

# Mentoring Programs in Worcester, MA

*Last Compiled 1/19*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>African Community Education Mentoring for Empowerment and Exchange ACE MEE</i></b></p> <p><b>African Community Education Program</b> 484 Main St, #355, Worcester, MA 01608</p> <p>Mentor Coordinator <a href="mailto:mentor@acechildren.org">mentor@acechildren.org</a> 508-459-2284</p>	<p>African Community Education Mentoring for Empowerment and Exchange (ACE MEE) works with African immigrant youth, grades 5th-12th, who are part of the ACE Community. The youth meet with their mentors on Monday through Thursday based on the mentor and mentees availability, for a year. The mentors work with the mentees to help them reach their academic and career goals, as well as, give guidance for day to day issues through activities and consistent conversation.</p> <p>Our model is site-based and 1:1 mentoring.</p>	<p>Free</p> <p>For children and young adults currently enrolled in the ACE program (serving African immigrant youth, grades 5th-12<sup>th</sup>)</p> <p>For more information about the youth we serve or about how to become part of the program: <a href="http://www.acechildren.org">www.acechildren.org</a></p>	<p>English and many African languages</p>
<p><b><i>After School Mentoring Program – Yes We Care</i></b></p> <p><b>Belmont AME Zion Church</b></p> <p>55 Illinois Street Worcester, MA 01610 (508) 754-4539 Anika Romne</p>	<p>Mentoring is Monday – Thursdays with activities on Fridays.</p> <p>Children are matched with high school and/or college volunteer mentors for homework help, mentoring and support. The program runs parallel with the public school calendar.</p>	<p>Free</p> <p>All children in grades K - 6</p>	<p>English</p>

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Big Brothers Big Sisters</i></b></p> <p><b>BBBS of Central Mass/Metrowest, Inc.</b>            484 Main Street - Suite 360            Worcester, MA 01608            info@bbbscm.org            http://www.bbbscm.org            (508) 752-7868</p>	<p>Provides programs specializing in mentoring services to children at risk. Children are paired with a volunteer in their area with similar interests, and every volunteer is checked for background information to make sure they are the right match for a child</p>	<p>Boys ages 6-13 and girls ages 6-12 in need of mentors are eligible</p> <p>No income guidelines</p> <p>Serves the Following towns and Cities:            Acton, Ashland, Auburn, Boxborough, Boylston, Charlton, Dover, Dudley, Framingham, Grafton, Holden, Holliston, Hopkinton, Hudson, Leicester, Marlborough, Maynard, Milford, Millbury, Natick, Northborough, Northbridge, Oxford, Paxton, Princeton, Rutland, Sherborn, Shrewsbury, Southborough, Southbridge, Spencer, Sterling, Stow, Sturbridge, Sudbury, Sutton, Upton, Wayland, Webster, West Boylston, Westborough, Worcester</p>	<p>English and Spanish</p>

*Continued on Next Page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Boys &amp; Girls Club of Worcester</i></b></p> <p><b>Boys &amp; Girls Club of Worcester</b></p> <p>65 Tainter Street</p> <p>Worcester, MA 01610</p> <p><b><i>College Students &amp; Community Volunteers</i></b> <b><i>please contact:</i></b></p> <p><a href="mailto:volunteering@bgcworchester.org">volunteering@bgcworchester.org</a></p> <p><b><i>Corporate &amp; Business volunteers, please contact:</i></b></p> <p>Liz Hamilton, Executive Director</p> <p><a href="mailto:lhamilton@bgcworchester.org">lhamilton@bgcworchester.org</a></p> <p>(P): 508-754-2686 ext. 201</p>	<p>Boys &amp; Girls Clubs reach thousands of at-risk and high-risk youth in our nation's most distressed areas. Clubs deliver a proven youth development strategy, access to Club services several days a week, a safe place, life-changing programs, and the opportunity to participate in mentoring experiences and relationships with diverse, trained, caring staff and volunteers, in a supervised and structured environment. Mentoring youth is important to the Boys &amp; Girls Club Movement, and we are uniquely positioned to address the mentoring needs of at-risk and high-risk youth – and to meet their needs based upon who and where they are.</p> <p><b>Program Highlights:</b></p> <ul style="list-style-type: none"> <li>• Match all participating youth with an appropriate mentor.</li> </ul> <p>Mentors may be volunteers, Club staff or peers. Each mentor may be assigned more than one mentee.</p>	<p>The Boys &amp; Girls Club of Worcester believes in hope and opportunity for all young people, and is dedicated to serving underprivileged children within the Worcester community. To ensure that all youth are reached, membership costs just <b>\$25 per year/per member, for youth, ages 8-12 and Free for teens, ages 13-18</b> (teen membership fee is subject to change from year-to- year) and include both school-year and summer programs. A minimal fee is charged to attend the Feb/April school vacations, as well as a minimal weekly based fee for full-day <u>summer programming</u>.</p> <p>At our neighborhood outreach sites, the membership costs are \$10/ per year/per member thanks to the generosity of our funders. Our Kids Club at GBV Clubhouse serves children ages 5-13. Our Plumley Village Clubhouse serves children ages 7-13.</p> <p>For more information about the Boys &amp; Girls Club of Worcester, please visit our</p>	

<p><b><i>Additional information or Program Inquiries:</i></b></p> <p>Joanne Fowling, Director of Operations</p> <p><a href="mailto:jfowling@bgcworchester.org">jfowling@bgcworchester.org</a></p> <p>(P): 508-754-2686 ext. 205205</p>	<p>Mentors must be appropriately screened and have successfully passed all required background checks.</p> <ul style="list-style-type: none"> <li>• All mentoring activities and interactions, one-on-one or one with more than one, takes place at the Boys &amp; Girls Club.</li> <li>• Ensure that all participating youth complete a full program cycle of an approved evidence-based program.</li> <li>• Ensure that all participating youth complete at least one additional prevention program that features mentoring elements and addresses mentoring needs.</li> </ul>	<p>website:</p> <p><a href="http://www.bgcworchester.org">http://www.bgcworchester.org</a></p>	
--	--	--	--

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Bottom Line Access and Success/Career Programs</i></b></p> <p><b>Bottom Line</b> 40 Southbridge Street Suite 500 Worcester, MA 01608</p> <p>508-757-3400</p> <p>Ben Cannon, Success Team Manager bcannon@bottomline.org</p>	<p>Bottom Line helps disadvantaged youth get in to college, graduate from college, and go far in life. We provide students with one-on-one guidance from the beginning of the college application process (Access Program) until college graduation (Success and Career Programs).</p> <p>Our vision is to dramatically transform urban communities by producing thousands of new career-ready college graduates.</p>	<p>Free</p> <p>For low-income, first generation high school seniors and students attending one of our target colleges. Entry points are end of junior year/summer before senior year of high school and summer before freshman year of college.</p> <p>For more information about the youth we serve or about how to become part of the program: <a href="http://www.bottomline.org">www.bottomline.org</a></p>	<p>English</p>
<p><b><i>Transition to Adulthood Program (TAP)</i></b></p> <p><b>Center for Living &amp; Working, Inc.</b> 484 Main Street, Suite 345 Worcester, MA 01608 Phone: 508-798-0350 Erica Torres, ext. 5749 Toll Free: 800-570-4020 TTY: 508-755-1003 VP: 508-762-1164 Fax: 508-797-4015 \</p>	<p>Through this MRC state-funded program CLW provides IL services to youth who have IEPs in high school to prepare them for transition to adult services. Participants are between the ages of 14 and 22 and may have a disability of any type. The goal of the TAP Program is to prepare youth with all disabilities, including physical, cognitive, sensory or emotional limitations, for their transition to the community and greater independence.</p>	<p>Free</p> <p>Youth between the ages of 14 and 22 who have a disability of any type and have an IEP in high school.</p> <p>For additional information please visit us at: <a href="http://www.centerlw.org">www.centerlw.org</a></p>	<p>English, interpreters can be provided if needed for certain languages</p>

Program / Agency	Description of Service	Cost / Eligibility	Languages Spoken
<p><b><i>Therapeutic Mentoring Services</i></b>  Children's Behavioral Health Initiative (CBHI)</p> <p><b>Offered via various contracted providers</b>  <u><b>SEE BELOW</b></u></p>	<p>Some children and teens want to get along with others, but need help and practice learning to talk or act in new ways. A Therapeutic Mentor will go with your child to the places where the child has the most trouble and teach him or her new skills, such as better ways to talk or act with other children and adults.</p>	<p>For children under the age of 21 who are on or eligible for MassHealth insurance and who have a mental health diagnosis.</p> <p>**Go to:  <a href="https://www.mass.gov/masshealth-childrens-behavioral-health-initiative">https://www.mass.gov/masshealth-childrens-behavioral-health-initiative</a>  or  <a href="https://www.mabhaccess.com/Search.aspx">https://www.mabhaccess.com/Search.aspx</a> for additional information and eligibility criteria</p>	<p>Multiple languages, depending on the service provider</p>
<p>CBHI Therapeutic Mentoring Service Providers in the Worcester Area: (see cost / eligibility info above)  <b>**TO RECEIVE THESE SERVICES FAMILIES MUST HAVE A CHILD THAT MEETS THE ABOVE ELIGIBILITY <u>AND</u> RECEIVE A REFERRAL FROM THEIR BEHAVIORAL HEALTH PROVIDER</b></p>			
<b>Provider / City/Town Covered and Phone Number</b>		<b>Languages Spoken and Specialty Populations</b>	
<p>Advocates Community Counseling, Inc.</p> <ul style="list-style-type: none"> <li>Worcester and immediately surrounding towns</li> </ul> <p>Phone: 508-628-7330</p>		<p>Currently English only, female mentors only</p>	
<p>Arbour Counseling Services  <u><b>Referrals:</b></u> Mondays-Fridays 8am - 7pm please call 855-575-2273  Any other time during the week, please call 617-782-3985</p>		<p>Currently English only</p>	
<p>CENTRO  Worcester, MA  508-798-1900 Ext. 262  <a href="http://www.centroinc.org">www.centroinc.org</a></p>		<p>Spanish and English  Male and Female mentors</p>	

<p>Community Healthlink</p> <ul style="list-style-type: none"> <li>• Worcester (774-312-2722)</li> <li>• Leominster (978-401-3913)</li> </ul>	<p>Leominster – Spanish</p> <p>Worcester- English, female mentors</p>
<p>Counseling and Assessment Clinic of Worcester, LLC</p> <ul style="list-style-type: none"> <li>• Fitchburg (978-345-9400)</li> <li>• Worcester (508-756-5400)</li> </ul>	<p>Spanish and English</p> <p>Male and Female mentors</p>
<p>Family Continuity Programs (FCP)</p> <ul style="list-style-type: none"> <li>• Whitinsville</li> <li>• Worcester</li> </ul> <p>508-234-4181 508-755-0556</p>	<p>Spanish and English</p> <p>Male and female mentor available</p> <hr/> <p>Trauma informed care (TF-CBT; ARC; CPP)</p>
<p>The Key Program</p> <ul style="list-style-type: none"> <li>• Worcester</li> <li>• Oxford</li> <li>• Fitchburg</li> </ul> <p>508-752-1560</p>	<p>English</p> <hr/> <p>Male and female mentors</p>
<p>LUK Behavioral Health Services</p> <ul style="list-style-type: none"> <li>• Fitchburg</li> <li>• Worcester</li> <li>• Webster</li> </ul> <p>800-579-0000 978-829-2222 <a href="mailto:Counseling@luk.org">Counseling@luk.org</a></p>	<p>Worcester/Webster has a part-time female TM.</p> <p>Fitchburg has a male TM and two female TMs. They all speak English.</p>
<p>Massachusetts Mentor, Inc.--</p> <ul style="list-style-type: none"> <li>• Worcester</li> <li>• North Central</li> <li>• South Central</li> <li>• Metro West</li> </ul> <p>508-368-2700 / fax: 508-752-0284</p>	<p>English and Spanish</p> <hr/> <p>Male and Female Mentors</p>
<p>MSPCC (Serves Worcester County)</p> <p>508-753-2967</p>	<p>Male and Female therapeutic mentors available</p> <p>English and Spanish</p>

<b>Therapeutic Mentor Provider / City/Town Covered and Phone Number</b>	<b>Languages Spoken and Specialty Populations</b>
Multicultural Wellness Center <ul style="list-style-type: none"> <li>• Worcester</li> </ul> 508-752-4665	English and Spanish Male and female
New Beginnings Wellness Center <ul style="list-style-type: none"> <li>• Worcester</li> </ul> 508-754-1141	English and Spanish
Northeast Family Services <ul style="list-style-type: none"> <li>• Auburn</li> </ul> phone 774-206-1125 / fax 774-628-9657 <a href="https://www.northeastfamilyservices.com/">https://www.northeastfamilyservices.com/</a>	English and Spanish Male and female mentors
Riverside Community Care <ul style="list-style-type: none"> <li>• Milford</li> </ul> 774-804-3376	English Female mentors
South Bay Mental Health <ul style="list-style-type: none"> <li>• Worcester (508-791-4976)</li> <li>• Leominster (978-870-1840)</li> </ul>	English and Spanish
Wayside Youth & Family Support Network <ul style="list-style-type: none"> <li>• Milford: 508-745-6294</li> <li>• Framingham: 508-630-5907</li> </ul>	Milford: English, Portuguese Framingham: English, Spanish, Portuguese, ASL
YOU, Inc. <ul style="list-style-type: none"> <li>• Worcester, Southbridge &amp; Baldwinville:</li> </ul> Central Referral 1-855-4YOUINC/1-855-496-8462 <a href="mailto:centralreferral@youinc.org">centralreferral@youinc.org</a> Fax: 508-849-5646	Worcester: English, Spanish*, Vietnamese* Southbridge: English, Spanish Baldwinville: English, Spanish All sites: Male and Female Mentors  (*subject to change based on staff)

*Listing continued on next page*



<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages</b>
<p><b><i>Thrive: Mentoring for Young Women</i></b></p> <p><b><i>Brothers Against Discrimination – Male Mentoring Group</i></b></p> <p><b><i>Youth Leadership Network</i></b></p> <p><b>Easterseals Massachusetts</b></p> <p>484 Main Street, 6<sup>th</sup> floor Worcester, MA 01608 Phone: 1-800-244-2756 Web: <a href="http://www.easterseals.com/ma/our-programs/youth-services/support-and-mentorship.html">http://www.easterseals.com/ma/our-programs/youth-services/support-and-mentorship.html</a> Email: <a href="mailto:youth@eastersealsma.org">youth@eastersealsma.org</a></p>	<p>Through one-to-one and group mentoring relationships, mentees have the opportunity to develop the skills of self-empowerment and self-identity, and to promote personal and career achievement within a community of other adults with disabilities. Participants enjoy a weekend retreat each year. Separate programs for women and men support confidentiality and personal exploration.</p> <p>Youth Leadership Network promotes self-advocacy and self-awareness for teens and young adults with disabilities ages 14-26. This is a state-wide initiative with 12 monthly meetings in and around Worcester. Through group mentoring activities, participants explore communication, teamwork, community service, disability rights, career interests and employment skills. This is an opportunity for youth with disabilities to make friends in their local community and also within the larger statewide Youth Leadership Network. Participants welcome to join any time throughout the year.</p>	<p>Free</p> <p>Open to any young individual with disabilities between the ages of 14 and 26.</p> <p>Free, supported by Massachusetts Rehabilitation Commission</p> <p>Youth between the ages of 14-26 who have a disability.</p>	<p>English and disability-related accommodations available</p> <p>English, Spanish and disability-related accommodations available</p>

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages</b>
<p><b><i>EPIC Service Warriors</i></b></p> <p><b><i>Young Leaders with Ability</i></b></p> <p><b>Empowering People for Inclusive Communities (EPIC)</b></p> <p><b>Jeff Lafata-Hernandez</b> <i>he/him/his</i> Executive Director</p> <p>89 South Street, Suite 406 Boston, MA 02111 O- 617-917-5184 F - 617-917-5191 EPIC Main- 617-917-5181 <a href="http://www.epicleaders.org">www.epicleaders.org</a></p>	<p>EPIC Service Warriors is a community service and leadership development program for youth with disabilities between the ages of 16-23. The EPIC Service Warriors meet for one year to participate in community service projects and leadership development workshops in the Worcester area. By creating the change they want to see in the world, the Service Warriors learn more about their local communities and develop both knowledge and practical skills that will help them pursue future goals.</p>	<p>No Cost</p> <p>-----</p> <p>For any young person ages 16-23 with a disability in the Worcester Area</p>	<p>Call for more information</p>

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Family Services of Central Massachusetts Mediation Program</i></b></p> <p><b>FSCM Mediation</b>  31 Harvard Street  Worcester, MA 01609  508-756-4646  Sabrina Bohun;  sbohun@fscm.org</p>	<p>Offers free mentoring to newly trained mediators who have completed the thirty-hour Basic Mediation Training.</p> <p>Newly trained mediators observe three mediations and co-mediate with a senior mediator three times.</p>	<p>Any mediator wanting mentoring can contact us.</p>	<p>English</p>
<p><b><i>I Too Mentor Program</i></b></p> <p><b>Friendly House, Inc.</b>  36 Wall Street  Worcester, MA  01604</p> <p>Nate Packert  Teen Director &amp; Community  Event Coordinator</p> <p><a href="mailto:npackert@friendlyhousema.org">npackert@friendlyhousema.org</a>  g  Tel: 508.887.0983</p>	<p>Helps to promote positive growth and development. Focus on youth violence prevention.</p> <p>Program components consist of one on one mentor/mentee time, group activities, career and college readiness, civic engagement and job shadow days.</p> <p>Program works with at-risk teens ages 13-17 in the Worcester Community</p>	<p>There is no cost to participate in this program.</p> <p>To participate, mentees and parent/guardian must complete an application and consent form.</p>	<p>Special arrangements can be made for mentees who are limited or non-English speaking.</p>

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Girls Inc. of Worcester, Group Mentoring Program</i></b></p> <p><b>Girls Inc. of Worcester</b>            125 Providence Street            Worcester, MA 01604</p> <p>For more information, contact            Terry Szydlik</p> <p><a href="mailto:Tszydlik@girlsinworchester.org">Tszydlik@girlsinworchester.org</a></p> <p>508-755-6455 ext. 19</p>	<p>Girls meet with their mentors to build positive relationships and have fun, while also enjoying all that the after-school program has to offer, including expressive arts, science experiments, movie and game nights, cooking and baking, arts and crafts, and fitness activities. One mentor is paired with up to four mentees to promote and improve academic achievement, health behaviors, social skills, goal setting, and career awareness.</p>	<p>For girls ages 9-14</p> <p>Wednesday nights from November 2018 - May 1, 2019 from 5:30-7:30 PM</p> <p>Dinner included</p> <p>Participation in afterschool program is required. Program rates apply for grades 3-6.</p>	

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>HIS GRACE LEARNING SOLUTIONS, INC.</i></b></p> <p>340 Main Street, Suite 229 9 Walnut Street, Suite 229 Worcester, MA 01608</p> <p><b>Tel:</b> 508-762-8737!      <b>Email:</b> <a href="mailto:solutions2mylearning@gmail.com">solutions2mylearning@gmail.com</a></p> <p><b>Bob Seddoh</b></p>	<p>We reinforce the educational experience of each child by emphasizing academic enhancement activities in reading, writing, comprehension and math, individualized homework tutoring, and computer based learning that reinforces classroom learning.</p> <p>We allow parents to work and/or pursue personal life enrichment opportunities knowing that their children are safe and well cared for</p> <p><b>OUR COURSES:</b> We are experts in the following subjects: <b>MATH:</b> Algebra 1, Algebra 2 &amp; Trigonometry, Geometry, and Pre-Calculus, College Algebra. <b>SCIENCES:</b> Earth Science, Environmental Science, Physics, and Chemistry. <b>ENGLISH:</b> ELA. ESL, Essay Writing, College Project Writing, Research/Term Papers <b>PREPARATION FOR:</b> * SAT/ACT, MCAS, MAT, HiSET/ GED, TEAS, TOEFL, NCLEX Review, etc *Professional Connections, Referrals, Job Maker, Retooling, <b>COMPUTER SKILLS</b> <b>FOREIGN LANGUAGES:</b> French, Spanish, Twi, Swahili. <b>MUSIC:</b> Piano, Guitar and drum Lessons for children and adults</p>	<p>His Grace Learning Solutions, Inc is a parent supported, teacher-administered, volunteer-assisted child centric program that brings the music, the science, the technology, the Language Arts and the math education to life for students K-12.</p>	

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Mentoring Opportunities at the LEI</i></b></p> <p><b>Worcester State University Latino Education Institute</b>  486 Chandler Street  Worcester, MA 01602</p>	<p>The Latino Education Institute of Worcester State University offers a variety of programs for Worcester’s Latino youth and their families to ensure the success of children in school and in our community.</p> <p>Encouraging Latinos to Achieve Excellence (ENLACE) inspires and transforms boys into scholars through:</p> <ul style="list-style-type: none"> <li>• Life skills</li> <li>• Personal development</li> <li>• Education</li> <li>• Cultural enrichment</li> <li>• Career exploration</li> <li>• Early college awareness</li> <li>• Sports</li> </ul> <p>Latino males (College students and community leaders) serve as mentors and role models for the boys. Through various workshops and activities, the boys engage in opportunities that help them exercise discipline and learn about themselves, culture, and the Worcester community. They also learn the value of education and how aspiring for post-secondary education can impact their lives and their families.</p>	<p>FREE TO PARTICIPANTS  (Grant Funded)  School Site Based  (Worcester East Middle, Claremont Academy and Forest Grove Middle School)</p>	<p>English/Spanish  Bilingual/Bicultural Facilitators</p>

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>LUK Mentoring Program</i></b></p> <p><b>LUK Inc.</b> Offices located at:</p> <p>545 Westminster St. Fitchburg, MA 01420</p> <p>40 Southbridge St. 4th floor Worcester, MA. 01608</p> <p>99 Day St. Fitchburg, MA 01420</p> <p>251 Main St. Webster, MA. 01570</p> <p>1-800-579-0000: Contact number for all sites</p>	<p>LUK's one-to-one community-based and site-based programs serve youth ages 6 to 17 living in cities and towns of Central MA. Adult volunteer mentors meet with mentees for at least one hour per week for at least one year, provide support through friendship, and focus on improving mentees' social competencies, academic engagement and performance and preventing and decreasing offenses.</p> <p>Mentors, youth, parent/guardians are all interviewed and information gathered helps determine who the mentor and youth will be paired with.</p> <p>All volunteer mentors agree to a background check which includes FBI fingerprinting and attend training before they are matched with a youth.</p>	<p>Eligible youth are boys and girls ages 6 – 17.</p> <p>The majority of youth involved in the LUK Mentoring Program may be youth with a learning, emotional or behavioral disability, youth impacted by incarceration of a family member, youth involved in the foster care system, youth impacted by opioid abuse (themselves, family members, friends) and/or youth in need of the extra support of an adult role model.</p> <p>Any youth who would benefit by having additional adult support may be a part of the program.</p> <p>The program is provided free of cost.</p> <p>Our service area is Central Massachusetts: and includes the following cities/towns: Ashburnham, Ashby, Auburn, Ayer, Barre, Bellingham, Berlin, Blackstone, Bolton, Boylston, Brimfield, Brookfield, Charlton, Clinton, Douglas, Dudley, East Brookfield, Fitchburg, Franklin, Gardner, Grafton, Groton, Hardwick, Harvard, Holden, Holland, Hopedale, Hubbardston, Lancaster, Leicester, Lunenburg, Medway, Mendon, Milford, Millbury, Millville, New Braintree, North Brookfield, Northbridge, Oakham, Oxford, Paxton, Pepperell, Princeton, Rutland, Shirley, Shrewsbury, Southbridge, Spencer, Sterling, Sturbridge, Sutton, Templeton, Townsend, Upton, Uxbridge, Wales, Warren, West Boylston, West Brookfield, Westminster, Winchendon, Worcester.</p>	<p>English/Spanish translation available</p>

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>Assumption Center Mentoring Program</i></b></p> <p><b>St. Peter's Church Assumption Center</b> 929 Main Street Worcester, MA 01610 508-793-1954</p>	<p>Mentoring is every Wednesday and Thursday 2:30-4:45pm in the St. Peter's meeting room</p> <p>Children are matched with college volunteer mentors for homework help, arts and crafts, sports in the gym, games and much more!</p>	<p>Free</p> <p>All children ages 6-12 are welcome to join</p>	<p>English and Spanish</p>
<p><b><i>Southeast Asian Coalition of Central Massachusetts and (SEAC) and Worcester Refugees Assistance Project (WRAP) Mentoring Program</i></b></p> <p><b>Southeast Asian Center</b> 484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373</p>	<p>Local mentoring programs for ESL and English speaking students</p>	<p>K-12, adults, and college students</p> <p>Youth mentoring program for at risk and low income American Asian Youth</p> <p>Mentoring program for adults *Specifically serves refugees from Vietnam, Bhutan, Nepal, Burma and Arabic Speakers</p>	<p>English, Vietnamese, Burmese, Nepalese and Arabic.</p>

*Listing continued on next page*



<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>QCC Mentoring Program</i></b></p> <p><b>Quinsigamond Community College</b>  670 West Boylston Street  Worcester, MA 01606  <a href="mailto:mentoring@qcc.mass.edu">mentoring@qcc.mass.edu</a></p> <p>Gabriel Santner  Director of Mentoring for Perkins Programs  <a href="mailto:gsantner@qcc.mass.edu">gsantner@qcc.mass.edu</a></p> <p>Ricky Frazier  TRIO SSS Counselor,  Coordinator of Mentoring and Student Engagement  <a href="mailto:rfrazier@qcc.mass.edu">rfrazier@qcc.mass.edu</a></p> <p>Geovanni Cruz  CCSNE AmeriCorps VISTA Worker  <a href="mailto:gcruz@qcc.mass.edu">gcruz@qcc.mass.edu</a></p> <p>Jennifer Bemis  Work Study  <a href="mailto:jbemis@qcc.mass.edu">jbemis@qcc.mass.edu</a></p>	<p>Quinsigamond Community College Mentoring connects QCC students with staff, faculty, industry, and community members to create one-on-one mentoring relationships. This unique program provides extensive benefits to students, as well as professional development and networking opportunities for mentors.</p> <p>This program will provide a way for QCC students to connect with mentors and build positive relationships to support their college experience. Students will also develop employer desired skills, gain an understanding of workplace expectations and networking to increase their likelihood of finding a rewarding career.</p>	<p>Free</p> <p>Open to all QCC students</p> <p>For more information about QCC Mentoring Program and to sign up to be a community mentor, please visit us at: <a href="http://www.qcc.edu/mentoring">www.qcc.edu/mentoring</a></p>	<p>Mentors speak a wide variety of languages, but we do not guarantee a language match.</p>

Program / Agency	Description of Service	Cost / Eligibility / When Offered	Languages Spoken
<p><b><i>Torch Foundation</i></b>  <a href="http://www.thetorchfoundation.training">www.thetorchfoundation.training</a>  <b><i>Partnered with Yes We Care</i></b>  <a href="http://www.yeswecarema.org">www.yeswecarema.org</a>            474 Grove Street            Worcester, MA 01605</p> <p><b>The Torch Foundation</b>            Dianne Langford-James            Director of Training            617-650-7203  <a href="mailto:dljsvp@gmail.com">dljsvp@gmail.com</a></p>	<p>This training is a motivational &amp; leadership workshop for teens between the ages of 13 - 17 to give teens the opportunity to discover and redesign the limiting beliefs they have about themselves and others. It's these self-imposed limitations that keep them from fully achieving their maximum capabilities.</p> <p>This redesign allows young people to pursue their dreams and goals with new confidence, freedom and passion. Participants begin to create a solid foundation of powerful tools that will serve them for their entire life.</p> <p>Workshops, activities, and events for each student will be offered for 1 year. These events will be held every other month.</p>	<p>Free</p> <p>All teens ages 13 to 17 are welcome to join.</p> <p>For further information, contact            Dianne Langford-James            Director of Training            617-650-7203  <a href="mailto:dljsvp@gmail.com">dljsvp@gmail.com</a></p>	<p>English</p>

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility / When Offered</b>	<b>Languages Spoken</b>
<p><b><i>People Empowering People (PEP) Parent Leadership Training</i></b></p> <p><b>Worcester Community Connections w/ YOU, Inc.</b> 484 Main Street, Suite 460 Worcester, MA 01608 508-796-1411 x418</p> <p><b>In partnership with the Worcester Family Partnership</b></p> <p><b>and the Worcester Housing Authority</b></p>	<p>Based on the people Empowering People (PEP) of the University of Connecticut. It is an 8 week, innovative life skills, parent leadership program designed to build on the unique strengths and life experiences of participants and emphasizes the connection between individual and community action.</p> <p><i>Resident, parent leaders are needed to help address the complex problems that exist in our community and the PEP program prepares individuals to go back into their neighborhoods and schools as effective leaders, ready to make a difference.</i></p>	<p>FREE for all Worcester parents</p> <p>The training will take place for 8 weeks starting in March on a Wednesday evening from 5:30-7:30pm in Great Brook Valley.</p> <p>Dinner and supervision for children are provided.</p>	<p>English &amp; Spanish</p>

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p data-bbox="149 245 527 402"><b><i>Worcester Housing Authority Family and Resident Services (FRS)</i></b> <a href="mailto:watson@worcesterha.org">watson@worcesterha.org</a></p> <p data-bbox="149 483 506 695"><b>Transitional Housing Program (THP)</b> 32 Great Brook Valley Ave Ste. 2 Worcester, MA 01605 (508) 635-3355</p> <p data-bbox="149 1029 506 1240"><b>A Better Life (ABL) program</b> 34 Great Brook Valley Ave Ste. 4 &amp; 5 Worcester, MA 01605 (508) 635-3274</p>	<p data-bbox="562 245 1064 894">The Worcester Housing Authority Transitional Housing Program (THP) works with homeless families to help them achieve long term housing stability. Families who are accepted into our program participate in intensive day to day case management in conjunction with coaching and mentoring that is directed to assist them in achieving career, educational, and financial goals while living in clean, stable housing. Upon completion of the program families enter the “A Better Life Program” which provides an array of supportive services directed to enable families to become self-sufficient.</p> <p data-bbox="562 1013 1064 1443">----- The Worcester Housing Authority has developed a program to help residents become self-sufficient. Our program is called “A Better Life” (ABL). This program offers interested applicants a faster means to secure an apartment for their family compared to the standard waiting time for a public housing apartment. In return, the applicant agrees to do those things necessary to provide their family with a better life. We will work with them</p>	<p data-bbox="1085 245 1654 347">The program duration is nine month funded by the Department of Housing and Community Development (DHCD).</p> <p data-bbox="1085 391 1665 971">Applicants need to reside in a DHCD funded family shelter and be referred by their case manager. Families must complete an extensive program application and assessment where they describe their personal challenges and life goals. In addition, families will be screened for criminal justice history and a reference check is conducted. Once the application is successfully completed they will be contacted by the THP Coordinator to schedule an intake interview. Families who are determined to be a match for the program and are accepted do not have to pay rent but are required to save to prepare to successfully lease up with WHA.</p> <p data-bbox="1085 1013 1665 1300">----- Interested families need to apply at the Admissions Department at 40 Belmont Street. They are to request an application for the “A Better Life” program. Applicants for the ABL program can expect to be offered an apartment by the WHA quicker than applicants on standard public housing waiting list.</p> <p data-bbox="1085 1344 1665 1443">Criteria for admission into a state subsidized public housing apartment would apply and the process for application and review of</p>	<p data-bbox="1688 245 1843 326"><b><i>English / Spanish</i></b></p>

<p>-----</p> <p><b>Family Self Sufficiency (FSS) program</b>  32 Great Brook Valley Ave  Ste. 3  Worcester, MA 01605  (508) 635-3151</p>	<p>every step of the way.</p> <p>As a part of this program, the WHA offers case management in conjunction with coaching and mentoring that is directed to assist them in achieving career, educational, and financial goals.</p> <p>-----</p> <p><b>Program Benefits</b>  The program is based on four pillars.</p> <ul style="list-style-type: none"> <li>- Believe in the ability of our residents.</li> <li>- Set high standards</li> <li>- Hold residents responsible</li> <li>- Help residents reach those standards.</li> </ul> <p>The Family Self-Sufficiency (FSS) program is a voluntary program in conjunction with coaching and mentoring is directed to assist residents in achieving career, educational, and financial goals. The program assists participating household members to increase their earned income through educational, employment, and financial services and training. Furthermore, the FSS program allows participants to save money when their rent increases as a result of increased earned income in the family.</p>	<p>said application will be the same as currently exists. Further, all of the rules and regulations governing occupancy will be as they exist today. The only difference will be a lease addendum which outlines the requirements of this program.</p> <p>-----</p> <p>The FSS program is available to residents of federal public housing and to Section 8 voucher holders.</p>	
--	--	--	--

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>The Clergy Police Youth Partnership</i></b> (formerly the <i>Faith Leaders – Police Partnership</i>)</p> <p><b>Worcester Police Department</b></p> <p>9-11 Lincoln Street Worcester, MA 01608</p> <p>Mentoring takes place at 7 local places of worship</p> <p><b>Program Contact:</b></p> <p>Lt. Sean Murtha</p> <p>MurthaS@worcesterma.gov</p>	<p>The mission of this collaboration is to reach, assist, and transform youth, especially those whose lives have been affected or influenced by alcohol and other drugs, crime, and/or violence. Through a collaboration of faith leaders and police, the aim is to improve the personal development of youth, build a system of community support and create healthy and safe neighborhoods.</p> <p>Some examples of how mentors can help youth include:</p> <ul style="list-style-type: none"> <li>• <i>Help them succeed academically by helping with homework and special projects or helping them to learn new study skills.</i></li> <li>• <i>Guide through the world of employment and help them explore possible careers well suited to their interests and abilities.</i></li> <li>• <i>Broaden their experiences by providing opportunities to experience new places, new situations or different cultures.</i></li> <li>• <i>Develop a sense of community through community service projects- cleaning, landscaping, raking leaves, painting, serving the homeless, etc.</i></li> </ul>	<p>No cost</p> <p>Serve any 5-18 year olds</p>	<p>English, Spanish</p>

Program / Agency	Description of Service	Cost / Eligibility	Languages Spoken
<p><b><i>Leaders Club</i></b></p> <p><b>YMCA</b>  Greendale Family Branch  YMCA  75 Shore Drive  Worcester, MA  01605  Leaders Club</p>	<p>A leadership incubation program that helps teens improve their individual leadership and social skills while also experiencing new ways to give back and grow as human beings. Teens meet on a weekly basis in small groups to develop and implement projects aimed at providing valuable service to their local community.</p> <p><b>So if you are up for the challenge so are we!</b> For more information and to register please contact John Brown at <a href="mailto:jbrown@ymcaofcm.org">jbrown@ymcaofcm.org</a>.</p> <p><b>Monday and Tuesdays 2:00-7:00pm</b></p>	<p>Youth ages 13-17</p>	<p>English</p>

*Listing continued on next page*

<b>Program / Agency</b>	<b>Description of Service</b>	<b>Cost / Eligibility</b>	<b>Languages Spoken</b>
<p><b><i>YWCA Girls CHOICE Program</i></b></p> <p><b>YWCA and Big Brothers Big Sisters</b> One Salem Square Worcester, MA 01608</p> <p>Jessica Diaz Program Manager jdiaz@ywcacm.org 508-767-2505 ext. 3073</p>	<p>Girls CHOICE fosters long term mentoring relationships between professional women and middle school aged girls. The program aims to empower girls to achieve their aspirations through education and financial independence.</p> <p>Girls participate in one-on-one mentoring and weekly programming. Weekly programming is held during the school year and includes topics such as: stress management, bullying, body image, violence prevention, community service and group mentoring events. Girls also receive academic support services as needed.</p>	<p><u>Cost/Eligibility</u> There is no cost for participating in Girls CHOICE. Eligibility:</p> <ol style="list-style-type: none"> <li>1.) Applicants must be entering or enrolled 7<sup>th</sup> grade girls attending Worcester Public Schools.</li> <li>2.) Applicants must be able to attend regular weekly programming and occasional events.</li> <li>3.) Applicants must be willing to be matched with a one-on-one mentor through Big Brothers Big Sisters.</li> </ol>	<p>English &amp; Spanish</p>
<p><b><i>VOICES – Valuing our insights for Civic Engagement</i></b></p> <p><b>YWCA</b> One Salem Square Worcester, MA 01608</p> <p>508-767-2505 or ywcacm.org/VOICES</p>	<p>VOICES (Valuing Our Insights for Civic Engagement) is a 6-week youth development program for ages 12–15. Located at YWCA Central Massachusetts, each workshop will help you build valuable leadership skills through the exploration of identity, community and advancement.</p>	<p><b>No Cost</b></p> <p>WINTER SESSION: Thursdays, February 7–March 21 4:15–6:45PM</p>	<p>English</p>



*While our intent was to include accurate data on local human service agencies, some inadvertent errors or omissions may have occurred and some changes will undoubtedly take place between printing and distribution.*

