoring.</p>	<p>Free</p> <p>For children and young adults currently enrolled in the ACE program (serving African immigrant youth, grades 5th-12th)</p> <p>For more information about the youth we serve or about how to become part of the program: www.acechildren.org</p>	<p>English and many African languages</p>

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<p><i>Teen Leadership (Torch) Program</i> <i>Belmont AME Zion Church</i> <i>Yes We Care</i></p> <p>Belmont AME Zion Church 55 Illinois Street Worcester, MA 01610 Dianne Langford-James Program Manager 617-650-7203 dljsvp@gmail.com</p>	<p>This training is a motivational & leadership workshop for teens between the ages of 13 - 17 to give teens the opportunity to discover and redesign the limiting beliefs they have about themselves and others. It's these self-imposed limitations that keep them from fully achieving their maximum capabilities.</p> <p>This redesign allows young people to pursue their dreams and goals with new confidence, freedom and passion. Participants begin to create a solid foundation of powerful tools that will serve them for their entire life.</p> <p>Mentoring for each student will be for 1 year. These trainings will be held every other month until further notice.</p>	<p>Scholarships Are Available</p> <p>All children ages 13 to 17 are welcome to join. The application can be found on the Yes We Care website under "Upcoming Events."</p> <p>www.yeswecarema.org</p>	<p>English</p>
<p><i>After School Mentoring Program – Yes We Care</i></p> <p>Belmont AME Zion Church 55 Illinois Street Worcester, MA 01610 (508) 754-4539 Anika Romne</p>	<p>Mentoring is Monday – Thursdays with activities on Fridays.</p> <p>Children are matched with high school and/or college volunteer mentors for homework help, mentoring and support. The program runs parallel with the public school calendar.</p>	<p>Free</p> <p>All children in grades K - 6</p>	<p>English</p>

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<p><i>Big Brothers Big Sisters</i></p> <p>BBBS of Central Mass/Metrowest, Inc. 484 Main Street - Suite 360 Worcester, MA 01608 info@bbbscm.org http://www.bbbscm.org (508) 752-7868</p>	<p>Provides programs specializing in mentoring services to children at risk. Children are paired with a volunteer in their area with similar interests, and every volunteer is checked for background information to make sure they are the right match for a child</p>	<p>Boys ages 6-13 and girls ages 6-12 in need of mentors are eligible</p> <p>No income guidelines</p> <p>Serves the Following towns and Cities: Acton, Ashland, Auburn, Boxborough, Boylston, Charlton, Dover, Dudley, Framingham, Grafton, Holden, Holliston, Hopkinton, Hudson, Leicester, Marlborough, Maynard, Milford, Millbury, Natick, Northborough, Northbridge, Oxford, Paxton, Princeton, Rutland, Sherborn, Shrewsbury, Southborough, Southbridge, Spencer, Sterling, Stow, Sturbridge, Sudbury, Sutton, Upton, Wayland, Webster, West Boylston, Westborough, Worcester</p>	<p>English and Spanish</p>

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<p><i>Boys & Girls Club of Worcester</i></p> <p>Boys & Girls Club of Worcester</p> <p>65 Tainter Street Worcester, MA 01610</p> <p><i>College Students & Community Volunteers</i> <i>please contact:</i> volunteering@bgcworchester.org</p> <p><i>Corporate & Business volunteers, please contact:</i></p> <p>Liz Hamilton, Executive Director lhamilton@bgcworchester.org</p> <p>(P): 508-754-2686 ext. 201</p>	<p>Boys & Girls Clubs reach thousands of at-risk and high-risk youth in our nation's most distressed areas. Clubs deliver a proven youth development strategy, access to Club services several days a week, a safe place, life-changing programs, and the opportunity to participate in mentoring experiences and relationships with diverse, trained, caring staff and volunteers, in a supervised and structured environment. Mentoring youth is important to the Boys & Girls Club Movement, and we are uniquely positioned to address the mentoring needs of at-risk and high-risk youth – and to meet their needs based upon who and where they are.</p> <p>Program Highlights:</p> <ul style="list-style-type: none"> • Match all participating youth with an appropriate mentor. • Mentors may be volunteers, Club staff or peers. Each mentor may be assigned more 	<p>The Boys & Girls Club of Worcester believes in hope and opportunity for all young people, and is dedicated to serving underprivileged children within the Worcester community. To ensure that all youth are reached, membership costs just \$25 per year/per member, for youth 8-12 and Free for youth 13-18 and include both school-year and summer programs. A minimal fee is charged to attend the Feb/April school vacations, as well as a minimal weekly based fee for full-day <u>summer programming</u>.</p> <p>At our neighborhood outreach sites, the membership costs are \$10/ per year/per member thanks to the generosity of our funders. Our Kids Club at GBV site serves children ages 5-13. Our PVE Extension serves children ages 7-13.</p> <p>For more information about the Boys & Girls Club of Worcester, please visit our website:</p> <p style="text-align: center;">http://www.bgcworchester.org</p>	

<p><i>Additional information or Program Inquiries:</i></p> <p>Joanne Fowling, Director of Operations</p> <p>jfowling@bgcworchester.org</p> <p>(P): 508-754-2686 ext. 205</p>	<p>than one mentee. Mentors must be appropriately screened and have successfully passed all required background checks.</p> <ul style="list-style-type: none"> • All mentoring activities and interactions, one-on-one or one with more than one, takes place at the Boys & Girls Club. • Ensure that all participating youth complete a full program cycle of an approved evidence-based program. • Ensure that all participating youth complete at least one additional prevention program that features mentoring elements and addresses mentoring needs. 		
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<p><i>Bottom Line Access and Success/Career Programs</i></p> <p>Bottom Line 40 Southbridge Street Suite 500 Worcester, MA 01608</p> <p>508-757-3400</p> <p>Melanie Perreault-LeBoeuf, Director melanie@bottomline.org</p> <p>Amaris Gonzalez, Access Team Manager agonzalez@bottomline.org</p> <p>Ben Cannon, Success Team Manager bcannon@bottomline.org</p> <p>Kira Terrill, Career Team Manager kterrill@bottomline.org</p>	<p>Bottom Line helps disadvantaged youth get in to college, graduate from college, and go far in life. We provide students with one-on-one guidance from the beginning of the college application process (Access Program) until college graduation (Success and Career Programs).</p> <p>Our vision is to dramatically transform urban communities by producing thousands of new career-ready college graduates.</p>	<p>Free</p> <p>For low-income, first generation high school seniors and students attending one of our target colleges. Entry points are end of junior year/summer before senior year of high school and summer before freshman year of college.</p> <p>For more information about the youth we serve or about how to become part of the program: www.bottomline.org</p>	<p>English</p>

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<p><i>Transition to Adulthood Program (TAP)</i></p> <p>Center for Living & Working, Inc. 484 Main Street, Suite 345 Worcester, MA 01608 Phone: 508-798-0350 Erica Torres, ext. 5749 Toll Free: 800-570-4020 TTY: 508-755-1003 VP: 508-762-1164 Fax: 508-797-4015 \</p>	<p>Through this MRC state-funded program CLW provides IL services to youth who have IEPs in high school to prepare them for transition to adult services. Participants are between the ages of 14 and 22 and may have a disability of any type. The goal of the TAP Program is to prepare youth with all disabilities, including physical, cognitive, sensory or emotional limitations, for their transition to the community and greater independence.</p>	<p>Free</p> <p>Youth between the ages of 14 and 22 who have a disability of any type and have an IEP in high school.</p> <p>For additional information please visit us at: www.centerlw.org</p>	<p>English, interpreters can be provided if needed for certain languages</p>
<p><i>Therapeutic Mentoring Services</i> Children's Behavioral Health Initiative (CBHI)</p> <p>Offered via various contracted providers <u>SEE BELOW</u></p>	<p>Some children and teens want to get along with others, but need help and practice learning to talk or act in new ways. A Therapeutic Mentor will go with your child to the places where the child has the most trouble and teach him or her new skills, such as better ways to talk or act with other children and adults.</p>	<p>For children under the age of 21 who are on or eligible for MassHealth insurance and who have a mental health diagnosis.</p> <p>**Go to: http://www.mass.gov/eohhs/gov/commissions-and-initiatives/cbhi/cbhi-contact-information.html</p> <p>or http://www.mabhaccess.com/search/search.aspx for additional information and eligibility criteria</p>	<p>Multiple languages, depending on the service provider</p>

CBHI Therapeutic Mentoring Service Providers in the Worcester Area: (see cost / eligibility info above)
****TO RECEIVE THESE SERVICES FAMILIES MUST HAVE A CHILD THAT MEETS THE ABOVE ELIGIBILITY AND RECEIVE A REFERRAL FROM THEIR BEHAVIORAL HEALTH PROVIDER**

Provider / City/Town Covered and Phone Number	Languages Spoken and Specialty Populations
CENTRO Worcester, MA 508-798-1900 Ext. 262 www.centroinc.org	Spanish and English Male and Female mentors
Community Healthlink <ul style="list-style-type: none"> • Worcester (774-312-2722) • Leominster (978-401-3913) 	Leominster - Spanish Worcester- Spanish, Twi <hr/> Male and Female Mentors
Counseling and Assessment Clinic of Worcester, LLC <ul style="list-style-type: none"> • Fitchburg (978-345-9400) • Worcester (508-756-5400) 	Spanish and English Male and Female mentors
FCP – Family Continuity Programs <ul style="list-style-type: none"> • Whitinsville • Worcester 508-234-4181 508-755-0556	Spanish and English <hr/> Trauma informed care (TF-CBT; ARC; CPP)
The Key Program <ul style="list-style-type: none"> • Worcester • Oxford • Fitchburg 508-752-1560	English <hr/> Male and female mentors

Therapeutic Mentor Provider / City/Town Covered and Phone Number	Languages Spoken and Specialty Populations
LUK Crisis Center <ul style="list-style-type: none"> • Fitchburg • Worcester • Webster 800-579-0000 1-978-829-2222 Counseling@luk.org	Worcester/Webster currently has a part-time female TM who speaks English and Arabic. Fitchburg has 2 male TMs and a female. They all speak English.
Massachusetts Mentor, Inc.-- <ul style="list-style-type: none"> • Worcester • North Central • South Central • Metro West 508-368-2700 / fax: 508-752-0284	English and Spanish <hr/> Male and Female Mentors Under the age of 21
MSPCC (Serves Central MA) 508-753-2967	Male and Female Therapeutic mentors available English and Spanish
Multicultural Wellness Center <ul style="list-style-type: none"> • Worcester • Fitchburg 508-752-4665	English and Spanish
New Beginnings Wellness Center <ul style="list-style-type: none"> • Worcester 508-754-1141	English and Spanish
Regency Family Health—1 Exchange Place, Worcester, MA (508) 799-5900	English and Spanish Female mentors
Riverside Community Care <ul style="list-style-type: none"> • Upton 508-529-7000	English

Therapeutic Mentor Provider / City/Town Covered and Phone Number	Languages Spoken and Specialty Populations
South Bay Mental Health <ul style="list-style-type: none"> • Worcester (508-791-4976) • Leominster (978-870-1840) 	English and Spanish <hr/> Under the age of 21
Wayside Youth & Family Support Network <ul style="list-style-type: none"> • Milford: 508-745-6294 • Framingham: 508-630-5907 	Spanish, Portuguese, French, Haitian Creole
YOU, Inc. <ul style="list-style-type: none"> • Worcester, Southbridge & Baldwinville: Central Referral 1-855-4YOUINC/1-855-496-8462 centralreferral@youinc.org Fax: 508-849-5646 	Worcester: English, Spanish*, Vietnamese* Southbridge: English, Spanish Baldwinville: English All sites: Male and Female Mentors (*subject to change based on staff)

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<p><i>Thrive: Mentoring for Young Women</i></p> <p><i>Brothers Against Discrimination – Male Mentoring Group</i></p>	<p>Through one-to-one and group mentoring relationships, mentees have the opportunity to develop the skills of self-empowerment and self-identity, and to promote personal and career achievement within a community of other adults with disabilities. Participants enjoy a weekend retreat each year. Separate programs for women and men support confidentiality and personal exploration.</p>	<p>Free</p> <p>Open to any young individual with disabilities between the ages of 14 and 26.</p>	<p>English and disability-related accommodations available</p>
<p><i>Youth Leadership Network</i></p>	<p>Youth Leadership Network promotes self-advocacy and self-awareness for teens and young adults with disabilities ages 14-26. This is a state-wide initiative with 12 monthly meetings in and around Worcester. Through group mentoring activities, participants explore communication, teamwork, community service, disability rights, career interests and employment skills. This is an opportunity for youth with disabilities to make friends in their local community and also within the larger statewide Youth Leadership Network. Participants welcome to join any time throughout the year.</p>	<p>Free, supported by Massachusetts Rehabilitation Commission</p> <p>Youth between the ages of 14-26 who have a disability.</p>	<p>English, Spanish and disability-related accommodations available</p>
<p>Easter Seals Massachusetts</p> <p>484 Main Street, 6th floor Worcester, MA 01608 Phone: 1-800-244-2756 Web: http://www.easterseals.com/ma/our-programs/youth-services/support-and-mentorship.html Email: youth@eastersealsma.org</p>	<p>Participants welcome to join any time throughout the year.</p>		

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<p><i>Family Services of Central Massachusetts Mediation Program</i></p> <p>FSCM Mediation 31 Harvard Street Worcester, MA 01609 508-756-4646 Sabrina Bohun; sbohun@fscm.org</p>	<p>Offers free mentoring to newly trained mediators who have completed the thirty-hour Basic Mediation Training.</p> <p>Newly trained mediators observe three mediations and co-mediate with a senior mediator three times.</p>	<p>Any mediator wanting mentoring can contact us.</p>	<p>English</p>
<p><i>I Too Mentor Program</i></p> <p>Friendly House, Inc. 36 Wall Street Worcester, MA 01604</p> <p>Anthony Poti Director of Child, Youth & Family Programs apoti@friendlyhousema.org Tel: 508-755-4362 Fax: 508-793-7800</p>	<p>Helps to promote positive growth and development. Focus on youth violence prevention.</p> <p>Program components consist of one on one mentor/mentee time, group activities, career and college readiness, civic engagement and job shadow days.</p> <p>Program works with at-risk teens ages 13-17 in the Worcester Community</p>	<p>There is no cost to participate in this program.</p> <p>To participate, mentees and parent/guardian must complete an application and consent form.</p>	<p>Special arrangements can be made for mentees who are limited or non-English speaking.</p>

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<p><i>Girls Inc. of Worcester, Group Mentoring Program</i></p> <p>Girls Inc. of Worcester 125 Providence Street Worcester, MA 01604 For more information, contact Kathy Odgren Kodgren@girlsincworchester.org 508-755-6455 ext. 37</p>	<p>Girls meet with their mentors to build positive relationships and have fun, while also enjoying all that the after-school program has to offer, including expressive arts, science experiments, movie and game nights, cooking and baking, arts and crafts, and fitness activities. One mentor is paired with up to four mentees to promote and improve academic achievement, health behaviors, social skills, goal setting, and career awareness.</p>	<p>For girls ages 9-14 Thursday nights from October 2017-May 3, 2018 from 5:30-7:30 PM Dinner included Participation in afterschool program is required. Program rates apply for grades 3-6.</p>	

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<p><i>LUK Mentoring Program</i></p> <p>LUK Inc. Offices located at:</p> <p>545 Westminster St. Fitchburg, MA 01420</p> <p>40 Southbridge St. 4th floor Worcester, MA. 01608</p> <p>99 Day St. Fitchburg, MA 01420</p> <p>251 Main St. Webster, MA. 01570</p> <p>1-800-579-0000: contact number for all sites</p>	<p>LUK's one-to-one community-based and site-based programs serve youth ages 6 to 17 living in the 65 cities and towns of Central MA. Adult volunteer mentors meet with mentees for at least one hour per week for at least one year, provide support through friendship, and focus on improving mentees' social competencies, academic engagement and performance and preventing and decreasing offenses.</p> <p>Mentors, youth, parent/guardians are all interviewed and information gathered helps determine who the mentor and youth will be paired with.</p> <p>All volunteer mentors agree to a background check which includes FBI fingerprinting and attend training before they are matched with a youth.</p>	<p>Eligible youth are boys and girls ages 6 – 17.</p> <p>The majority of youth involved in the LUK Mentoring Program may be youth with a learning, emotional or behavioral disability, youth impacted by incarceration of a family member, youth involved in the foster care system and/or youth in need of the extra support of an adult role model.</p> <p>Any youth who would benefit by having additional adult support may be a part of the program.</p> <p>The program is provided free of cost.</p> <p>Our service area is Central Massachusetts: and includes the following cities/towns: Ashburnham, Ashby, Auburn, Ayer, Barre, Bellingham, Berlin, Blackstone, Bolton, Boylston, Brimfield, Brookfield, Charlton, Clinton, Douglas, Dudley, East Brookfield, Fitchburg, Franklin, Gardner, Grafton, Groton, Hardwick, Harvard, Holden, Holland, Hopedale, Hubbardston, Lancaster, Leicester, Lunenburg, Medway, Mendon, Milford, Millbury, Millville, New Braintree, North Brookfield, Northbridge, Oakham, Oxford, Paxton, Pepperell, Princeton, Rutland, Shirley, Shrewsbury, Southbridge, Spencer, Sterling, Sturbridge, Sutton, Templeton, Townsend, Upton, Uxbridge, Wales, Warren, West Boylston, West Brookfield, Westminster, Winchendon, Worcester.</p>	<p>English/Spanish translation available</p>

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<p><i>Assumption Center Mentoring Program</i></p> <p>Assumption Center at St. Peter's Church 929 Main Street Worcester, MA 01610 Sister Maryann Azanza 508-793-1954</p>	<p>Mentoring is every Wednesday and Thursday 2:30-4:45pm in the St. Peter's meeting room</p> <p>Children are matched with college volunteer mentors for homework help, arts and crafts, sports in the gym, games and much more!</p>	<p>Free</p> <p>All children ages 6-13 are welcome to join</p>	<p>English and Spanish</p>
<p><i>Southeast Asian Coalition of Central Massachusetts and (SEAC) and Worcester Refugees Assistance Project (WRAP)</i></p> <p>484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373</p>	<p>Local mentoring programs for ESL and English speaking students</p>	<p>K-12, adults, and college students</p> <p>Youth mentoring program for at risk and low income American Asian Youth</p> <p>Mentoring program for adults *Specifically serves refugees from Vietnam, Bhutan, Nepal, Burma and Arabic Speakers</p>	<p>English, Vietnamese, Burmese, Nepalese and Arabic.</p>

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<p><i>Brothers & Keepers Program</i></p> <p>Quinsigamond Community College 670 West Boylston Street Worcester, MA 01606</p> <p>brothersandkeepers@qcc.mass.edu</p> <p>Ricky Frazier Program Coordinator rfrazier@qcc.mass.edu</p> <p>Geovanni Cruz CCSNE AmeriCorps VISTA Worker gcruz@qcc.mass.edu 508-854-7413</p> <p>There's no KEEPER like a BROTHER</p>	<p>Brothers & Keepers is an innovative, male mentoring initiative designed to increase retention and educational success of male students at Quinsigamond Community College (QCC). Participants in the Brothers & Keepers Program will work with peers, faculty, and staff to learn how to successfully navigate the college experience and to prepare for life, work, and education after QCC.</p> <p>Brothers & Keepers exposes students to:</p> <ul style="list-style-type: none"> • Educational and social tutoring • Career development counseling • Interpersonal skills coaching • Interview and presentation skills development • Health and wellness counseling • Strategies for resolving conflict with peers, faculty, and/or staff • Coping strategies for managing social, academic, and financial hardships • Self-confidence and self-esteem building exercises • Student leadership and community engagement opportunities • Social outing and peer bonding experiences • Celebrations of ethnic diversity and immigrant experience 	<p>Free</p> <p>Our mission is to motivate, empower, and encourage Quinsigamond Community College's male student population through mentoring and leadership to equal success. We seek to improve the academic achievement, self-esteem, social competence, and avoidance of problem/high-risk behavior by providing a positive relationship to help male students achieve their potential.</p> <p>For more information about Brothers & Keepers, please visit us at: www.qcc.edu/BK</p>	<p>English</p>

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<p><i>The Clergy Police Youth Partnership</i> (formerly the <i>Faith Leaders – Police Partnership</i>)</p> <p>Worcester Police Department</p> <p>9-11 Lincoln Street Worcester, MA 01608</p> <p>Mentoring takes place at 7 local places of worship</p> <p>Program Contact:</p> <p>Lt. Sean Murtha</p> <p>774-314-0319</p> <p>MurthaS@worcesterma.gov</p>	<p>The mission of this collaboration is to reach, assist, and transform youth, especially those whose lives have been affected or influenced by alcohol and other drugs, crime, and/or violence. Through a collaboration of faith leaders and police, the aim is to improve the personal development of youth, build a system of community support and create healthy and safe neighborhoods.</p> <p>Some examples of how mentors can help youth include:</p> <ul style="list-style-type: none"> • <i>Help them succeed academically by helping with homework and special projects or helping them to learn new study skills.</i> • <i>Guide through the world of employment and help them explore possible careers well suited to their interests and abilities.</i> • <i>Broaden their experiences by providing opportunities to experience new places, new situations or different cultures.</i> • <i>Develop a sense of community through community service projects- cleaning, landscaping, raking leaves, painting, serving the homeless, etc.</i> 	<p>No cost</p> <p>Serve any 5-18 year olds</p>	<p>English, Spanish</p>

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Young Parent Hope PO Box 7122 Worcester MA 01605 774-670-6746	Support for young parents and their babies	Free	English, Spanish
Leaders Club YMCA Greendale Family Branch YMCA 75 Shore Drive Worcester, MA 01605 Leaders Club	A leadership incubation program that helps teens improve their individual leadership and social skills while also experiencing new ways to give back and grow as human beings. Teens meet on a weekly basis in small groups to develop and implement projects aimed at providing valuable service to their local community. So if you are up for the challenge so are we! For more information and to register please contact John Brown at jbrown@ymcaofcm.org . Monday and Tuesdays 2:00-7:00pm	Youth ages 13-17	English

Program / Agency	Description of Service	Cost / Eligibility	Languages Spoken
<p><i>YWCA Girls CHOICE Program</i></p> <p>YWCA and Big Brothers Big Sisters One Salem Square Worcester, MA 01608</p> <p>Jessica Diaz Program Manager girlschoice@ywcacentralmass.org 508-767-2505 ext. 3073</p>	<p>Girls CHOICE fosters long term mentoring relationships between professional women and middle school aged girls. The program aims to empower girls to achieve their aspirations through education and financial independence.</p> <p>Girls participate in one-on-one mentoring and weekly programming. Weekly programming is held during the school year and includes topics such as: stress management, bullying, body image, violence prevention, community service and group mentoring events. Girls also receive academic support services as needed.</p>	<p><u>Cost/Eligibility</u> There is no cost for participating in Girls CHOICE. Eligibility:</p> <ol style="list-style-type: none"> 1.) Applicants must be entering or enrolled 7th grade girls attending Worcester Public Schools. 2.) Applicants must be able to attend regular weekly programming and occasional events. 3.) Applicants must be willing to be matched with a one-on-one mentor through Big Brothers Big Sisters. 	<p>English & Spanish</p>

While our intent was to include accurate data on local human service agencies, some inadvertent errors or omissions may have occurred and some changes will undoubtedly take place between printing and distribution.

