

November 2016

Worcester Community Connections Coalition &
Worcester Connections Family Resource Center
484 Main Street 4th Floor - Suite 450
Worcester, MA 01608
Main Phone: 508-796-1411
FAX: 508-796-1455



PLEASE NOTE
THE INFORMATION ABOUT OPENINGS
MAY NOT BE ACCURATE AT THE TIME YOU
ARE VIEWING, PLEASE CALL FOR UPDATES.

READ, PLAY, CREATE 10a-11:30a—
MONDAY'S 7, 14, 21, & 28
PARENT/CHILD ACTIVITY



NURTURING FATHER'S
THURSDAY EVENINGS
NO GROUP ON 11-24-16.
NOVEMBER 3, 10, & 17
REGISTRATION: CLOSED
5:00P-7:30P



Ths/Fri
CLOSED 11/24&25/16
IN RECOGNITION OF THANKSGIVING HOLIDAY

PARENTING JOURNEY

PRESENTED IN ENGLISH
TUESDAYS 1, 8, 15, 22, & 29
9:30a-11:30a

PRESENTED IN SPANISH
THURSDAYS 3, 10, & 17
9:30a-11:30a
REGISTRATION: CLOSED
No group on 11-24-16

WCCC FAMILY NEEDS
Tuesday, NOVEMBER 15, 2015
5p-6:30p
REGISTRATION OPEN

NURTURING FAMILIES
IN SUBSTANCE ABUSE
TREATMENT
*WEDNESDAY EVENING
5P-7:30P
NOVEMBER 2, 2016
GRADUATION!
REGISTRATION: CLOSED

GRANDPARENTS
GROUP
1ST & 3RD WEDNESDAYS
NOVEMBER 2, 16, 2016
11:00 a.m. - 12:00 a.m.
584 Park Avenue
South Bay Community Services
REGISTRATION OPEN
TWICE EACH MONTH

Parenting with Love and Logic

November 9 & 17, 2016
5 P.M.-7:30 P.M.
REGISTRATION - OPEN
Location—OFF SITE!

PRESENTED IN SPANISH
PRESENTADO en ESPAÑOL

SELF CARE

Weekly Support Group
Spanish
Wednesday's
NOVEMBER 2, 9, 23, & 30
9:30a-11:00a
&
EDUCATIONAL WORKSHOP
NOVEMBER 16 @ 9:30A-11:30A

Open Saturday 11-5-16 & 11-19-16
FROM 9 a.m.-12 p.m.

THERE'S ALWAYS SOMETHING HAPPENING AT THE WCRC!

Please see descriptions for each event listed on reverse. Check our website & Fa-

www.worcestercommunityconnections.org or facebook.com/worcesterccc



Family Needs - at WCFRC, 484 Main St, 4th Floor - Suite 450 Worcester

Call Sarah Bertrand at 508-796-1411 Ext. 420 (Meets monthly from October-June)

- Are you stressed or overwhelmed? Get connected to resources and support. Help to improve services in Worcester.
- For all parents. A light dinner and supervision of children is provided.

English Parenting Journey - at WCFRC, 484 Main ST, 4th Floor - Suite 450, Worcester

Call Esther at 508-796-1411 to register (Offered twice a year, in fall and spring)

- Parenting Journey is a 12 week curriculum designed for parents who want to learn more about themselves, their childhood relationships and the relationships with their children. Obtain parenting resources.
- Refreshments and supervision of children is provided.

Spanish Parenting Journey-at Worcester Connections Family Resource Center, 484 Main St., 4th Floor - Suite 450, Worcester

Call Rosa Salazar at 508-796-1411 Ext. 416 to register. Please see description above.

Nurturing Parenting Programs- (in partnership with DCF and South Bay Early Intervention-group location, South Bay)

Call Pam Moshier at 508-796-1411 ext. 417 to register. (Offered once per year)

- Presented by Worcester Connections Family Resource Center, South Bay Early Childhood and the Department of Children and Families.
- Nurturing Parenting Program is a 16 week curriculum for building healthy and caring families by enhancing self-worth, empathy, discipline, and empowerment. Learn the philosophy and skills of Nurturing Parenting, having fun, and growing closer as a family.
- A light dinner and program activities specifically designed for children is provided.

READ, PLAY, CREATE. Parent/Child Activities, at WCFRC, 484 Main St, 4th Floor - Suite 450 Worcester

Call Pam Moshier at 508-796-1411 ext. 417 (As Scheduled)

- This weekly parent/child activity is an opportunity to encourage reading through creating playthings and craft objects.
- MUST BE PRE-REGISTERED, WALK INS CANNOT BE ACCOMMODATED.

Parenting with Love & Logic. - at YWCA-1 Salem Square; Worcester, MA 01605

Call Esther Boama-Nyarko at 508-796-1411 register.

A collaboration of Worcester Public Schools, YWCA, and Worcester Community Connections Coalition Resources and Referral Center.

- This program will give parents strategies to reduce behavioral problems, increase motivation, build responsibility and resiliency.
- A light dinner and supervision of children will be provided.

Nurturing Father's Group-at WCFRC, 484 Main ST, 4th Floor-Suite 450

Call Pam Moshier at 508-796-1411 ext. 417 to register. (offered once per year is a 13 weeks program)

A collaboration of Worcester Public Schools, YWCA, and WCFRC

- This program will give parents strategies to reduce behavioral problems, increase motivation, build responsibility and resiliency.
- A light dinner and supervision of children will be provided.

Nurturing Families in Substance Abuse Treatment & Recovery

Call Pedro Espino at 508-796-1411 X 422 Another FRC/DCF Collaboration

- 17 Week, comprehensive topics focus on re-establishing connections with children and other family members
- Focus on the unique aspect of parenting during recovery, treatment and beyond active use. Successful parents and parenting partners at least 4-6 months into the recovery/treatment process;

Self-Care Support Group—Spanish -at WCFRC, 4th Floor - Suite 450, Worcester WEEKLY, Wednesday a.m. Must be pre-registered to attend.

Call Rosa Salazar at 508-796-1411 ext. 416 to register.

- For parents - run by parents. Come together to share and get support from other parents.
- Weekly attendance is optional, come when you can. Refreshments and supervision of children is provided.

Parent Educational Group-Bi-Lingual, Spanish/Eng. -at WCFRC 3rd Wednesday or as scheduled. Meets once per month.

Call Rosa Salazar at 508-796-1411 ext. 416 to register.

- Parent's select the topics for which they'd like to hear information.
- Refreshments and supervision of children is provided.

Grandparents Support Group-English and Spanish spoken. 1st & 3rd Wednesday. MUST be pre-registered. LOCATION 584 Park Avenue @ South Bay Community Services.

Call Anne Bureau at 508-796-1411 ext. 418 A time for grandparents raising their grandchildren to bring ideas and questions about resources and collect ideas relevant to their special situation. Drop in group, you must RSVP as we often use volunteers to assist in facilitation.

Nurturing Parenting of Teens. Please check calendar for specific dates.

Call Monique Cabral at 508-796-1411 ext. 412.

- 6 weeks group for parents of teens who are interested in learning about interactive/nurturing parenting . Both parents are welcome to join.

Parent Café. Annual Event. All Parents Welcome. Casual conversation over dinner about parenting topics.

We offer many other events, including Family Outing, Computer Classes, Foster Home Recruitment Task Force, Annual Teen Expression, etc. Please call us for more information.

THERE'S ALWAYS SOMETHING HAPPENING AT THE WORCESTER CONNECTIONS FAMILY RESOURCE CENTER.