

# Employment and Training Programs in Worcester, MA

8/15

**Workforce Central Career Center**  
 340 Main St. Suite 400  
 Worcester, MA 01608  
 508-799-1600

*The One-Stop Career Centers for Central MA*  
 Locations in Worcester, Southbridge & Milford

**\*All Individuals MUST START by attending Workforce Central's Career Center (Orientation Seminar (CCS))! Membership** is free after attending mandatory Career Center Orientation, which are offered Monday-Thursday at 9:00 AM & 1:00 PM. Spanish orientation offered on Fridays at 10:00 AM. Orientation includes introduction to a counselor.  
**Call 508-799-1600 x601 to schedule to attend.**

**\*\* STAY CONNECTED WITH THE COUNSELOR you are connected with at the orientation to help to continue to guide you as you seek services from Workforce Central**

Program Name and Contact Info	Program Info / Services Offered	Cost and Eligibility	When It is Offered
<b>Job Seeker Services</b>	<ul style="list-style-type: none"> <li>• Career Counseling</li> <li>• Job search guidance &amp; empowerment</li> <li>• Resource library including internet accessed computers</li> <li>• Labor market information</li> <li>• Job recruitments and job fairs</li> <li>• Applicant referral services</li> <li>• MA online job search engine (Job Quest)</li> <li>• Computer skills classes</li> <li>• Soft Skills Training</li> </ul>	Free to Career Center members	Ongoing according to schedule.  Contact Career Center for details
<b>Career Services</b>	<ul style="list-style-type: none"> <li>• Career assessment workshops &amp; guidance</li> <li>• QCC Navigators</li> <li>• Relevant Industry information</li> <li>• Referrals to higher education financial aid assistance</li> <li>• On the Job Training (OJT)</li> <li>• Training Funds</li> </ul>	Free to Career Center members  Training Funds based on availability, eligibility, and suitability. Interview and testing process.	Ongoing according to schedule.  Contact Career Center for details

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<p><b>Youth Services</b></p> <p>Contact: <b>Roy Lucas</b> (508) 799-1600 x 688</p>	<p><i>Employment and training opportunities to in-school and out-of-school youth ages 16-24 in collaboration with our community partners.</i></p> <p><i>Services include work readiness, job search assistance, career exploration, work experience, internships, counseling, and follow-up.</i></p> <p><i>Youth programs include; HSH (High School Equivalency Exam Preparation); Occupational Skills Training, MCAS (Massachusetts Comprehensive Assessment System Test Preparation), Connecting Activities (Workplace Skills Training); YouthWorks-Year-Around/ Summer Employment.</i></p>	<p>Free to Career Center members</p>	<p>Ongoing according to schedule. Contact Career Center for details</p>
<p><b>On the Job Training Program</b></p> <p>Contact: <b>Anh Antunes</b> antunesa@workforcecentralMA.org</p>	<p><i>Assists employers with the cost of hiring and training new employees.</i></p> <p><i>The OJT program offers area employers a unique opportunity to hire pre-screened applicants, while getting reimbursed for a percentage of the trainees' wages during the training period.</i></p> <p><i>A win-win program for employers and job seekers – helping them to gain local self-sustaining employment.</i></p>	<p>Free to Career Center members.</p> <p>Eligibility screening.</p>	<p>Ongoing according to schedule. Contact Career Center for details.</p>
<p><b>The Volunteer Connections Programs (VCP)</b></p> <p>Contact: <b>Wendy Gould</b> for more Info: (508) 799-1600 X 640</p>	<p><i>Allows job seekers to fill employment / skills gaps, network and build confidence through short-term volunteer opportunities with local non-profit organizations.</i></p>	<p>Free to Career Center members</p> <p>Pre- screen assessment.</p>	<p>Monthly according to schedule. Contact Career Center for details.</p>
<p><b>Advanced CNC Skills Training Program</b></p> <p>Call (508) 799-1600 X 601</p>	<p><i>With prior experience working for a manufacturing company, opportunity to update skills to stay competitive and obtain employment. Professional development &amp; assistance marketing your talents.</i></p>	<p>Free to Career Center members</p> <p>Application process, Prior mfg. experience or related skills, HS Diploma or HiSET (GED). Skill assessment testing. Interview process</p>	<p>Ongoing according to schedule. Contact Career Center for details</p>
<p><b>Professor Teaches - On-line Computer Training Program</b> Microsoft Office Suite</p> <p>Call (508) 799-1600 X 629 To Register or stop by the <b>Resources Room 6<sup>th</sup> Floor</b> to make appointment.</p>	<p><i>Online self-directed tutorial training in Microsoft, Access, Excel, Outlook, Power Point, Publish, Quick books and Word.</i></p>	<p>Free to Career Center members</p>	<p>Ongoing.</p> <p>Contact Resource Room to schedule.</p>

<p><b>Bar None Legal Clinic</b></p> <p>Call (508) 799- 1600 X 601 To Register or stop by the <b>6<sup>th</sup> floor front desk</b></p>	<p><i>Opportunity to receive legal advice regarding CORI challenges and other job related barriers.</i></p>	<p>Free to Career Center members</p>	<p>Monthly according to schedule. Contact Career Center for details.</p>
<p><b>HiSET (High School Equivalency) Program &amp; ABE (Adult Basic Education) Program</b></p> <p>Call (508) 799- 1600 X 601 for more info or stop by the <b>6<sup>th</sup> floor front desk.</b></p>	<p><i>Full-time, intensive HiSET prep class (formerly GED) designed for adults who need a diploma within 6 months with full-time employment as their goal.</i></p>	<p>Free to Career Center members Must be at least 18 years old, legally able to work in US, attend class Monday – Thursday, 9:00 AM–2:00 PM</p> <p>Also, Eligibility Screening interview &amp; TABE test.</p>	<p>Rolling enrollment Contact Career Center for details.</p>
<p><b>Re Entry / Ex-Offender Support Services</b></p> <p>Call (508) 799- 1600 X 601 to Register or stop by the <b>6<sup>th</sup> floor front desk</b></p>	<p><i>New Leaf Workshop provides strategies to approach barriers to employment including challenges with CORI related issues. Participants are also encouraged to attend Bar None Legal Clinic, which offers legal advice.</i></p>	<p>Free to Career Center members</p>	<p>Monthly according to schedule. Contact Career Center for details.</p>
<p><b>Veterans Services</b></p> <p>Priority of Service is provided to Veterans by Career Center staff. Please identify yourself as a Veteran for further direction.</p> <p>Call (508) 799- 1600 X 601 or stop by the <b>6<sup>th</sup> floor front desk</b></p>	<p><i>We proudly serve those who proudly served us by providing intensive services to veterans with special employment and training needs, and facilitating the provision of labor exchange to disabled veterans and eligible persons, including intake, referral, &amp; placement.</i></p>	<p>Free to Career Center members</p>	<p>Ongoing. Contact Career Center to schedule.</p>

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## Additional Employment & Job Training Programs in the City of Worcester

Agency, Program Name and Contact Info	Program Info / Services Offered	Cost and Eligibility	When It is Offered
<p><b>Ascentria Care Alliance, Services for New Americans Program</b>            11 Shattuck Street, Worcester MA 01605  <b>Olta Kodra</b>            Employment Coordinator            Contact (774)-243-3100</p>	<p><i>Ascentria offers employment skills assessment, career planning, job search and placement services, job support services such as child care, transportation and interpretation, and job coaching for refugees and immigrants.</i></p>	<p>Services are free of charge to refugees, immigrants, and asylees within 5 years of arrival in the US.</p>	<p>Business hours are from 8:30 to 5:00 daily. Appointments are strongly recommended but walk-ins are also accommodated.</p>
<p><b>Ascentria Care Alliance Health Care Technician Program</b>            11 Shattuck Street Worcester, MA 01605             Contact:            Debra Feraco            774-243-3016 x3507            for more information</p>	<p><i>Gives individuals the basic skills you need to enroll in a college-based certificate program; i.e., certified Nurse's Assistant, Pharmacy Technician / Pharmacy Clerk, Medical Assistant, etc.</i></p>	<p>A 12 week program with 2 required classes.            Good for individuals for whom English is not their first language or who need to strengthen their skills in English and Math</p>	<p>Tuesday, Wednesday and Thursday afternoons</p>
<p><b>Ascentria Care Alliance Start A Child Care Business at Home Program</b>            11 Shattuck Street Worcester, MA 01605            Contact:  <b>Erin Morrell</b>            (508) 612-9288</p>	<p><i>Free assistance with family childcare licensing, business training and money to help start your business</i></p>	<p>1 year experience in parent or caring for children 18 years or older             NONCITIZEN: Refugee, Asylee, Victim of Human Trafficking, Special Immigration Visa, Cuban/Haitian entrant.</p>	<p>Call for dates/times of training</p>
<p><b>Becker College</b>            Advancing the Field behavioral health workforce education and training for paraprofessionals <b>HSRA Grant</b>            61 Sever Street Worcester, MA 01609            Contact:  <b>Nina Mazloff</b>            (508) 373-9770</p>	<p><i>Behavioral Health Certificate programs offered in the following areas:</i></p> <ul style="list-style-type: none"> <li>• Adolescent Community Health Worker</li> <li>• Family Community Health Worker</li> <li>• Adolescent Community Health Worker</li> </ul>	<p>Tuition and textbooks are free</p>	<p>Depends on the program, call for more information</p>
<p><b>Boys &amp; Girls Club of Worcester</b>            65 Tainter Street Worcester, MA 01610             Program Name: Career Launch Program</p>	<p><i>Program Info: Career Launch is a small group program that accesses teens skills and interests, explores career opportunities, helps youth make sound Educational decisions and prepares them to join the workforce.</i></p>	<p>Cost and Eligibility:            Offered to Boys &amp; Girls Club member's ages 13 to 18.            Annual membership is \$25/year.</p>	<p>When It is Offered:            Monday &amp; Thursday at 6:00 p.m.</p>

<p><b>Central MA Housing Alliance</b> 6 Institute Road Worcester, MA 01609</p> <p>508-752-5519 or <b>774-364-1716</b> speak with Karen King</p>	<p><i>POWER Program (Personal Opportunities for Work, Education and Renewal):</i> <i>An 18 month educational program that offers employment readiness &amp; stabilization, training and placement and high education support</i></p>	<p>· For families that are living in shelter or transitional housing</p>	
<p><b>Centro Las Americas</b> 11 Sycamore Street Worcester, MA 01610 Call: (508) 798-1900</p> <p>Ask for a referral to community support services.</p>	<p><i>This program is geared towards assisting clients with case management services such as job applications, citizenship and resident affairs, citizenship process, permanent resident renewal, EBT, DTA, and WIC applications. Furthermore, we offer Notary Services, translations and overall case management.</i></p>	<p>No cost to clients</p>	<p>By appointment only</p>
<p><b>Easter Seals</b> 484 Main Street Apt # 600 Worcester, MA 01608 Call (508) 757-2756</p>	<p><i>Employment Assistance for Individuals with Disabilities</i></p> <ul style="list-style-type: none"> <li>• <i>Assistive Technology</i></li> <li>• <i>Job Training &amp; Employment Services</i></li> <li>• <i>Rehab Services</i></li> <li>• <i>Youth Transition Services</i></li> </ul>	<p>Call (508) 757-2756 or (800) 244-2756 for more information</p>	<p>Monday - Friday From 8:00am to 4:30pm</p>
<p><b>Community Builders at Plumley Village</b> 16 Laurel Street Worcester, MA 01608 Call (508) 752-3473</p>	<p><i>Computer lab and job resource center; free faxing and copying Educational and vocation training for Plumley Village residents only.</i></p>	<p>14 years and older</p>	<p>Monday From 10:30am-5:00pm  Tues-Friday From 9:00am -5:00pm</p>
<p><b>Friendly House</b> 36 Wall Street Worcester, MA 01604 Call (508) 755-4362</p>	<p><i>Job search assistance, information and referral, free faxing and copying, resume writing.</i></p>	<p>Free to qualified individuals</p>	<p>Monday – Friday From 9:00am to 5:00pm</p>
<p><b>Grafton Job Corps Center</b> 100 Pine Street North Grafton, MA 01536 Call (508) 887.7300</p> <p><b>Job Corps Outreach &amp; Admissions Office</b> 32 Southbridge Street Worcester, MA 01608</p> <p>Contact: <b>David Tirendi</b> (508) 890- 1999</p>	<p><i>HiSet and Penn Foster online diploma, as well as a wide array of vocational training programs for disadvantaged youth, ages 16-24. Driver's education is offered as well and program actually pays for learner's permit and driver's license.</i></p> <p><i>Program is primarily residential but offers a smaller commuter component for young parents and adults.</i></p>	<p>Job Corps is a free program for qualified individuals provided by the US Dept Of Labor. It is an open enrollment, year-round program that is mostly self-paced.</p> <p>Interested applicants can apply for Job Corps centers located in New-England, New York and New Jersey.</p>	<p>Worcester OA Office From Monday-Friday 8am to 5pm.</p>

<p><b>Main South Community Development Corporation</b> 875 Main Street Worcester, MA 01610 Call (508) 752-6181</p> <p><b>Yary Jaen</b> Director of Programs <a href="mailto:yjaen@mainsouthcdc.org">yjaen@mainsouthcdc.org</a></p> <p><b>Yasmine Shawwaf</b> Workforce Coordinator <a href="mailto:yshawwaf@mainsouthcdc.org">yshawwaf@mainsouthcdc.org</a></p> <p><b>Liam Flynn</b> Workforce Coordinator <a href="mailto:Lflynn@mainsouthcdc.org">Lflynn@mainsouthcdc.org</a></p>	<p><i>Workforce Development Center</i></p> <ul style="list-style-type: none"> <li>• <i>Coordinators are available for FREE individual appointments to assist with resume building and job placement.</i></li> <li>• <i>basic computer classes (taught in English and Spanish)</i></li> <li>• <i>Education and Employment Training: Workshops designed around the needs of the community</i></li> <li>• <i>Employment Opportunity Database: The Employment Opportunity Database is designed to assist Main South residents who are seeking employment. Local and regional employment opportunities are updated regularly. Individuals interested in finding a job may simply stop by and browse through the listings or arrange an individual appointment for job placement and resume writing</i></li> </ul>	<p>Free and open to all Main South Residents</p> <p><b>**There is a cost for the computer classes: \$25.00 (CDC Tenants), \$35.00 for Main South residents to \$40 non- Main South residents.</b></p>	<p>Individuals are encouraged to call and will be seen by appointment only.</p> <p>Workforce Services suspended during summer season. Only computer classes continue during summer season.</p>
<p><b>Martin Luther King Jr. Opportunity Center and SMOC</b> <b><u>Steps To Success</u></b> The Steps To Success program is located at 237 Chandler Street, Worcester MA 01609</p> <p>Contact <b>Allison Darling</b> (508) 713-6060 x 6220</p>	<p><i>Steps To Success provides job seekers with work readiness workshops to prepare them for employment.</i></p> <p><i>Earn a national industry certification: OSHA 10 Certification</i></p>	<p>Free to qualified individuals: low income and must live in targeted towns.</p> <p>No minimum education required Must be 18 years and older</p> <p>28 hours of work readiness workshops, then job placement.</p>	<p>Enrollment: Monday – Thursday 9:00am – 12:00noon</p>
<p><b>Martin Luther King Jr. Opportunity Center and SMOC</b> <b><u>Successful Women In Clean Energy (SWICE)</u></b> Successful Women in Clean Energy is located at 237 Chandler Street, Worcester MA 01609</p> <p>Contact <b>Allison Darling</b> (508) 713-6060 x 6220 <b>Suzanne Domestico</b> (508) 626-7150</p>	<p><i>Clean Energy Sector Training for Women.</i> <i>The training prepares job seekers for successful careers in the clean energy sector.</i> <i>Earn two national industry certifications: OSHA 10 Certification &amp; Customer Service Certification.</i></p>	<p>Free to qualified individuals: low income women and must live in targeted towns.</p> <p>Must have high school diploma or Hi-Set/GED Must be 24 years and older</p> <p>A five week program, then a 6-month paid fellowship with a clean energy company.</p>	<p>Call for more information</p>

<p><b>Martin Luther King Jr. Opportunity Center and SMOC</b>  <b>Professional Sales Training</b>  The Professional Sales Training program is located at 237 Chandler Street, Worcester MA 01609</p> <p>Contact  <b>Allison Darling</b>  (508) 713-6060x 6220</p>	<p><i>The training prepares job seekers for successful careers in sales and customer service.</i></p> <p><i>Earn two national industry certifications: Customer Service Certification &amp; Professional Sales Certification.</i></p>	<p>Free to qualified individuals ages 16-21</p> <p>A four week program, then job placement</p>	<p>Call for more information</p>
<p><b>Martin Luther King Jr. Opportunity Center and SMOC</b>  <b>Ready, Willing and Able (RWA)</b> The Ready, Willing and Able work program  237 Chandler Street, Worcester MA 01609</p> <p>Contact  <b>Mercedes Murphy</b>  (508) 713-6060 x 6226</p>	<p><i>Ready Willing and Able is a people focused, temporary staffing agency, run by SMOC.</i></p> <p><i>RWA is designed to provide part-time or full-time opportunities that can lead to true self-sufficiency.</i></p>		<p>Call for more information</p>
<p><b>Martin Luther King Jr. Opportunity Center and SMOC Green Jobs Academy (GJA)</b>  The Green Jobs Academy Training Center is located at 237 Chandler Street, 2<sup>nd</sup> floor Worcester MA 01609</p> <p>Contact  <b>Suzanne Domestico</b>  (508) 626-7150</p>	<p><i>Weatherization (Retrofit) Installer Training Program.</i></p> <p><i>Learn how to insulate and retrofit homes in order to make them more energy efficient.</i></p> <p><i>Earn two national industry certifications: OSHA 10 Certification &amp; RRP Lead Renovator Certification</i></p>	<p>Free to qualified individuals: low income and must live in targeted towns.</p> <p>No minimum education required  Must be 18 years and older</p> <p>A two week program, then permanent job placement.</p>	<p>Quarterly;  Monday–Friday  From 8:00am- 5:00pm</p>
<p><b>MassEdCO (Massachusetts Education &amp; Career Opportunities, Inc.)</b></p> <p>484 Main Street, Suite 560  Worcester, MA 01608  Call  508-754-6829 x3004</p>	<p><i>Educational Opportunity Center (EOC): For those looking to obtain-- or complete --postsecondary education or training --- for the unemployed, under-employed, those looking for a career or to change a career--EOC offers career advising, assistance with post-secondary admissions and financial aid applications</i></p> <p><i>“On Our Way”---Teen Mom Program works with teen moms who want to finish high school, select a career, find a college program, apply to college and Secure financial aid.</i></p>	<p>EOC: No Cost or age restrictions  Teen Mom Program: No Cost- must be a pregnant or parenting teen</p>	

<p><b>Mass Rehab Commission</b> 359 Main Street Worcester, MA 01608 Call (508)754-1757</p>	<p><i>Assists people with all disabilities to find or keep jobs that are consistent with their skills and abilities.</i>  <b>☑ FIRST STEP TO APPLY FOR SERVICES:</b>  <i>Attend orientation meeting held every Wednesday at 10:00am sharp</i></p> <p><i>*THEY DO THE DETERMINATION of a person's disability</i></p> <p><i>*Have a benefits specialist who can advise you about your SSA benefits.</i></p> <p><i>*Do interest assessments to help guide you in your career path</i></p>	<p>Any individual with a disability can inquire about obtaining services. Friends, relatives, and health care providers can also refer an individual to MRC. Our services are designed to assist individuals with disabilities to make informed choices about work. All VR consumers must reside in Massachusetts and be eligible to work in the United States. <b>This Area Office serves the following communities: Auburn, Boylston, Cherry Valley, Holden, Leicester, Paxton, Shrewsbury, West Boylston, and Worcester.</b></p>	<p>Office Hours: 8:45am – 5:00pm, M-F</p>
<p><b>NEBA works</b> 40 Southbridge Street, Suite 300 Worcester, MA 01608  508-440-2100 x137</p>	<p>NEBA is dedicated to assisting individuals with barriers to achieve their full potential through individualized employment services</p> <ul style="list-style-type: none"> <li>• One-on-one career guidance and coaching</li> <li>• Resume writing</li> <li>• Human service credentialing</li> <li>• Computer skills</li> <li>• Interview Techniques</li> <li>• Job placement assistance</li> <li>• Job Coaching</li> </ul>	<p><i>*Referrals come from the Department of Transitional Assistance, the MA Rehab Commission, the Social Security Administration and/or Department of Developmental Services. Please request information through your caseworker or call NEBA's Program Manager at 508-440-2100 x137</i></p>	<p>Inquire for additional information</p>
<p><b>Quinsigamond Community College Center for Workforce Development and Continuing Education</b> 25 Federal Street Worcester, MA 01608 Call (508) 751-7900  <a href="http://www.QCC.edu/WD">www.QCC.edu/WD</a></p>	<p><i>Offers low cost training programs that enable individuals to learn new skills which can be applied immediately on the job or utilized for future professional development.</i></p>	<p>See course catalog listing for class costs Limited financial aid is available for non-credit courses. ----- <b>**Approved Workforce Training Programs</b> Employers with 100 or fewer employees in MA may be eligible for a 50% reimbursement for approved training programs (call for details)</p>	<p>Classes offered at various times</p>
<p><b>RCAP Solutions</b> NEW ADDRESS: 12 East Worcester Street, Worcester, 01604 <b>1-800-488-1969</b></p>	<p><b>Family Self-Sufficiency Program</b> For section 8 housing choice voucher participants <b>Small Business Development and Loan Fund Program</b></p>		



<p><b>American Red Cross Healthcare Training</b> 2000 Century Drive Worcester, MA 01606</p> <p>Contact <b>Lydia Zelayandia</b> at (508) 595-3715 or <b>Maryellen Kilbreth</b> 29 Main Street Leominster, MA (978) 537-3339</p>	<p>☑ <i>Nurse Assistant Training and Home Health Aide Program</i> ☑ <i>Phlebotomy Class—must be 18 years and have HS Diploma or GED. *Includes internship program which is required for national license</i> ☑ <i>Call for course costs.</i></p> <p><i>*Reading test &amp; orientation needed for all healthcare program</i></p>	<p>Nurse Asst. Training: Cost is \$1250.00. *some financial aid available Phlebotomy Class: Cost is \$1900.00 *no financial aid available</p>	<p>Nurse Asst. Classes: call for dates &amp; times</p> <p>Phlebotomy Classes offered: call for dates &amp; times</p>
<p><b>Training Resources of America</b> 2 Foster Street Worcester MA 01608</p> <p>Contact <b>Michael Quigley</b> (508) 753-2991</p>	<p><b>YouthBuild Program- HiSET and Job Readiness program</b></p> <ul style="list-style-type: none"> <li>• <i>Learn carpentry skills and work towards future goals</i></li> <li>• <i>Earn two national industry certifications- OSHA 10 and HBI PACT Certification in Construction</i></li> </ul> <hr/> <p><i>Achieve! Program! (16-21)</i> <i>Earn a national industry recognized NRF Customer Service Certificate, and work to getting you HiSET diploma.</i></p> <hr/> <p><i>Career Pathways- ESOL program, with a manufacturing training component.</i></p>	<p>Free to qualified individuals. No minimum education required, must be ages 16-24</p> <hr/> <p>Free to qualified individuals. No minimum education required, must be ages 16-21</p> <hr/> <p>Free to qualified individuals. No minimum education required, must be ages 16 and up</p>	<p>Monday-Friday 9-3:00</p> <hr/> <p>Monday-Friday 9-3</p> <hr/> <p>Tuesday, Wednesday and Thursday- 3:30-8:00</p>
<p><b>Worcester Community Action Council, Inc. Job and Education Center</b></p> <p>484 Main Street Room 203 Worcester, MA 01608 Call (508) 754-1176 ext. 234</p>	<p><b>Youth Employment Seminar:</b> <i>5 weeks of work readiness training for ages 17-21. Topics include résumé writing, mock interviews, job searching, and workplace culture.</i></p> <p><b>YouthWorks Year-Round Jobs Program:</b> <i>1 week of work readiness training followed by 6 weeks of professional paid employment for out-of-school youth ages 17-21.</i></p> <p><b>YouthWorks Summer Jobs Program:</b> <i>15 hours of work readiness training followed by 7 weeks of professional paid employment for youth ages 16-21.</i></p> <p><b>Secure Jobs Initiative:</b> <i>Program to provide homeless families with job readiness and employment placement assistance.</i></p>	<p>FREE – All Programs</p> <p>Open to income-eligible youth ages 16-21 who reside in Worcester</p>	<p>Walk-ins welcome Monday-Friday 8:30am-4:30pm</p> <p>Come in and learn about upcoming opportunities!</p>

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<p><b>Worcester Housing Authority</b>  Sites throughout Worcester  Call  (508) 635-3306</p> <p>Resident Opportunities &amp; Self Sufficiency (ROSS):  Contact  <b>Yarilys Allende</b>  (508) 635-3256  34 Great Brook Valley Ave.  Suite 4  Worcester, MA</p> <p>Family Self Sufficiency (FSS):</p> <ul style="list-style-type: none"> <li>Public Housing Residents Contact <b>Carl Murphy</b> at (508) 635-3262</li> <li>Section 8 Participants should contact <b>Melissa Medera</b> at (508) 635-3145</li> </ul> <p>Located at 32 Great Brook Valley Avenue  Suite 3  Worcester, MA</p> <p>A Better Life (ABL)  Contact  <b>Carlton Watson</b> at (508) 635-3271  Located at  34 Great Brook Valley Ave.,  Suite 5  Worcester, MA</p>	<p><i>Worcester Housing Authority Self Sufficiency Programs</i></p> <ul style="list-style-type: none"> <li><b>Resident Opportunities &amp; Self Sufficiency (ROSS):</b> <i>assistance, support and referrals including ESL/HiSET programs, resume writing, employment applications</i></li> <li><b>Family Self Sufficiency Program (FSS):</b> <i>a voluntary program to help federally aided residents reach economic self-sufficiency through education and employment services. FSS clients put aside money that would normally go to a rent increase and save it for their own future use.</i></li> <li><b>A Better Life Program (ABL):</b> <i>families work with a case manager in this 5 year program to reach economic independence an self-sufficiency and even home ownership.</i></li> </ul>	<p>Free to eligible Worcester Housing Authority Families – call for more information</p>	<p>Programs offered at different days / times</p>
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<p><b>Worcester Jobs Fund</b> 340 Main St. Suite 400 Worcester, MA 01608 Contact: <b>Kelsey Lamoureux</b> 508-373-7641 <a href="mailto:LamoureuxK@worcesterma.gov">LamoureuxK@worcesterma.gov</a></p>	<p>The Worcester Jobs Fund was created to better connect Worcester residents with good jobs made available through development projects and job expansion activities.</p> <p>Current Programming includes:</p> <ul style="list-style-type: none"> <li>• <b>Worcester Building Pathways Pre-Apprenticeship Training Program</b> – 300 hours of exploratory construction training</li> <li>• <b>Commercial Driver’s License Training</b> (Class A and Class B) – classroom and driving instruction to earn CDL Class B or Class A license.</li> <li>• <b>Diesel Technician Pre-Apprenticeship Training</b> – 60 hours of training in preventative &amp; maintenance skills, diesel theory and shop safety.</li> </ul> <p>All participants receive case management and job search assistance.</p>	<ul style="list-style-type: none"> <li>• For low-income individuals ages 18+</li> <li>• Preference giving to women, minorities, and Worcester Residents</li> <li>• Individual training programs vary on specific program requirements.</li> </ul>	<p>Programs offered Monday-Friday 7:00am – 6:00pm (schedules vary based on program)</p> <p>All programs are FREE.</p>
<p><b>Worcester Public Schools Adult Continuing Education Programs</b> 24 Chatham Street Worcester, MA 01609 Call (508) 799-3090 (508) 799-3092</p>	<p><i>Medical Office Services Training Program offered by Worcester NightLife</i></p> <ul style="list-style-type: none"> <li>• <i>Includes Job Search Assistance</i></li> </ul>	<ul style="list-style-type: none"> <li>• For ages 18+ with high school diploma or HiSET (formerly known as GED)</li> <li>• Cost is \$5000.00 (contact the office for payment assistance)</li> <li>• CORI checked and proof of immunization required</li> </ul>	<p>Monday – Friday, 9:00am-2:00pm</p>
<p><b>Worcester Youth Center</b> 326 Chandler Street Worcester, MA 01602 (508)791-4702</p>	<p><i>High School Equivalency</i></p> <ul style="list-style-type: none"> <li>• <i>Self-paced study program leading to HiSet certification. Connections to higher education</i></li> </ul> <p><i>Work Readiness Courses</i></p> <ul style="list-style-type: none"> <li>• <i>20 hour course leading to completion of work readiness portfolio. May include subsidized paid employment depending on availability.</i></li> </ul>	<p>Free, Ages 16 – 24</p> <p>Free, Ages 14- 24</p>	<p>Classes meet daily, year-round. New applicants must call to set up an appointment.</p> <p>Year round, by appointment. New applicants must call to set up an appointment</p>

<p><b>YOU, Inc.</b> 81 Plantation Street Worcester MA 01604</p> <p>Call Centralized Intake for more information: 508-849-5600 x421</p>	<ul style="list-style-type: none"> <li>• <b>Adult Basic Education/Education for Employment</b> provides structured academic supports and tutoring to students who have dropped out of a traditional high school, with a goal of obtaining a General Education Diploma (GED). The programs provide students with the tools necessary to improve their academic performance, obtain their GED, matriculate to higher education, or become successful in a work environment.</li> <li>• <b>Upward Bound (Bruce Wells Scholars) and Dynamy Youth Academy</b> provide comprehensive academic and personal supports, college and career planning, life skills and job readiness training, and internship opportunities for promising but at-risk high school students from the Worcester public high schools.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Adult Basic Education/Education for Employment:</b> The Education for Employment program is free to eligible participants aged 16-21</li> <li>• Students must be U.S. citizens who have dropped out of a traditional high school and meet at least one of the following criteria: economically disadvantaged and receiving assistance, disabled, on a current Individualized Education Plan, or in DYS or DCF custody. Students must test above the 6th grade equivalent to be considered for the program.</li> <li>• <b>Upward Bound (Bruce Wells Scholars) and Dynamy Youth Academy:</b> Students served are between 13 and 19 years old; in both programs, students are invited during the eighth grade to apply for and join the program in the next academic year. Students must meet one or more of the following criteria: at-risk based on family income guidelines, exhibit the potential to succeed in college, and be the first generation of their family to attend college.</li> </ul>	<p>Classes meet at various times Monday – Friday, 9:00am-5:00pm</p>
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*Developed by Ascentria Care Alliance, the Central MA Workforce Investment Board, the Worcester Community Action Council, Worcester Interfaith, Workforce Central Career Center and the parents and staff of Worcester Community Connections of YOU, Inc.*