

February 2018



Worcester Community Connections Coalition & Worcester Family Resource Center  
484 Main Street 4th Floor - Suite 460  
Worcester, MA 01608  
Main Phone: 508-796-1411



REGISTRATION OPEN

THERE'S ALWAYS SOMETHING HAPPENING AT THE WCFRC!

WORCESTER CONNECTIONS FAMILY RESOURCE CENTER OF YOU, Inc.  
484 Main Street Suite 460 Worcester, MA 01608

16 weeks presented in a 2-part Series

### NURTURING PARENTING FOR FAMILIES IN SUBSTANCE ABUSE TREATMENT AND RECOVERY

Wednesdays starting February 21st, 2018  
5pm-7pm

Phone: 508-796-1411 x 422  
Ask for SHAINY, Register NOW!

DENHOLM BUILDING ON BUS LINE  
DINNER AND CHILDCARE PROVIDED

- Face Your Parenting Challenges in a supportive atmosphere.
- Better understand your child's behavior in the context of disruptions to attachment, re-attachment, and child development.
- Learn to challenge in a class specifically designed to address the impact of addiction on the parenting role.



### WE ARE NOT ALONE

#### Support group for parents and caregivers of children with special needs

Meet with other parents and caregivers to discuss strengths, challenges, caregiving tips, and community resources. Connect with fellow community members. Food provided. Childcare available. Call to inquire!

2nd & 4th Wednesdays of the month  
10:30 a.m. to 11:30 a.m.  
Suite 450

Upcoming dates: 2/14/18, 2/28/18, 3/14/18, 3/28/18  
For more information, contact Lori at 508-796-1411 x419

### YWCA, Salem Square

#### HELLO PARENTS!!!!



Do you have a child between the ages of birth and four (4) years old? Are you looking to help them get some "school" time?

#### TAKE THEM TO PLAYGROUP!

**Fridays 10:15-11:45 am**  
No charge to attend.

Held at the YWCA, one Salem Square  
Sponsored by Worcester Family Partnership and The Worcester Family Resource Center of YOU, Inc.

### Nurturing Fathers' Group

Must call to register

Date and time TBA

For 14 weeks

484 Main st Worcester Ma 01608

Call 508-796-1411

### TEEN SOCIAL GROUP

#### FIRM STEPS!!!

A support group for teenagers between the ages of 13 and 16. Teens will explore different activities such as: social skills discussions, arts and crafts, and much, much more.

Snacks & Refreshment Provided!

Where: Worcester Family Resource Center  
484 Main St. Suite 450  
Worcester MA 01608

When: Every Wednesday  
Starting 01/17/2018  
from 3:30pm -5:00pm

For Information Please Contact Alex @ (508) 796-1411 ext. 420



### Worcester Community Connections Coalition Family Needs Committee

The Family Needs Committee is dedicated to improving access to community resources, ensuring that services meet the needs of people, and bringing out the voices and perspectives of local residents in the planning of local resources.

Food and childcare provided!

Join this meeting to connect with other families, ask questions, and share your experiences.

Please contact Sarah at 508-796-1411 ex. 421 with questions.

Tuesday, February 13  
5:00-6:30 PM



Worcester Community Connections Coalition  
Denholm Building  
484 Main St. Suite 450  
(Fourth floor)  
Worcester, MA 01608

PRESENTED IN SPANISH  
PRESENTADO en ESPAÑOL

### SELF CARE

Weekly Support Group  
Spanish  
Wednesdays  
Feb 7, 14, 21, 28  
9:30a-11:30a

OPEN THESE WEEKEND DAYS:  
FEBRUARY 3RD AND 17TH  
CALL FOR AN APPOINTMENT

PLEASE NOTE:  
THE INFORMATION ABOUT OPENINGS MAY NOT BE ACCURATE AT THE TIME YOU ARE VIEWING, PLEASE CALL FOR UPDATES.