



Mental Health Providers in Worcester, MA

Updated 7/17

Agency	Services Provided <i>Including Specialties</i>	Payment
<p>AdCare Hospital of Worcester, Inc. Inpatient Services 107 Lincoln Street Worcester, MA 01605</p> <p>24-Hour Admission and Referral: 1-800-ALCOHOL (252-6465) 508-799-9000</p>	<p>Inpatient Services Specializes in inpatient medically-managed alcohol and drug detoxification and rehabilitation treatment for adults. The levels of care offered by AdCare Hospital:</p> <ul style="list-style-type: none"> ○ Inpatient medically-managed detoxification ○ Inpatient medically-managed rehabilitation ○ Inpatient medically-monitored residential 	<p>Accepts Medicare and most commercial insurances</p>
<p>AdCare Outpatient Services-Worcester 95 Lincoln Street Worcester, MA 01605</p> <p>OPEN ACCESS / SAME-DAY ASSESSMENT for services: 508-453-3053</p>	<p>Outpatient Services Offer a full range of programs from comprehensive assessment and evaluation to individual, group, and family counseling. Outpatient Programs include:</p> <ul style="list-style-type: none"> ○ Outpatient Detoxification ○ Day and Evening Intensive Outpatient Programs three-to-seven times per week. Treatment activities include individual and group counseling, educational sessions, skills groups, and active self-help participation ○ Day Treatment -- a structured six-hour treatment program available seven days per week ○ Structured Early Recovery Group-SERG ○ Young Person’s Early Recovery Group ○ Family Services including: <ul style="list-style-type: none"> ● Complimentary Family Program ● Family Counseling ● Parenting Group ○ Individual Counseling ○ Early Recovery Groups, including Mind–Body–Spirit Early Recovery Groups, Alternatives in Recovery Group, Dual Diagnosis, Men’s Group, Women’s Group. 	<p>Accepts Medicare and most commercial insurances</p>

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<p>Advocates Reentry Services 340 Main St. Suite 202 Worcester, MA 01608</p> <p>Please contact:</p> <p>Jennifer Bisceglia 508-630-4221</p> <p>Jennifer Thompson 508-630-4148</p>	<p>Community Support Services (CSP) Services for Justice Involved Adults</p> <p>Specializes in</p> <ul style="list-style-type: none"> ○ Navigating the criminal justice system ○ Individual MH and/or SUD evaluations for probation or parole ○ Case management support and advocacy ○ Supported referrals to community resources: housing, food, benefits/entitlement programs ○ Short term transportation to appointments with health care providers ○ Connection with peer support and self-help groups ○ Single point of contact for service coordination ○ <i>No psychiatry/medication services</i> 	<p>Accepts MBHP</p>
<p>Apogee Mental Health 23 Fruit Street Worcester, MA 01609 (508) 831-7745</p>	<ul style="list-style-type: none"> ○ Outpatient counseling for adults only ○ Treats adults <u>age 21 and over</u> ○ Group therapy ○ Transcranial magnetic stimulation –TMS (depression treatment) ○ No home visits 	<ul style="list-style-type: none"> ○ Accepts various insurances ○ Does <u>not</u> accept MassHealth or Network Health

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<p>Arbour Counseling Services 411 Chandler Street, Worcester, MA 01602 (508) 799-0688</p> <p>Worcester Adolescent & Adult Partial Hospitalization Program</p> <p>Referrals: (508) 799-0688 x112 (800) 22-ACCES Contact: Jennifer Grossman 774-243-7486</p> <p>Community Services/CBHI Referrals: 617-782-0505</p>	<ul style="list-style-type: none"> o Outpatient counseling for adults, children and adolescents o Individual, family and couple’s counseling o Psychiatrists on staff and Nurse Practitioner o Psychiatric Assessments only for ongoing clients. o Second Offender Aftercare o Groups: <ul style="list-style-type: none"> Parenting Healthy Relationships DBT for Adults and Adolescents Relapse Prevention Woman’s Group Medication Management Anger Management Symptom Management Teen empowerment Social Skills for Children/Adolescents Anxiety Management Expressive Art Therapy <p>Worcester Adolescent Partial Hospitalization Program (ages 13-17) Referrals: (508) 799-0688 x112 (800) 22-ACCES Contact: Jennifer Grossman 774-243-7486</p> <p>Adult Partial Hospital Program</p> <ul style="list-style-type: none"> • 18+ with a specialized track for young adults. <p>Adult Intensive Outpatient Programs</p> <ul style="list-style-type: none"> • 9:30am-12:30pm or 4:00pm-7:00pm <p>In-Home Therapy/Family Stabilization</p> <ul style="list-style-type: none"> o BC/BS, BMC, NHP, Fallon, MBHP, Network Health, Tufts, HP <p>Therapeutic Mentoring</p> <ul style="list-style-type: none"> o MBHP, NHP, BMC, Network Health <p>Community Support Program</p> <ul style="list-style-type: none"> o MBHP, NHP, MBC, Fallon, Network 	<ul style="list-style-type: none"> o Accepts various insurances except for Cigna, & most forms of Blue Cross o Accepts all forms of Mass Health and Fallon.

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<p>Attachment Institute of New England 21 Cedar Street, 2nd floor Worcester, MA 01609 (508) 799-2663 www.attachmentnewengland.org</p>	<ul style="list-style-type: none"> o Specialized services for children with attachment disorders, trauma histories, PTSD and ADHD o Pre and post adoption counseling o Staff are EMDR Level II trained. o Therapeutic Groups 	<ul style="list-style-type: none"> o Self pay (we will help families get reimbursement for services from insurance companies). o Mass Health, managed by MBHP as primary insurance has been paying – with preauthorization o Some insurance agencies pay at least partial reimbursements o Must pay at time of visit
<p>Baker Mental Health Consulting, LLC. 51 Union Street, Suite 214 Worcester, MA 01608 508-769-7812 www.BakerMentalHealthConsulting.com Referrals@BakerMHC.com</p>	<p>Services Offered:</p> <ul style="list-style-type: none"> • Individual, couples, and family therapy for adults (ages 18+). • Substance Abuse and Mental Health Evaluations, • Trainings and Seminars, • LMHC Supervision. • No Psychiatrist on staff <p>Specialties: Substance Abuse, Dual Diagnosis, Trauma, Anger Management, Anxiety and Mood Disorders.</p>	<p>Insurances: Most insurance providers including Masshealth and commercial plans.</p>
<p>Behavioral Healthcare Services 198 Russell Street (therapy) 202 Russell Street (psychiatrist) Worcester, MA 01609</p> <p>Bhsdab.com (508) 753-5554 (Main Line & for Psychiatrist medication care) 508-757-5904 – After hours emergency line</p>	<ul style="list-style-type: none"> o Individual & family counseling (children ages 4 & up) o Physical / sexual abuse evaluations o Substance abuse evaluations (clinical only) o ADHD evaluations o Medication Management o No group work o No home visits o Psychiatrist on staff (speaks Arabic) 	<ul style="list-style-type: none"> o Almost all major insurances accepted based on therapist. o MassHealth accepted (Not MassHealth Safety Net). o Beacon Plans

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The Bridge of Central MA Safe Homes 4 Mann Street Worcester, MA 01602 508-755-0333 ex. 1142	<ul style="list-style-type: none"> ○ Individual & Family Counseling for LGBTQ youth ages 14-23 on Tuesdays from 2-6 PM and Thursdays 4-6 PM 	<ul style="list-style-type: none"> ○ FREE: no payment required (Appointment Necessary)
The Bridge of Central MA The Bridge Counseling Center 4 Mann Street Worcester, MA 01602 508-755-0333 To reach the Counseling Center call: 774-314-2657 www.thebridgecounselingcenter.org	<ul style="list-style-type: none"> ○ Provides Cognitive Restructuring for Posttraumatic Stress Disorder (PTSD) for Veterans and the General Public. This is a highly effective, non-exposure based treatment. ○ Limited availability for psychiatry and CBT therapy 	<ul style="list-style-type: none"> ○ Accept TriCare and most insurances.
Cedar Street Family Clinic 340 Main Street, Suite 869 Worcester, MA 01608 508-752-1331	<ul style="list-style-type: none"> ○ Individual counseling (ages 5 & up) ○ Home-based counseling ○ Medication Mgt. ○ Psychological Testing for adults and children ○ Medication Evaluations ○ Psychiatrist can prescribe meds monthly ○ Spanish-speaking counselor 	<ul style="list-style-type: none"> ○ Accepts Mass Health (all types), Fallon, Blue Cross /Blue Shield, United, Harvard/Pilgrim, Tufts, Beacon Health Strategies, Nhbd. Health Plan

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<p>Center for Human Development (Formerly Child and Family Service)</p> <p>Satellite office: 55 Cedar Street Worcester, MA 01609 (508) 753-1260 (no in-office services; just home visits)</p> <p>Call 1-800-232-0510 or 1-844-243-4357 for new intakes</p> <p>http://chd.org/</p> <p>Administrative Office: 332 Birnie Ave Springfield, MA 01107 (413) 733-6624</p> <p>Central Registration (to register): 1-844-243-4357</p> <p>Various offices: Springfield (Pine Street and State Street), West Springfield, East Hampton, Holyoke, Orange, Greenfield</p>	<ul style="list-style-type: none"> o Outpatient counseling for adults, children (5 years old and up), and couples o Parenting Group in West Springfield Office o Marriage, family and individual counseling o Home visits in Worcester, Springfield, Westfield, West Springfield, and Chicopee areas o Substance abuse evaluations & counseling o DBT – Dialectical Therapy group for women and adolescents at the Springfield office on Pine Street, West Springfield, and Easthampton o Interpreters: <ul style="list-style-type: none"> o Spanish – W. Springfield o Russian – W. Springfield o W. Springfield office offers therapeutic groups o IHT (ages 0-20) and TM services are offered in Hamden, Franklin, and Hampshire Counties (MassHealth only) o Under 3 Early Intervention Program for developmentally delayed children 	<p>In Worcester: accept only MassHealth, no commercial insurances.</p> <p>All other offices: accept most insurances including MassHealth & commercial insurances</p>
<p>CENTRO 11 Sycamore Street Worcester, MA 01608 508-798-1900 Ext 350</p> <p>*referrals can also be made online on our website: www.centroinc.org</p>	<ul style="list-style-type: none"> o In-home therapy services for children and adolescents o Therapeutic Mentoring o Multilingual: English and Spanish 	<p>Payment: Mass Health (MBHP)</p>

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<p>Children’s Friend (The Ellsworth Child and Family Counseling Center of Children’s Friend) 20 Cedar Street Worcester, MA 01609 (508) 753-5425 M-F, 8am – 8pm Saturdays by appointment.</p> <hr/> <p>Carriage House – The Center for Grieving Children</p>	<ul style="list-style-type: none"> o Specializes in outpatient counseling for children and adolescents and their parents o Cognitive Testing o ADHD Evaluations o No parenting or sexual abuse evaluations. o Personality Testing o Psychiatrist on staff who can prescribe meds o Therapeutic groups o DBT – Dialectical Behavior Therapy – Comprehensive program for adolescent girls o Social Skills Group o Trauma Specialty, including TF-CBT & ARC <hr/> <ul style="list-style-type: none"> o Peer support group for children ages 3-18 who have experienced the death of a parent, primary caregiver or sibling: Meets every other week Contact Emily Mullen for more information; 508-753-5425 	<ul style="list-style-type: none"> o Accepts most insurances o Sliding Fee scale o Does accept both the Mass Behavioral Health Plan & Children’s Medical Security Plan <hr/> <ul style="list-style-type: none"> o Free – no insurance needed (for the Carriage House program)
<p>Community Healthlink, Inc.</p> <p>72 Jaques Avenue Worcester, MA 01610</p> <p>Phone Numbers:</p> <p>Outpatient Counseling: (508) 421-4411</p> <p>Inpatient Detox: (508) 860-1200</p> <p>PASSages: (508) 438-5653</p> <p>Emergency Services: (866) 549-2142</p>	<ul style="list-style-type: none"> o Inpatient Detox o Intensive Post-Acute Recovery Clinical Stabilization Service (PASSages) o Outpatient Counseling Services for adults o Substance Abuse Counseling o Crisis stabilization unit o Emergency Services For mental health -emergency 24 hour hotline: Contact 1-800-977-5555 or 1-866-549-2142 o Spanish speaking clinicians o Vietnamese speaking interpreters 	<ul style="list-style-type: none"> o Accepts a wide variety of various insurances with referral o Accepts the Mass Behavioral Health Plan

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<p>Community Healthlink Youth and Family Services 275 Belmont Street Worcester, MA 01604 (508) 791-3261</p>	<ul style="list-style-type: none"> o Outpatient counseling for adults & children o Spanish speaking clinicians o Portuguese speaking clinicians <p>Community Healthlink’s Youth & Family Services division offers a variety of mental health, substance abuse and social services throughout Worcester County. Programs include:</p> <ul style="list-style-type: none"> o Burncoat Family Center- provides a safe, secure, short-term alternative to hospital treatment for children. The Center’s acute residential treatment program offers psychiatric, therapeutic and assessment services. Contact at 508 853-6988 o School Support- staff provide clinical services to at-risk youngsters and teens helping them deal with the issues that can distract them and prevent them from school success. Contact: 508-791-3261 o Victim Services- Provides therapeutic services, advocacy and outreach for children, teens and non-offending family members who have witnessed violence, or been victims of violence, victims of violence, sexual abuse, or other crimes. Includes family members who have lost loved ones to homicide, including vehicular homicide. Contact at 508-791-3261 o Highland Grace House- is a 90-day program for girls (ages 13-17) who seek long-term recovery from their addiction to drugs and/or alcohol. Contact 508 860-1172 	<ul style="list-style-type: none"> o Accepts most insurances including MassHealth o Accepts both the Mass Behavioral Health Plan and the Children’s Medical Security Plan o Flat Sliding Fee Scale o School Support: Accepts most commercial health insurances not including Cigna or Tufts Navigator. Accepts all MassHealth o Victim Services: Assists clients in applying for victim compensation and if accepted and eligible, service is at no cost. Otherwise accepts most commercial health

	<ul style="list-style-type: none"> o TFK – Together for Kids Coalition- provides support for children in preschool settings that includes consultation, teacher training and parent skill development. Contact 508 421-4453 o Motivating Youth Recovery- MYR is a 20-bed acute detoxification and stabilization program (up to 30 days) for adolescents 13-17. Contact 508 860-1244 <p>Families & Communities Together- CHL’s Community Service Agency which serves central and northern Worcester County providing Intensive Care Coordination and Parent Partnering to member families~ part of the state’s Child Behavioral Health Initiative. For the greater Worcester Area, Contact 1 877 778-5030. For the North County Area (Leominster, Fitchburg, Gardner, and surrounding towns) contact 1-877-240-2755.</p> <ul style="list-style-type: none"> o Youth Mobile Crisis Intervention- provides crisis intervention and stabilization services in homes, schools, residential and foster placements, community locations and emergency departments for youth up to age 21. Contact 1-866-549-2142 (Worcester) or 1-800-977-5555 (North County). o CBHI Services- provides In Home Therapy and Therapeutic Mentoring for families who qualify and have MassHealth. Contact: 774-312-2722 or 978-401-3913 for North County 	<p>insurances and MassHealth</p>
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<p>Cornerstone Behavioral Health</p> <p>397 Grove Street</p> <p>Worcester, MA 01605</p> <p>Phone: 508-791-3677</p> <p>Fax: 508-791-3655</p> <p>www.cornerstonebehavioralhealth.com</p>	<p>Counseling and Therapy Services</p> <ul style="list-style-type: none"> • Cognitive Behavioral Treatment (CBT) <p>Neuropsychological and psychological assessments</p> <p>Psychiatry for children and adolescents</p> <p>Forensic neuropsychological evaluations</p> <p>Educational services</p> <ul style="list-style-type: none"> • Educational, learning disability, and neuropsychological evaluations • Educational advocacy • Educational coaching 	<p>Accepts the following insurances:</p> <p>United Behavioral Health, BCBS, Beacon Health Strategies, Fallon Community Health, Fallon Total Care, Harvard Pilgrim, Neighborhood Health, Network Health, BMC, Tufts, GIC, MBHP for testing, Medicare</p> <p>Does not take Masshealth</p>

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<p>Counseling and Assessment Clinic of Worcester, LLC 38 Front Street, 5th Floor Worcester, MA 01608 Phone: 508-756-5400 Fax: 508-756-5433</p> <p>Worcester Union Street Office 51 Union Street, Suite G02 Worcester, MA 01608 Phone: 508-756-2005 Fax: 508-756-2119</p> <p>Fitchburg Office 76 Summer Street, Suite 200 Fitchburg, MA 01420 Phone: 978-696-3035 Fax: 978-400-5292 33 Electric Avenue, Suite 204 Fitchburg, MA 01420 Phone: 978-345-9400 Fax: 978-345-9411</p>	<ul style="list-style-type: none"> • Individual, Adolescent & Family Counseling • Group Counseling- Nurturing Parenting, Domestic Violence, Anger Management, Dual Diagnosis, Relapse Prevention, Codependent Relationships, Families & Addiction, Teen Anger Management, Dealing with Trauma, Social Skills for Children • CBHI Services- In Home Therapy, In Home Behavioral Therapy, Therapeutic Mentoring • Community Support Program • Medication Assessment and Management (must be referred by a therapist) & Prescriptions • Nurse Practitioner on staff • Substance Abuse Counseling at Union Street, Worcester MA • Mental Health and Substance Abuse Evaluations • Structured Outpatient Addiction Program • Transitional Aged Youth Structured Outpatient Addiction Program • First Offender Driver Alcohol Education Program • Second Offender Aftercare in our Substance Abuse Program • (Multi-lingual Clinicians) • DBT Coping Skills Group (Fitchburg) • DBT Skills for Adolescents (Fitchburg) • "How to Survive DCF Involvement": Support Group and Education (Fitchburg) 	<p>Masshealth (MBHP, BMC Healthnet, NHP, Fallon, Network, TUFTS, UNIFY) Commonwealth Care, United Behavioral Health and Blue Cross Blue Shield</p>
<p>Eating Disorders Collaborative of Massachusetts 2 Ayers Street, North Brookfield, MA 01535 http://www.eatingdisorderscollaborativema.org/ Email: edc-ma@eatingdisorderscollaborativema.org</p>	<p>Resources to assist in finding treatment options for those struggling with disordered eating and co-occurring addictions.</p>	<p>Free</p>

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<p>Edward M. Kennedy Community Health Center Behavioral Health Services 19 Tacoma Street Worcester, MA 01605 (508) 595-0750</p>	<ul style="list-style-type: none"> o Outpatient multilingual psychotherapy for children, adolescents and adults (bilingual therapists, telephonic interpretation) o Psychiatry services for adults only o Pharmacy on site. o **BH Services available for health center patients only 	<ul style="list-style-type: none"> o MassHealth all plans o Medicare and Medicaid o HSNO o CMSP o Commercial Insurances
<p>Enlightened Interventions, LLC 25 Union Street, 3rd floor Worcester, MA 01608 enlightenedinterventions@gmail.com www.enlightenedinterventionsllc.org</p>	<ul style="list-style-type: none"> o Individual, family, couples, and group therapy; training and clinical consulting services, and holistic health interventions to enhance and support overall wellness o All of our clinicians are independently licensed and have advanced training and certifications in specialty areas, such as trauma. We have clinicians certified and trained in EMDR, DBT, CBT, ARC, TF-CBT, Motivational Interviewing, solution-focused therapy, CPP, and PMT. We also offer home-based family therapy interventions. o Diagnostic Assessments o Substance Abuse Assessments o Individual Therapy (Ages 3.5-65) o Couples & Family Therapy o Group Therapy (DBT, parenting, rotating curriculums for other disorders) o Parenting Sessions o Home-Based family/individual therapy o Massage Therapy o Reiki, Reflexology, Acupuncture o Nutritional Counseling o Hypnotherapy o Yoga & Pilates o Barre Wellness Workshops o We also offer art, music, and dance/movement therapy and no longer offer hypnotherapy. o We also offer professional development trainings and supervision/consultations for clinicians and agencies. o Crisis Protocol: Call (508)317-2323 Rotating on-call schedule with 24 hour coverage for mental health crises. o Interpretation Services Interpreter services provided by UMASS system. 	<p>We currently accept BCBS, Tufts Health Plan, United Behavioral Health, Harvard Pilgrim, Tricare Military Insurance, Network Health, MBHP, GIC, and self-pay. We have sliding scale available.</p>

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<p>Ethiopian Dream Center, Inc 18 Millbury St. # A Worcester, MA 01610 USA Phone: (508) 762-8085 Fax: (508) 304-8692 http://theethiopiandreamcenter.com</p>	<ul style="list-style-type: none"> ○ Initial help (mental health first aid) to young people experiencing mental health problems ○ Community awareness creation about mental health problems ○ Referrals services 	<ul style="list-style-type: none"> ○ Free, no payment is required
<p>Family Continuity Programs 29 East Mountain Street, 2nd floor Worcester, MA 01606 508-755-0556</p>	<ul style="list-style-type: none"> ○ Outpatient counseling and psychiatry ○ Community Based Services through the Mass Health CBHI Initiative (for ages 3-21): <ul style="list-style-type: none"> ○ In-home therapy ○ Therapeutic Mentoring ○ Community Support Program (CSP) – case management program for all ages ○ Home-based clinician who speaks Spanish ○ Does medication evaluations (for children and adolescents) ○ Most clinicians are trained in trauma focused cognitive behavioral therapy ○ Home based services in Worcester & Whitinsville Clinics ○ <i>*Community Support Program (CSP) for adult refugees (various languages available) through cultural broker program</i> 	<ul style="list-style-type: none"> ○ All forms of Mass Health except CeltiCare ○ Accepts all private insurances except for Cigna and Aetna ○ Waiting list for sliding fee eligibility.
<p>Family Health Center of Worcester (FHCW) 26 Queen Street Worcester, MA 01610 (508) 860-7930 (Behavioral health services direct line) Direct fax: (508)860-7989</p>	<ul style="list-style-type: none"> ○ <u>Services available only for families who have a primary care doctor at FHCW</u> ○ One psychiatric nurse practitioner to prescribe medication - (must be seeing a FHCW therapist) ○ Spanish , Portuguese, Vietnamese & English speaking therapists for children, adolescents & adults ○ Pharmacy on site. ○ Behavioral Health Integrated on the medical team. ○ Behavioral Health Services in selected School-Based Health Centers 	<ul style="list-style-type: none"> ○ MassHealth – all plans ○ Medicare A&B ○ Blue Cross / Blue Shield – ONLY Preferred provider organ. (PPO) with co-pay ○ Health Safety Net (HSN) ○ Sliding fee scale according to income

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<p>Family Services of Central MA 31 Harvard Street Worcester, MA 01609 (508) 756-4646 www.fscm.org</p>	<ul style="list-style-type: none"> ○ Outpatient counseling for individuals, groups and families, inclusive of children ages 5 and older, adolescents, adults, and seniors <ul style="list-style-type: none"> ○ Daytime and evening appointments ○ No waitlist! ○ Court-approved parent education program – Parents Apart – for divorcing parents with minor children ○ Employee Assistance Program ○ Center for Childcare Careers: offers training to daycare providers and teachers on early child development (Spanish-speaking staff member) ○ Family and dispute mediation services, approved by the Comm of MA Trial Court & Family and Probate Court 	<ul style="list-style-type: none"> ○ Accepts Aetna, Harvard Pilgrim, FCHP (Direct and Select), Tufts, BCBS (most), Blue Care 65, Boston Medical, Commonwealth Care Alliance, Fallon Total Care, Neighborhood Health Plan, Network Health Plan/Tufts Public, United Behavioral Health, TriCare. ○ Self-pay available with sliding scale fee according to income ○ Mediation services may be covered by Commonwealth of Massachusetts Attorney General's Office, UMass MOPC, and the Department of Revenue
<p>Genesis Club 274 Lincoln Street Worcester, MA 01605 Ph (508)831-0100 Fax (508)753-1286 www.genesisclub.org</p>	<ul style="list-style-type: none"> ○ Employment, education and housing supports following the Clubhouse International model. ○ A structured work ordered day with full member participation M-F 8:00 – 5:00 ○ Evening/weekend social: Th 5-7, Sat 10-2 ○ Open to adults 18+ with any diagnosed mental illness ○ Young Adult Initiative: supports for young adults ○ Recovery through work, friendships, and contributing to the Club. 	<ul style="list-style-type: none"> ○ No Fee ○ Visit the website or call to learn how to become a member

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<p>Island Counseling 108 Grove Street Worcester, MA 01605-2651 (508) 753-3220 For new intakes press x107</p>	<ul style="list-style-type: none"> • Group Therapy • TMS Therapy • Individual Therapy • Couples and Family Therapy • Medication Management and Evaluation • Crisis Intervention Services • Educational Groups • Specialized Groups • Cognitive Behavioral Therapy (CBT) • Dialectic Behavioral Therapy (DBT) • Therapy Groups: (offered sporadically) Continuing Care Group, Suboxone Treatment Group • Do initial Psychiatric Evaluations • Does not offer one-time parenting, psychological sexual abuse or sex offender assessments • Suboxone treatment for opiate Addictions • ADHD • Spanish, Arabic Speaking Doctors 	<p>Private Insurances</p> <ul style="list-style-type: none"> • Blue Cross Blue Shield • Cigna • Tufts • Harvard Pilgrim • United Health Care • Fallon • Network Health • Neighborhood Health • Aetna • Magellan <p>Public Insurance</p> <ul style="list-style-type: none"> • Medicare • MBHP • Mass Health • Tri Care <p>Sliding Fee also offered</p>
<p>Ivy Child International P.O. Box 63 Worcester, MA 01613</p> <p>www.ivychild.org info@ivychild.org</p> <p>Phone: 508-299-7905 Fax: 508-300-7755</p>	<ul style="list-style-type: none"> • Multicultural mindfulness-based programs offered through: <ul style="list-style-type: none"> • Yoga • Meditation • Music • Art • Health education and therapeutic care to children, youth, caregivers, and health/medical providers • Individual and group assessment • Mentoring and Leadership • Multilingual services • Programs are offered as campus and community programs 	<ul style="list-style-type: none"> • Fee for service • Accepts MassHealth and Harvard Pilgrim • Visit the website or email info@ivychild.org for more information

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<p>Jeremiah’s Inn, Inc. 1059 Main Street P.O. Box 30035 Worcester, MA 01603 Phone- 508-755-6403 Fax-508-793-9568 TDY-508-459-3248 email- info@jeremiahsinn.com website- www.jeremiahsinn.com We are also on Facebook and Instagram</p>	<p>We are a six-nine month social model recovery home for men. We offer the following services to our residents:</p> <ul style="list-style-type: none"> • In-house treatment programming • Referral services • Case management services • Vocational support services • Innovative holistic recovery approaches such as yoga, Reiki, hiking, and meditation • Coordination of in-house counseling services provided by Baker Mental Health 	<p>Residents pay a program fee of \$10 per day. Residents can pay this fee with cash, money order, or SNAP benefits. The fee is waived for the first 30 days of treatment, unless it is being paid with SNAP benefits.</p>
<p>Jewish Family & Children Services 646 Salisbury Street Worcester, MA 01609 (508) 755-3101</p> <p>Contact Tracy Paterson for CBHI Services: tpaterson@jfcsboston.org or call her at 781-296-2756.</p>	<p>○ CBHI Services: In home therapy, therapeutic mentoring, in home behavioral therapy, outpatient counsel, school observations</p>	<ul style="list-style-type: none"> • Please call for insurance information. • we accept Mass Health, MBHP, Beacon-Fallon, and Tufts Network for CBHI Services
<p>Key Program, Inc. 5 State Street Worcester, MA 508-752-1560</p>	<p>○ Child’s Behavioral Health: in home therapy and Therapeutic Mentoring</p> <p>○ Spanish language capacity</p> <p>○ Receives referrals from DCF for outreach and tracking</p>	<p>○ Accepts various forms of insurance. Call for more information.</p>
<p>KIVA Wellness Center (Central Mass Recovery Learning Community) 209 Shrewsbury Street Worcester, MA 01604 508-751-9600</p>	<p>Run by and for people with mental health conditions 18 years and older. Spanish, English, Portuguese, and Italian spoken. Peer-to-peer services and peer-run programs including:</p> <ul style="list-style-type: none"> ○ Trauma and recovery ○ Coping with anger ○ Alternatives to suicide ○ Art and journaling ○ Voice Hears support group ○ Various events: yoga, zumba, karaoke ○ Trauma-informed peer support training 	<p>Free. No referral or insurance needed.</p>

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<p>LUK, Inc. 40 Southbridge Street 4th Floor Worcester, MA 01608 Phone: 508-762-3000 To make a referral, please call: Central Referral Line: (978)829-2222 or Toll Free: (800) 579-0000 x 2312 Fax Line: 978-829-2250 Email: Referral@LUK.org Website: www.LUK.org</p> <p>Other LUK Locations in Central MA: 545 Westminster St. Fitchburg, MA 01420 Phone: 978-345-0685</p> <p>251 Main St. Webster, MA 01570 Phone: 508-640-0011</p>	<p>LUK Behavioral Health Clinic – Mental Health Services</p> <ul style="list-style-type: none"> o Serving youth, individuals, and families o Family Counseling o Individual Therapy o Couples Counseling o Expressive Art Therapy o Group Counseling o Psychoeducation Groups o Psychological Evaluations o Medication Management o Psychiatric Consultation & Services o Individual and Family Assessment o Gambling Assessments o Gambling Treatment <p>LUK Behavioral Health Clinic – Substance Abuse Services</p> <ul style="list-style-type: none"> o BSAS FI (Bureau of Substance Abuse Treatment Family Intervention) – Using the evidence-based Adolescent Community Reinforcement Approach/Assertive Continuing Care, an effective home-based recovery support and treatment service for youth and young adults o CRAFT (Community Reinforcement and Family Training) - an evidence-based model for parents of youth and young adults who are either in recovery or currently using substances o Substance Abuse Evaluations o Outpatient substance abuse assessment and treatment <p>Central Massachusetts Child Trauma Center</p> <ul style="list-style-type: none"> o Providing evidence-based trauma-focused treatments for youth ages 0-18 including Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), Attachment, Self-Regulation, and Competency Therapy(ARC), and Cognitive Behavioral Therapy for Trauma in the Clinic and Home o Training in trauma-focused evidence-based 	<ul style="list-style-type: none"> o Accepts various insurances, including the following MassHealth products: o MBHP o Neighborhood Health Plan o Beacon o Network Health o Fallon o Medicaid o Limited Blue Cross/Blue Shield and Tufts o Limited funding for uninsured/underinsured for substance abuse and gambling treatment o Private pay with sliding fee scale available o BSAS FI Program is funded through 3rd Party and funds through BSAS

	<p>treatment for youth ages 0-18</p> <ul style="list-style-type: none"> o Training in trauma-informed services o Services for military families who have experienced trauma <p>Children’s Behavioral Health Initiative Services</p> <ul style="list-style-type: none"> o In Home Therapy – intensive therapy for a youth and family to treat the youth’s behavioral health needs and assist the family as they support the youth in the home o Therapeutic Mentoring – 1:1 coaching and support for youth to learn social skills, and better ways to interact with other youth and adults o In Home Behavioral Services – assist youth and family with specific problem behaviors that get in the way of everyday life Twi and Lebanese capacity for TM services Spanish capacity for IHT <p>Families and Communities Together (FCT) Please note- Referrals for FCT services are made directly to Community Health Link</p> <ul style="list-style-type: none"> o Intensive Care Coordination (ICC) – using the Wraparound care planning process to coordinate multiple services and supports for youth with Serious Emotional Disturbance (SED). o Family Support and Training – a Family Partner, an individual with experience as a caregiver of a child with special needs, works closely with the care coordinator and supports the parent in their work with their child Spanish capacity for FS&T <p>Victim Services</p> <ul style="list-style-type: none"> o SAVE Program – provides therapeutic services, advocacy, and outreach for individuals (and their friends/families) who have been impacted by an under-the-influence accident. 	<ul style="list-style-type: none"> o Free for individuals who have been impacted by an under-the-influence accident.
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Agency	Services Provided <i>Including Specialties</i>	Payment
<p>Massachusetts MENTOR (Central MA Office) 48 Sword Street Suite 101 Auburn, MA 01501</p> <p>Main Line: (508) 368-2700 IHT (my direct line): (508)368-2703 F: (508)798-3797 (this is the fax # specifically for IHT and TM departments and referrals)</p>	<ul style="list-style-type: none"> • In-Home Family Therapy (we use an evidenced-based model, Family-Centered Treatment) • Therapeutic Mentoring • Foster Care • Adult Foster Care/Shared Living • For IHT, we have staff that speak Portuguese, as well as several African dialects. <i>Beginning next month, we will also have staff that speak Spanish coming on board</i> • We administer the CANS and Comprehensive Assessment for IHT. 	<p>Payment: MassHealth (MBHP, Beacon, Tufts)</p>
<p>MSPCC Family Counseling Center / Eliot Community Human Services</p> <p>335 Chandler Street, Suite 1 Worcester, MA 01602 (508) 753-2967 1-800-442-3035</p>	<p>Children’s Behavioral Health Initiative Services (for eligible children under the age of 21):</p> <ul style="list-style-type: none"> ○ <u>In-Home Therapy</u> – intensive family therapy to treat youth behavioral health needs and improve family capacity to support youth success in the home and community. Male and female clinicians available. Language capacity: English, Albanian, and Mandarin. Clinicians trained in evidenced-based trauma treatment models: 1) Trauma Focused Cognitive Behavioral Therapy (TF-CBT), 2) Alternatives for Families Cognitive Behavioral Therapy (AF-CBT), and 3) Attachment, Regulation, and Competency (ARC) Home-Visiting Model. ○ <u>Therapeutic Mentoring</u> – structured, 1:1 support for youth to build daily living, social, problem-solving, and communication skills. Male and female TMs available. Language capacity: English and Spanish. <p>Outpatient Therapy:</p> <ul style="list-style-type: none"> ○ Clinic-based individual and family therapy. Clinicians trained in TF-CBT and AF-CBT. Language capacity: English, French, and American Sign Language. <p>Child Psychiatry:</p> <ul style="list-style-type: none"> ○ Psychiatry services available for ongoing clients. <p>Child Sexual Abuse Treatment And Recovery Program (CSTAR):</p> <ul style="list-style-type: none"> ○ <u>Free</u> individual and family therapy, assistance with referrals, and support navigating medical, 	<ul style="list-style-type: none"> ○ Various insurances accepted, including the following MassHealth Products: <ul style="list-style-type: none"> • MBHP • Medicaid • Neighborhood Health Plan • Network Health ○ Fallon ○ Boston Medical Center ○ Limited BC/BS and Tufts Insurances

	<p>legal, and social service systems - provided by clinicians specialized in working with children (and their families) who have been sexually abused/assaulted (including commercial sexual exploitation of youth).</p> <ul style="list-style-type: none"> ○ <u>Caregiver Psychoeducation and Support Workshops</u> – <u>free</u> ongoing, weekly workshops for caregivers (bio parents, foster/adoptive parents, grandparents, aunts, uncles, and other caring adults) to learn about supporting their loved-one who has experienced sexual abuse and to connect with other caregivers with similar experiences. ○ <u>Youth Psychoeducation and Support Workshops</u> – <u>free</u> weekly workshops for youth who have experienced sexual abuse. Ages and topics vary depending on workshop cycle. <p>Prevention:</p> <ul style="list-style-type: none"> ○ Parent Education and Support Programs: <ul style="list-style-type: none"> ○ Healthy Families ○ Young Parent Support 	<ul style="list-style-type: none"> ○ Free for Child Sexual Abuse Treatment and Recovery Program
<p>Multicultural Wellness Center 250 Commercial Street Worcester, MA 01608 (508) 752-4665 Lorie Alston, Office Manager Ext 205</p> <p>To move to 44 Front Street, 2nd floor, 01608 in August 2017</p> <p>Our Fitchburg Address is: 515 Main St 1st floor Fitchburg, MA 01420 Phone: 978-343-3336 Fax: 978-343-5747 Email: info@multiculturalwellness.org</p> <p>www.multiculturalwellness.org</p>	<ul style="list-style-type: none"> ○ Individual and Family Therapy ○ Adolescent Issues ○ Group Therapy ○ Culturally Centered Counseling: African American, Caribbean, Latino & Biracial ○ Spanish, Creole, French, Japanese, Russian and African (multiple languages) speaking clinician ○ Provide psychological, parenting and other assessments ○ In-Home Services (CBHI) ○ Therapeutic Mentoring ○ Community Support Program ○ Nurse practitioner ○ Medication Management ○ Addictions treatment as well as clinicians trained in EMDR and Trauma Focused CBT ○ Both Worcester and the Fitchburg Offices offer Substance Abuse Treatment, including SOAP (Structured Outpatient Addiction Program) in Fitchburg. (Spanish speaking staff) 	<p>Accepts MassHealth, self-pay and some private insurance.</p> <p>Accepts Mass Behavioral Health Plan, Fallon, Neighborhood health plan, BMC & Blue Cross/ Blue Shield, Harvard Pilgrim, Commonwealth Care Alliance (CCA), CeltiCare/Cenpatic and United (UBH)/Optum</p>

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<p>New Beginnings Wellness Center 1280 Main Street Worcester, MA 01603</p> <p>Phone:508-754-1141 Fax: 508-754-1115</p> <p>info@newbeginningswc.com</p> <p>www.newbeginningswc.com</p> <p>Substance Abuse Treatment Program 803 Main Street Leicester, Massachusetts 01524 Phone:508-892-5500 Fax: 508-892-5554</p>	<p>NBWC is a Culturally Competent, Bilingual (English and Spanish) Facility that offers:</p> <ul style="list-style-type: none"> o Individual Counseling for Children, Adolescents and Adults o Dual Diagnosis o Family Counseling o Group Counseling o CBHI - In Home Therapy, Therapeutic Mentoring o Medication Management for Children and Adults o <u>Specialties</u> o EMDR and Trauma Focused CBT o Domestic and Sexual Violence Victims <p>We have ample free parking and centrally located on the bus route</p> <ul style="list-style-type: none"> • Individual Therapy • Day Treatment • Medication Management • Group Therapy • Relapse Prevention • Men/Women Recovery • Chronic Pain • Psycho-Education • Post-Partum • 12 Step Philosophy 	<ul style="list-style-type: none"> o MBHP o Neighborhood Health Plan o Beacon o Network Health o Boston Medical Center o Fallon o Blue Cross Blue Shield o Tufts o Self-pay
<p>Newton Square Counseling Center 338 Highland Street Worcester, MA 01602 (508) 752-5880 Fax (508) 831-9967</p> <p>http://www.newtonsquarecounselingcenter.com/</p>	<p>Clinical Specialties:</p> <ul style="list-style-type: none"> • Parenting • Eating disorders • Relationships • Teen • Grief/loss • Depression • Divorce/separation • Work stress • Trauma recovery • Group counseling • Forensic evaluation • Disability evaluation • Medication evaluation and treatment 	<p>Accepts BCBS, Fallon, HCHP, Tufts, Value Options, UBH, Cigna, Aetna, Magellan. Participates with many Employee Assistance Programs.</p> <p>Sliding fee scale is also available.</p>

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<p>Pathways of Massachusetts, LLC formerly Valley Psychiatric Service Inc. 255 Park Avenue, #500, Worcester, MA 01609 Worcester, MA 01608 (508) 753-2900</p>	<ul style="list-style-type: none"> o In clinic & home-based counseling o Medication management & medication evaluations o Psychological testing o Individual & family counseling o Psychiatrists on staff. o Spanish, French, Portuguese & Albanian speaking therapists on staff. o Sexual abuse evaluations o Dual diagnosis, dialectical behavior therapy o Group Therapy o In Clinic and home based services for children and adults 	<ul style="list-style-type: none"> o Accepts Network Health, Medicare and MassHealth. o Accepts Mass Behavioral Health Plan o Accepts Blue Cross, Blue Shield o Does not accept Children's Medical Security Plan or HMO's o Sliding fee scale.

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<p>Pathways for Change, Inc. Rape Crisis Center Ending the Silence, Ending Sexual Violence 588 Main Street Worcester, MA 01608</p> <p>(800) 870-5905; 24/7/365 (800) 223-5001; en español (888) 887-7130; TTY (M-F 9-5) (508) 502-7681; VP (M-F 9-5)</p> <p>588 Main Street (M-F 9-5) (508) 852-7600 Worcester</p> <p>275 Nichols Rd, (by apt only) (508) 852-7600 Fitchburg</p> <p>Satellite offices available by apt. in N. Brookfield and Southbridge. Gardner office coming soon. Call for more info.</p>	<p>Counseling & Accompaniment Support</p> <ul style="list-style-type: none"> ○ 24/7/365 Hotline Crisis Support/Intervention ○ 24/7/365 Emergency Room & Police Accompaniment ○ 1:1 counseling, Support Groups, Emergency Accompaniment ○ Court Accompaniment ○ Sexual Exploitation Survivors & their Support Persons ○ Teen & Adult Survivors & their Support Persons ○ Deaf Survivors & their Support Persons ○ Spanish Speaking Survivors & their Support Persons ○ Portuguese Speaking Survivors & their Support Persons ○ Additional Languages: over 150 language capacity utilizing interpreters ○ Comprehensive resources and referrals <p>Education & Technical Support</p> <ul style="list-style-type: none"> ○ Professional education & technical support ○ Sexual Assault Youth Education & Prevention ○ College Campus education & technical support ○ Sexual Exploitation outreach & technical assistance ○ All Genders Welcome!! 	<ul style="list-style-type: none"> ○ All Counseling Services are FREE and Confidential ○ Convenient parking at municipal garage next door ○ Accessible to multiple bus routes ○ Parking validation and bus passes may be available
<p>Perkins Behavioral Health 971 Main Street Lancaster, MA 01523 Phone: (978) 368-6442 Fax: (978) 368-5224</p>	<ul style="list-style-type: none"> ○ Individual and family therapy ○ Psychological evaluations. ○ We provide medication management for ongoing clients 	<p>We take most insurances with the exception of Aetna, and we also accept private pay.</p> <p>Does not accept Medicare</p>

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<p>Regency Family Health, LLC 1 Exchange Place Worcester, MA 01608 (508) 799-5900 Fax: (855) 243-1119</p>	<ul style="list-style-type: none"> o Outpatient Services In-Office and In-Home (Worcester County). Offer a full range of programs from comprehensive assessment and evaluation to children, adolescent, adults and seniors. o <i>Psychiatrist on staff who can prescribe meds</i> o <i>Psychiatric Assessments</i> only for ongoing clients o <i>Spanish and Vietnamese speaking clinicians</i> o CBHI for MBHP insurance o Individual Counseling o Family Counseling o Couples Counseling o Group Counseling o Psychological Evaluations o Individual and Family Assessment o Parenting Assessment o Family Stabilization (DCF) o Reunification (DCF) o Parent & Youth Support (DCF) 	<p>We accept: Fallon, BMC, NHP, Optum, GIC, Tufts, Beacon and MBHP. We also provide a sliding scale fee for qualified individuals.</p>
<p>Revidas, LLC 108 Grove Street, Suite LL11 Worcester, MA 01605 (508) 304-7499 Fax: (774) 420-7255</p> <p>revidas.com</p>	<p>Holistic group practice working with children as young as 4 through adults.</p> <p>Services provided:</p> <ul style="list-style-type: none"> o Individual Counseling o Family Counseling o Couples Counseling o Play Therapy o Art Therapy o Reiki o Aromatherapy <p>Specialties:</p> <ul style="list-style-type: none"> o TF-CBT (Trauma) o Experience working with children who are/have been in DCF custody o Narrative Therapy o Depression o Anxiety <p>Outpatient Therapy Program Based Therapy No Home Visits</p>	<p>Insurances Accepted: MBHP Blue Cross Blue Shield Tufts Fallon Neighborhood Health Plan BMC Harvard Pilgrim United Healthcare</p> <p>Sliding Scale Fee Accepted</p>

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<p>Roots2Wings Transformations</p> <p>Serving Central Massachusetts www.r2wtransformations.org</p> <p>Melissa Alexander 508-797-2855 Melissa@R2Wtransformations.org</p> <p>Current locations: Westborough, Marlborough, and Sudbury and Newton MA</p>	<ul style="list-style-type: none"> ○ Lymphatic system cleansing for peak performance of the body, mind and spirit ○ Health education and therapeutic care to children, youth, caregivers, and health/medical providers ○ Individual, Couples, Family & Group health and wellness Coaching & Workshops ○ A multi-specialty wellness practice that provides individual, family, couples, and group training and consulting services, and holistic/integrative health to enhance and support overall wellness ○ Any practitioners and professional referrals are independently certified, licensed, and insured. Many have advanced training in specialty areas, such as trauma. ○ Toxin release with X'Tract Bodywork technique ○ Stress management, coping, meditation, relaxation and services for military families ○ Wellness & Educational Workshops including aromatherapy utilizing essential oils ○ Mindfulness-based programs and care that feeds the body, mind and spirit 	<p>Self-pay fee for service. Ask your insurance about Health Savings Account reimbursements. Submit receipts to FSAs. Visit www.r2wtransformations.org for discounts and more information. Convenient parking available and accessible to bus routes.</p>
<p>Shrewsbury Youth & Family Services</p> <p>240 Maple Ave. Shrewsbury, MA 01545 (508) 845-6932 Fax: (508) 845-7264</p>	<ul style="list-style-type: none"> ○ Serving children, adolescent, adults and seniors ○ Individual Counseling ○ Family Counseling ○ Couples Counseling ○ Group Counseling ○ Psychoeducation Groups ○ Psychological Evaluations ○ Individual and Family Assessment ○ Parenting Assessment ○ Early Intervention Substance Abuse treatment ○ Positive Youth Development programs 	<p>We accept most insurances. Fallon, Mass Health, BMC, Cigna, Aetna, BC/BS, Harvard Pilgrim, United, Optum, NHP, Tufts, Beacon. We also provide a sliding scale fee for qualified individuals.</p>

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<p>South Bay Community Services 340 Main Street, Suite 818 Worcester, MA 01608 (508) 791-4976 (800) 244-4691 For intakes call (508) 427-5362</p> <p>Melissa Demma, Clinic Director, 508- 791-4976</p>	<ul style="list-style-type: none"> o Outpatient counseling for children & adults o Substance abuse counseling o Will do home visits o Psychiatric evaluations for adults & children. o Provides In-Home Therapy (IHT) & therapeutic mentoring services as part of CBHI. o Urgent Care Services o Kincoaching (services for kinship foster parents). o behavioral health interventions for medical disorders o Provide substance abuse evaluations o Staff who speak Creole, Spanish and English. 	<ul style="list-style-type: none"> o Accept various insurances o Accepts Mass Health, Fallon, Network Health o Does accept the Mass Behavioral Health Plan
<p>South Bay Community Services Early Childhood Services 548 Park Avenue, Suite B Worcester MA 01603 774-823-1500 fax 774-823-1481</p>	<ul style="list-style-type: none"> o Early Intervention services including: o Developmental Assessment for families with children birth to three. o Therapeutic classroom groups and community toddler groups. o Infant Mental Health team o Family Support Services and Care Coordination o Caregiver Enrichment o Some Spanish-speaking staff members; interpretation for additional languages available 	<p>Accepts all insurances or Department of Public Health funded</p>

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<p>South Bay Community Services Day Services www.southbaycommunityservices.com 340 Main Street, Suite 819 Worcester, MA 01608 Phone:(508) 752-3969 Fax: 508-752-3967</p> <p>Please contact Melody Letoile, Program Director</p> <p>Anyone can refer themselves.</p>	<p>Services for individuals age 18+: For individuals with mental health and substance abuse needs:</p> <p><u>Partial Hospital Program/ Intensive Outpatient Program</u></p> <ul style="list-style-type: none"> • Mental Health Track • Dual Diagnosis Track • Mindfulness Track <p><u>Day Treatment Program</u></p> <ul style="list-style-type: none"> • Mental Health Track • Dual Diagnosis Track <p><u>Structured outpatient addiction programs</u></p> <p>Program time availability Monday-Friday 9am-3pm *Free Lunch* **NO WAIT LIST!!!** Meeting/Tours of Facility available prior to admission</p> <p>Spanish speaking Clinician available</p>	<p>Accepts most insurances</p>
<p>Southeast Asian Coalition of Central Massachusetts (SEACMA) 484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373</p>	<p>Cultural Brokers providing outreach and support services to help refugees, immigrants and low-income individuals access and utilize medically necessary clinical treatment services and supportive community resources. Acts as a bridge to connect patients and providers.</p> <p>Languages: Vietnamese, Arabic, Burmese.</p>	<p>Accept MBHP - Mass Behavioral Health Plan BMC - Boston Medical Center NHP - Neighborhood Health Plan Fallon - Fallon Community Health Plan Beacon Health Strategies And other commercial insurances</p>

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<p>Spectrum Outpatient Services 585 Lincoln Street Worcester, MA 01605 (508) 854-3320</p> <p>105 Merrick Street Worcester, MA 01607 (508) 797-6100</p> <p>Central Intake Department (for ALL Opiate Treatment Programs: (508)854-3320 X1161</p>	<ul style="list-style-type: none"> o Substance Abuse counseling o Methadone Treatment o Vivitrol Treatment o Outpatient Counseling for adults only o Intensive Outpatient Treatment for Adults o Spanish speaking clinician for Outpatient Counseling o No home visits o Spanish clinician for Methadone substance abuse treatment and Outpatient Counseling (at Lincoln Street Site only) o Adolescent substance abuse treatment (at Merrick Street site) o Substance abuse evaluations (at Merrick Street site) o Suboxone treatment for opiate Addiction (at Merrick street) o Driving under the Influence programs <p style="text-align: center;">** Walk-in Admissions**</p> <p>Mental Health and Substance Abuse Counseling, Intensive Outpatient, and Suboxone referrals (intake only) : Mondays and Fridays 7:00 AM Merrick St. clinic only Opiate Treatment (Methadone): Mondays and Thursdays 5:30 AM Lincoln St clinic only</p>	<ul style="list-style-type: none"> o Accepts Blue Cross - Blue shield, Fallon, MassHealth (all types), Commonwealth Care, Healthcare Value Mgt., Tufts & Harvard Pilgrim o Sliding Fee Scale and funding available for uninsured/self-pay
<p>StandUp For Kids (508) 963-5576 worchester@standupforkids.org</p>	<ul style="list-style-type: none"> o Referral and support for homeless youth up to age 25 o Mental Health Counselor once a week for youth at the Center. o No wait for appointment, no appointments made ahead of time. 	<ul style="list-style-type: none"> o For youth who are clients of StandUp For Kids

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<p>UMass Memorial Medical Center, Inc. (UMMMC) 508-334-1000</p> <p><u>SEE LIST BELOW</u></p> <p>Services are located as specified.</p>	<p>Interpreter Services are available. Face to face interpretation in the following languages:</p> <ul style="list-style-type: none"> • Albanian • Arabic • ASL • Mandarin • Nepali • Portuguese • Russian • Spanish • Vietnamese 	<p>UMMMC accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in Mass Health or Commonwealth Plans.</p>
<p>UMMMC Emergency Mental Health Service University Campus 55 Lake Avenue North (508) 334-3562</p>	<p>24 hour psychiatric emergency service</p>	<p>This is an emergency service open to those in the area who believe they have a psychiatric emergency.</p> <p>For mobile evaluation for Mass Health members please call 866-549-2142</p>
<p>UMMMC Ambulatory Psychiatry Service (APS) 26 Queen Street Worcester, 01610 and 279 Lincoln Street, Worcester, 01605 (508) 334-5393 (new patient line) 508-334-2537 (existing patient line)</p>	<p>General psychiatry clinic with psychotherapy and psychopharmacology for ages 18 through elders</p> <p>Anger Management Program DBT Skills Groups</p>	<p>Accepts most insurances Currently (as of August 2017), referring primary care provider must be a UMass provider.</p>
<p>UMMMC Women’s Mental Health Specialty Clinic within APS 279 Lincoln Street Worcester, 01605 (508) 334-5101</p>	<p>Consultation and/or brief treatment regarding hormonally influenced conditions, such as pregnancy, post-partum, and menopause.</p>	<p>Accepts most insurances</p>
<p>UMMMC Addiction Comorbidity Treatment Service within APS 279 Lincoln Street, Worcester 01605 (508) 334-0365</p>	<p>Addiction medication related consultation and/or brief treatment</p> <p>Methadone is not available.</p>	<p>Accepts most insurances</p>

<p>UMMMC Center for Autism and Neurodevelopmental Disorders (CANDO) 55 Lake Avenue North, S7-714 Worcester, MA 01655 (774) 442-2263</p>	<ul style="list-style-type: none"> • Evaluations and/or short-term treatment for children, youth, and young adults offered in 17 specialty clinics. • Specialty clinics for individuals diagnosed with autism include Interdisciplinary TEAM evaluation, Transition Age Youth Interdisciplinary TEAM evaluation, Neurology and Prescriptive Practice for individuals diagnosed with autism. • Other specialty clinics include Fragile X Behavioral Health, Mood Disorders, Psychosis, and Anxiety and OCD. • Offers evaluations and short-term treatment in occupational therapy and speech and language therapy. 	<p>Accepts many insurances Does not accept HNE Be Healthy and BMC.</p>
<p>UMMMC Depression Specialty Clinic University Campus 55 Lake Avenue North (508) 334-0366</p>	<p>Consultation service when other treatments for depression have not worked well enough.</p> <p>Must have approval of current provider</p>	<p>Accepts most insurances</p>
<p>UMMMC Bipolar Specialty Clinic University Campus 55 Lake Avenue North 508-334-5052</p>	<p>Consultation service when other treatments for bipolar disorder have not worked well enough.</p> <p>Must have approval of current provider</p>	<p>Accepts most insurances</p>
<p>UMMMC Barre Family Health Center 151 Worcester Road Barre, MA (978) 355-6321</p>	<p>Provides evaluation and brief treatment for those with primary care providers at the Barre Family Health Center.</p>	<p>Accepts most insurances</p>

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UMMMC Family Medicine and Community Health University and Hahnemann Campuses 55 Lake Avenue North & 279 Lincoln Street 01605 (508) 334-8830	Evaluation and brief treatment for those with primary care providers in the Department of Family Medicine and Community Health.	Accepts most insurances
UMMMC MCPAP Consultation Service for Children and Adolescents (508) 334-3240	Child Psychiatry consultation and coordination of care to contracted pediatricians and family practitioners	Requires referral from primary care provider
UMMMC MCPAP for MOMS Providers can call: 1-855-Mom-MCPAP (1-855-666-6272) Monday thru Friday 9AM to 5P for consultation, resource and referral services, and to schedule training. Patients can also review additional resources at: www.mcpapformoms.org by following the tab marked "For Mothers and Families".	MCPAP for Moms offers real-time psychiatric consultation and resource and referral support to medical and psychiatric providers in Massachusetts serving pregnant and postpartum patients (up to one year postpartum) that are experiencing mental health or substance use concerns.	Requires referral from obstetrician/primary care provider
UMMMC Neuropsychiatry Referral Center University Campus 55 Lake Avenue North 508-856-5548	Complex neuropsychiatry consultation and follow-up for patients with brain-behavior problems requiring combined neurology and psychiatry expertise.	Requires referral from primary care or psychiatry provider
UMMMC Neuropsychology Department University Campus 55 Lake Avenue North 508-334-8205 To schedule an appointment, call 508-334-2527 or 508-334-0238	Neuropsychological testing and evaluations of medical conditions that affect cognitive, behavioral or emotional functioning.	Requires a referral which states the medically necessary reason for the testing. A separate pre-authorization is often required before the visit is scheduled. This pre-authorization process is managed by the neuropsychology service.

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<p>UMMS Child Trauma Training Center, a program within the Department of Child Psychiatry 55 Lake Avenue North, S3-301 Worcester, MA 01605 1-855-LINK-KID (1-855-546-5534)</p>	<ul style="list-style-type: none"> o Trains professionals to improve identification of trauma and traumatic stress symptoms in children o Provides a toll free number (1-855-LINK-KID) to help children who have experienced trauma and adversity and their caregivers to access evidence-based trauma treatment o Provides training on evidence-based treatment, Trauma Focused – Cognitive Behavioral Therapy, to clinicians who work with trauma affected children o Centralized referral system provides a single point of access to connect youth (ages 0-22) who may benefit from Evidence-Based Treatments for trauma with providers trained in these treatments. 	<p>No fee for individuals or agencies in Massachusetts; program funded through a SAMHSA, NCTSN Category III grant, DMH, and the Lookout Foundation</p>
<p>UMMMC Child Protection Program 55 Lake Ave. North 774-442-6629</p>	<ul style="list-style-type: none"> o Outpatient evaluation of children for suspected physical abuse, sexual abuse and neglect o Referral to mental health services o Interpreter Services Available 	<ul style="list-style-type: none"> o Accepts most insurances o MOVA funding for certain services
<p>Screening and Treatment for Early Psychosis (STEP) Clinic at Community Healthlink 68 Jaques Ave, Worcester, MA (508)-856-MIND (508-856-6364) MIND@umassmed.edu</p>	<ul style="list-style-type: none"> o Community Healthlink’s STEP Clinic specializes in treatment for individuals between the ages of 18 and 40 who are experiencing early psychotic symptoms or who are experiencing psychotic prodrome, which are early signs that a psychotic illness might be about to happen. o The STEP Clinic provides comprehensive evaluation, psychopharmacology, psychotherapy, family therapy & education, physical health monitoring & wellness, as well as substance abuse screening & treatment 	<p>The STEP Clinic accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.</p>
<p>UMMMC TriRiver Family Health Center 281 East Hartford Avenue Uxbridge, MA 508-278-5573</p>	<ul style="list-style-type: none"> o Evaluation, treatment, and referral for patients of TriRiver Family Health Center 	<p>Accepts most insurances including Health Safety Net.</p>

Agency	Services Provided <i>Including Specialties</i>	Payment
<p>UMMC Psychotic Disorders Consultation Service 279-281 Lincoln Street Worcester MA 01605 508-334-0695</p>	<ul style="list-style-type: none"> ○ The UMass Psychotic Disorders Consultation Service provides outpatient consultation service for adult patients suffering from schizophrenia and other psychotic disorders, with or without comorbid medical and substance use problems. ○ The consultation consists of a comprehensive psychiatric evaluation. Recommendations are thoroughly discussed with the patient, and a written report is provided to the referring care provider 	<p>The UMMC Psychotic Disorders Consultation Service accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.</p>
<p>UMMC Psychotic Disorders Specialty Clinic at Community Healthlink 72 Jaques Ave Worcester, MA (508)-856-MIND (508-856-6364) MIND@umassmed.edu</p>	<ul style="list-style-type: none"> ○ Provides diagnostic assessment and ongoing treatment for patients suffering from schizophrenia or other psychotic disorders. 	<p>Accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.</p>

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<p>VA Outpatient Clinic NEW ADDRESS: 55 Lake Ave. North Umass Medical Campus – in the Ambulatory Care Center, 7th floor Worcester, MA 01605</p> <p>*Other clinic for primary care is at 605 Lincoln Street</p> <p>413-584-4040x6600</p> <p>800-893-1522 x6600</p> <p>Crisis line: 800-273-8255</p> <p>Confidential Chat: veteranscrisisline.net Or Text to 838255</p> <p>Clinic hours: Monday thru Friday 8:00am to 4:00pm</p>	<p>Providing mental health services to any veteran with honorable discharge. LGBTQ veterans welcome</p> <p>Treatment provided for post-deployment transition, PTSD, anxiety, anger, depression, substance abuse, sleep disorders</p> <p>Offered on site:</p> <ul style="list-style-type: none"> • Individual Therapy • Couples therapy • Group Therapy • Psychiatry Services • Behavioral Health Integrated in the Primary Care team • Pharmacy • Laboratory <p>Available at Medical Campus in Northampton, Boston, Brockton or Bedford</p> <ul style="list-style-type: none"> • Specialized treatment for PTSD • Specialized treatment for Substance Abuse including intensive outpatient program and detox admission • Psychiatric Inpatient Admission • Polytrauma assessment • Opiate Replacement Therapy 	<p>Payment dependent on income level and service connection</p> <p>MassHealth/Medicare now accepted, but services are free to low income veterans</p> <p>All private insurance accepted</p>
<p>Walden Behavioral Care 335 Chandler St. Worcester, MA P: 508-796-5797</p>	<p>Walden provides a full continuum of care for adolescents and adults struggling with eating disorders such as anorexia nervosa, bulimia nervosa, binge eating disorder, and EDNOS.</p> <ul style="list-style-type: none"> · Partial Hospitalization · Intensive Outpatient 	<ul style="list-style-type: none"> o Accepts most commercial insurances o Accepts certain types of MassHealth

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<p>Wayside Youth & Family Support Network 88 Lincoln St. Framingham MA 01701 508-630-5907 (referral line)</p> <p>-----</p> <p>10 Asylum Street Milford, MA 01757 508-745-6294 (referral line)</p>	<ul style="list-style-type: none"> ○ Outpatient therapy ○ In home therapy services for children and adolescents ○ Therapeutic Mentoring ○ Intensive Care Coordination with family partner services ○ Multilingual: Spanish and Portuguese 	<p>Payment:</p> <ul style="list-style-type: none"> ● Mass Health (MBHP) ● Fallon ● BC/BS ● CMSP (MassHealth) ● Harvard Pilgrim ● Tufts ● United Behavioral Health Plan ● Beacon
<p>Worcester Pastoral Counseling Center/PCC of MA, Inc.</p> <ul style="list-style-type: none"> ○ Draws from about 90 communities in central MA <p>128 Providence Street, 3rd floor Worcester, MA 01604 (508) 757-0376</p> <p>PCCofmA.org</p> <p>Main office: AVPCC/ PCC of MA, Inc. 7 Church Street Westborough, MA 01581 (508) 366-4000</p> <p>34 Felton Street, Hudson, MA 01749 (508) 366-4000</p>	<ul style="list-style-type: none"> ○ Outpatient counseling for adults, youth & children ○ Outpatient counseling for Individuals, Couples, Marriage and Family, Grief & Loss, Alcohol and Substance Abuse, Anxiety, Depression & Stress Management, trauma, PTSD, bullying ○ Group therapy in Westborough-offered sporadically for divorce support, caregivers, grief & loss, midlife, women's spirituality ○ EMDR (eye movement desensitization) ○ Psychological testing 	<ul style="list-style-type: none"> ○ Accepts most insurances ○ Does not accept Mass Health ○ Sliding fee scale

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<p>Y. O. U. Inc. Worcester Headquarters: (serving Worcester County) 81 Plantation Street Worcester, MA 01604 1-855-4YOUINC or 1-855-496-8462</p>	<ul style="list-style-type: none"> o Counseling for children, adolescents, adults and families o Adolescent Substance Abuse o Psychological testing, neuropsychological screening, risk assessments, trauma evaluations o After-school programs o Group therapy for parents, grand-parents, teens and kids o Parent Resource Rooms and Prevention Specialists o In- home services o Spanish speaking clinicians available o Sexual Abuse treatment & evaluations o Psychiatry evaluations and medication management for youth & adolescents receiving clinical services at YOU Inc. o Individual and Family therapy o Group therapy for a variety of topics o Training and consultation o Early Childhood Mental Health Consultation Services o Trauma informed services o GED programs o Fire-setters’ prevention program o In Home Behavioral Services o Positive Parenting o Therapeutic Mentoring o School Based Services o CBHI Services, including in home therapy, therapeutic mentoring, in home behavioral services, etc. – offered in most of Central MA – call for more information. <p style="text-align: center;"><u>Other Outpatient Clinic Locations:</u></p> <p>Y.O.U., Inc. Counseling Center - Gardner 205 School Street Gardner, MA 01440 (978)632-2321 For referrals 1-855-4YOUINC or 1-855-496-8462</p> <p>Y.O.U., Inc. Counseling Center - Southbridge 328 Main Street Southbridge, MA 01550 508)765-9101 For referrals 1-855-4YOUINC or 1-855-496-846</p>	<ul style="list-style-type: none"> o Accept most Mass Health and Medicare health plans o Accept most private insurances o Limited sliding fee

While our intent was to include accurate data on local human service agencies, some inadvertent errors or omissions may have occurred and some changes will undoubtedly take place between printing and distribution.

