

August 2017



Worcester Community Connections Coalition &
Worcester Family Resource Center
484 Main Street 4th Floor - Suite 450
Worcester, MA 01608
Main Phone: 508-796-1411
FAX: 508-796-1455



Parenting in America



A 10 session parent education series that addresses the unique challenges that immigrant parents face as they – and their children – adapt to the American Culture.

Starts: Monday July 24th *8 Week Program, we will accept families within the first two weeks*

Location: South Bay Community Services 548 Park Ave. Worcester, MA 01603

Contact: Call 508-796-1411 x 418 for more information and to Register

Light refreshments and childcare will be provided

For this group there will be translations available in Arabic

GRANDPARENTS GROUP

1ST & 3RD WEDNESDAYS

August 2, 16, 2017

11:00 a.m. - 12:00 p.m.

584 Park Avenue
South Bay Community Services

REGISTRATION OPEN

TWICE EACH MONTH



SELF CARE

Weekly Support Group
Spanish

Wednesday's

August 2, 9, 16, 23 & 30

9:30a-11:30a

REGISTRATION OPEN

Juvenile Justice 101

Participants will learn: How youth enter the Juvenile Justice system; Understanding police encounters; Laws that guide mental health; Re-entry needs & challenges; Massachusetts system reform efforts

Free for all parents/caregivers raising children, teens and young adults with mental health needs

WHEN: August 9, 2017 from 5:30pm – 7:30pm **RSVP:** Training@ppal.net or 508-767-9725 **WHERE:** Worcester Connections Family Resource Center 484 Main Street Suite 460,

WCCC FAMILY NEEDS

Join us in the Fall
5p-6:30p

REGISTRATION OPEN



TEEN'S SOCIAL GROUP
FIRM STEPS!!!

A six weeks support group for teenagers between the ages of 12 and 15 which will explore different activities such as social skills discussions, arts and craft, cooking and much more.

» **Where:** Family Resource Centers
484 Main St. Suite 450
Worcester MA 01608

» **When:** Starting Thursday 07/13/17
thru 08/17/17 from
1:30pm – 3:00pm

Snacks & Refreshments Provided!

For Information Please Contact
Alex @ (508) 796-1411 ext. 420



NURTURING TOUCH 10:30a-11:30a

INFANT MASSAGE, UNDER 18 MONTHS



MONDAY'S: 7, 14, 21, 28



YOUNG PARENT HOPE

PLEASE NOTE
THE INFORMATION ABOUT OPENINGS
MAY NOT BE ACCURATE AT THE TIME YOU
ARE VIEWING, PLEASE CALL FOR UPDATES.

THERE'S ALWAYS SOMETHING HAPPENING AT THE WCFC!

Please see descriptions for each event listed on reverse. Check our website & Facebook

Www.worcestercommunityconnections.org or facebook.com/worcesterccc

Open these weekend days
August 5 & 19
Call for an appointment

Family Needs - at WCFRC, 484 Main St, 4th Floor - Suite 450 Worcester

Call Sarah Bertrand at 508-796-1411 Ext. 420 (Meets monthly from October-June)

- Are you stressed or overwhelmed? Get connected to resources and support. Help to improve services in Worcester.
- For all parents. A light dinner and supervision of children is provided.

English Parenting Journey - at WCFRC, 484 Main ST, 4th Floor - Suite 450, Worcester

Call 508-796-1411 to register (Offered twice a year, in fall and spring)

- Parenting Journey is a 12 week curriculum designed for parents who want to learn more about themselves, their childhood relationships and the relationships with their children. Obtain parenting resources.
- Refreshments and supervision of children is provided.

Spanish Parenting Journey-at Worcester Connections Family Resource Center, 484 Main St., 4th Floor - Suite 450, Worcester

Call Rosa Salazar at 508-796-1411 Ext. 416 to register. Please see description above.

Nurturing Parenting Programs- (in partnership with DCF and South Bay Community Services-group location, South Bay)

Call Pam Moshier at 508-796-1411 ext. 417 to register. (Offered once per year)

- Presented by Worcester Connections Family Resource Center, South Bay and the Department of Children and Families.
- Nurturing Parenting Program is a 16 week curriculum for building healthy and caring families by enhancing self-worth, empathy, discipline, and empowerment. Learn the philosophy and skills of Nurturing Parenting, having fun, and growing closer as a family.
- A light dinner and program activities specifically designed for children is provided.

Nurturing Touch. Parent/Child Activities, at WCFRC, 484 Main St, 4th Floor - Suite 450 Worcester

Call Pam Moshier at 508-796-1411 ext. 417 (As Scheduled)

- This weekly parent/child activity is an opportunity to encourage bonding with your very young child through infant massage and touch.
- MUST BE PRE-REGISTERED, WALK INS CANNOT BE ACCOMMODATED.

Parenting with Love & Logic.

Call 508-796-1411 to register.

A collaboration of Worcester Public Schools, Worcester Family Partnerships, and Worcester Connections Family Resource Center.

- This program for parents of child under age 5, will give parents strategies to reduce behavioral problems, increase motivation, build responsibility and resiliency.
- A light dinner and supervision of children will be provided.

Nurturing Father's Group-at WCFRC, 484 Main ST, 4th Floor-Suite 450

Call Pam Moshier at 508-796-1411 ext. 417 to register. (offered once per year is a 13 weeks program)

A collaboration of MA DCF and WCFRC

- Focuses on the special role of the male care-giver and can offer strategies to reduce behavioral problems, increase motivation, build responsibility and resiliency.
- A light dinner and supervision of children will be provided.

Nurturing Families in Substance Abuse Treatment & Recovery

Call Pedro Espino at 508-796-1411 X 422 Another FRC/DCF Collaboration

- 17 Week, comprehensive topics focus on re-establishing connections with children and other family members
- Focus on the unique aspect of parenting during recovery, treatment and beyond active use. Successful parents and parenting partners at least 4-6 months into the recovery/treatment process;

Self-Care Support Group—Spanish -at WCFRC, 4th Floor - Suite 450, Worcester WEEKLY, Wednesday a.m. Must be pre-registered to attend.

Call Rosa Salazar at 508-796-1411 ext. 416 to register.

- For parents - run by parents. Come together to share and get support from other parents.
- Weekly attendance is optional, come when you can. Refreshments and supervision of children is provided.

Parent Educational Group-Bi-Lingual, Spanish/Eng. -at WCFRC 3rd Wednesday or as scheduled. Meets once per month.

Call Rosa Salazar at 508-796-1411 ext. 416 to register.

- Parent's select the topics for which they'd like to hear information.
- Refreshments and supervision of children is provided.

Grandparents Support Group-English and Spanish spoken. 1st & 3rd Wednesday. MUST be pre-registered. LOCATION 584 Park Avenue @ South Bay Community Services.

Call Anne Bureau at 508-796-1411 ext. 418 A time for grandparents raising their grandchildren to bring ideas and questions about resources and collect ideas relevant to their special situation. Drop in group, you must RSVP as we often use volunteers to assist in facilitation.

Families/Teens in Action. Please check calendar for specific dates.

Call Monique Cabral at 508-796-1411 ext. 412.

- 6 weeks group for parents of teens who are interested in learning about interactive/nurturing parenting . Both parents are welcome to join. Parents and teens attend.

Parent Café. Annual Event. All Parents Welcome. Casual conversation over dinner about parenting topics.

We offer many other events, including Family Outing, Computer Classes, Foster Home Recruitment Task Force, Youth Groups, etc.

Please call us for more information.

THERE'S ALWAYS SOMETHING HAPPENING AT THE WORCESTER CONNECTIONS FAMILY RESOURCE CENTER.