

After School, Summer Camp, and Respite Programs for Children with Special Needs in Central MA

Updated 3/16/2017

After School Programs						
Name of Program	Agency & Contact	Special Needs Category Served and Special Services Offered	Ages Served	Dates and Times Offered	Program Eligibility / Cost / Central MA Towns Served	Language Capacity / Transportation Availability
<p>After School and Saturday Program</p> <p><i>Assists African refugee and immigrant children in Worcester, MA, to achieve their educational, cultural, and social goals while guiding them to become competent and responsible citizens. The After School program provides a space where our students can go to get homework help. Tutors from local colleges and the Worcester community come to work one-on-one with each student to give them the individual attention they need. Snacks are provided. The Saturday Program provides students with a full day of schooling which</i></p>	<p>African Community Education Program 24 Chatham St Worcester, MA</p> <p>Contact Name: Benjamin Kagigi</p> <p>Email: refer@acechildren.org</p> <p>Phone: 508-799-3653</p> <p>Website: www. Acechildren.org</p>	<p>Call to inquire re. the needs of the particular child</p> <hr/> <p>Small Group support</p>	<p>5th grade to 12th grade</p>	<p>Follows the School Year 2:30-6:00PM</p> <hr/> <p>Saturdays from 8:30am – 2:30pm</p>	<p>For African refugee and immigrant children</p> <hr/> <p>Open Referral</p> <hr/> <p>No Cost</p> <hr/> <p>Central MA Towns Served: Worcester</p>	<p>Various African languages</p> <hr/> <p>Bus passes provided, if needed</p>

<p><i>includes remedial academic instruction, tutoring, reading groups, extracurricular activities and a meal.</i></p>						
<p>Music and Theatre Program</p> <p><i>A community school for South Central Mass offering developmentally appropriate music, theater and private instrumental vocal programs for all ages</i></p>	<p>Apple Tree Arts 1 Grafton Common Grafton, MA</p> <p>Contact Name: Kathy Vandenberg, Business Director</p> <p>Email: info@appletreearts.org</p> <p>appletree75@yahoo.com</p> <p>Phone: 508-839-4286</p> <p>Website: www.appletreearts.org</p>	<p>Early childhood music and movement programs, group keyboard classes, private instrument programs, voice lessons, ensembles</p>	<p>Birth - Adult</p>	<p>Varies per program</p>	<p>Open referral</p> <hr/> <p>Program Cost: Private Pay, Some Scholarships available</p> <hr/> <p>All towns served</p>	<p>English & Russian, varies depending on teacher</p> <hr/> <p>Parent / Caregiver responsible for transportation</p>
<p>Behavioral Concepts Inc. (BCI)</p> <p><i>We offer Social Skills Groups with peer models and in-home private ABA services</i></p>	<p>Behavioral Concepts Inc. (BCI) 170 Goddard Memorial Drive Worcester, MA</p>	<p>Special Needs Category: Emotional/Behavioral/Mental Health</p> <p>Special Services</p>	<p>Infant (0-3 yrs.) Preschool (4-5 yrs.) Elementary (6-11 yrs.)</p>	<p>Program Dates: Early intervention Services M-F</p>	<p>Autism diagnosis and recommendation for behavioral therapy from physician</p>	<p>Behavioral Concepts Inc. (BCI)</p> <p><i>We offer Social Skills</i></p>

<p><i>for student's with autism, all major insurance companies and private pay are accepted. Our groups run every Saturday from 930-1230 as well as additional hours scheduled during all school vacations. We will be looking to add additional services during the summer around the Worcester Summer School programs. Please see our website for additional information: www.bciaba.org</i></p>	<p>Contact Name: Christian Tsetsos ctsetsos@bciaba.org</p> <p>Phone: 508-363-0200</p> <p>Website: www.bciaba.org</p> <p>Our President & Executive Director is Dr. Jeff Robinson</p>	<p>Offered:</p> <p>1:1 Support, Assistive Technology, ABA, Behavioral Support, Sign Language, Small Group Support, Special Dietary Needs, Behavior Management, Toileting, ABA Therapy for individuals on the Autism Spectrum, Insurance Based ABA Therapy, Early Intervention Services, ABA Home Based Services, After School Social Skills Summer Specialty Group</p>	<p>Middle School (12-14 yrs.) High School (15-18 yrs.) Transitional (19-22 yrs.) Young Adult (22+ yrs.)</p>	<p>Afterschool Social Skills 3:30-6:30 (school age and teens)</p> <p>Summer and Weekends all year round 12:30 – 3:30</p> <p>See website for more information</p> <p>No summer only program, but are open for current clients in the summer.</p>	<p>required for health insurance coverage</p> <p>We accept most major private health insurance plans, as well as most MassHealth</p> <p>Massachusetts Autism Waiver Program</p> <p>Paid for through DPH for Elderly</p> <p>**An Individual must have an Autism Spectrum Diagnosis and ABA Recommendation on letter from a physician in order for health insurance to cover the services</p> <hr/> <p>All towns served</p>	<p><i>Groups with peer models and in-home private ABA services for student's with autism, all major insurance companies and private pay are accepted. Our groups run every Saturday from 930-1230 as well as additional hours scheduled during all school vacations. We will be looking to add additional services during the summer</i></p>
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						around the Worcester Summer School programs. Please see our website for additional information: www.bciaba.org
Various social activities and programs for people of all ages with special needs and their families; i.e., parent nights out, painting parties, bowling league, calming yoga, etc.	<p>Diamond is the Sky</p> <p>P.O. Box 20234 Worcester, MA 01602</p> <p>Email (best way to contact): sean@dits.org</p> <p>774-823-5016</p> <p>www.dits.org</p>	<p>Special Needs Category: For parents of children with Autism and other Special Needs and their families</p> <p>Special Services Offered: N/A - Most activities are for parents/caregivers and children together.</p>	<p>Open to all, including families of children with special needs and children without. Go to www.dits.org for</p> <p>Most activities are for parents/caregivers and children together.</p>	<p>Visit www.dits.org for more information</p>	<p>Open to all, including families of children with special needs and children without.</p>	<p>Can try to accommodate various language needs with advance notice.</p>

<p>School Vacation Week and Holiday Programs</p> <p>Autism friendly programs for the whole family</p>	<p>HMEA's Autism Resource Central</p> <p>71 Sterling Street West Boylston, MA</p> <p>508-835-4278</p> <p>www.autismresourcecentral.org</p>	<p>Special Needs Category Served: Autism Spectrum</p> <p>Special Services Offered</p> <p>Autism friendly programs for the whole family</p>	<p>Up to age 18</p>	<p>Program Dates: Programs available year round</p>	<p>Program Cost: Minimal fee and family rate, registration fees vary</p> <p>_____</p> <p>All towns served</p>	<p>English</p> <p>_____</p> <p>No transportation available</p>
<p>Special Community</p> <p><i>We run an after school program for individuals over the age of 16 with special needs. All of our activities are designed to have a component of skill building and fun. Activities include snack prep, healthy cooking classes, art, movie making, outdoor games, theme weeks, musical therapy, healthy cooking classes and yoga. Our programs run on a 1:4 ratio. Participants need to be able to communicate, be independent in their ADL skills, and be safe in this ratio</i></p>	<p>Kennedy Donovan Center</p> <p>171 Main Street, 3rd floor Milford, MA</p> <p>Contacts: Ann Marie Rivers arivers@kdc.org</p> <p>Phone: (508) 473-5700 TTY: (508) 543-2542</p> <p>Websites: www.kdc.org kdcinfo@kdc.org</p>	<p>Special Needs Category Served: Developmental Disability Physical Disability</p> <p>Special Services Offered: See website for a variety of serves offered</p> <p>Handicap Access **Parent Support Group every other week. ** Provide assistance to families through short term navigation ** Accessing: State assistance with MassHealth, Social Security, Respite, Food Stamps, etc.</p>	<p>Afterschool program for 16+</p> <p>Programming available for ages 7-22 and parents/caregivers</p>	<p>After school Program: M-F 2:00 – 6:00 Located at Milford High School</p> <p>Call or check the website for dates and times of other programs</p>	<p>Open referrals</p> <p>_____</p> <p>\$30 per day</p> <p>_____</p> <p>Towns Served:</p> <p>Blackstone Valley Area</p>	<p>English</p> <p>_____</p> <p>Some transportation offered by the school system depending on where you live</p>

<p>One Accord After School</p> <p><i>An after school program for grades 1-11 that offers homework support, tutoring, and STEM/STEAM Saturday programs.</i></p> <p><i>There are also summer programs that include outdoor and out of city trips.</i></p>	<p>The One Accord Group 5 Blackstone River Road, Worcester, MA</p> <p>774-232-0055</p> <p>theoneaccord@yahoo.com</p> <p>www.oneaccordgroup.net</p>	<p>Offers homework support, tutoring in math and reading, and STEM/STEAM Saturday programs</p>	<p>Grades 1-11</p>	<p>After School Program runs Mondays, Wednesdays, and Thursdays from 4-6PM</p> <p>Saturday program runs from 12-3PM</p>	<p>Open Referral</p> <hr/> <p>Program Cost Some fee, fee varies, call for details</p>	<p>English</p> <hr/> <p>Parent/ Caregiver responsible for transportation</p>
<p>Rein in a Dream</p> <p><i>Rein in a Dream specializes in therapeutic riding/horsemanship and animal assisted activities. The program serves children starting at 2 years of age and adults with mental health, emotional, learning and intellectual challenges, and can provide services to individuals with moderate physical challenges. Riding lessons are structured to include activities that enhance the student's individual goals. Along with learning riding skills; students learn how to halter, lead, groom, and tack the horses. Students are also introduced to</i></p>	<p>Perkins Community Services 971 Main Street Lancaster, MA</p> <p>Contact Name: Cherie Ansin Email: cansin@perkinschool.org</p> <p>Phone: 978-368-4804</p> <p>Website: www.perkinsprograms.org</p> <p>Program Page:</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability Medically Complex Care Physical Disability - Moderate</p> <p>Special Services Offered 1:1 Support Behavioral Support Sign Language Small Group Support Behavioral Management</p>	<p>Preschool (4-5 yrs.) Elementary (6-11) Middle School (12-14 yrs.) High School (15-18 yrs.) Transitional (19-22 yrs.) Any Age</p>	<p>Program operates year round</p> <p>Open registration</p> <p><i>Hours of Operations: Sunday-Saturday 8:30AM-8PM lessons are offered year round</i></p>	<p>Open Referral</p> <hr/> <p>Program Cost \$25-\$65 depending type of program, Scholarships available</p> <hr/> <p>Central MA towns served: Serves all towns</p>	<p>English, Spanish, French & Sign Language</p> <hr/> <p>Parent / Caregiver responsible for transportation</p>

<p>natural horsemanship techniques and to various equine topics. RIAD also offers small animal care programs focusing on humane education. Recreational lessons are offered in a non-competitive environment. RIAD also develops programs to meet the needs of schools or community agencies interested in alternative interventions for their students or clients.</p>	<p>www.perkinsprograms.org/alternative-learning/rein-in-a-dream/</p>					
<p>Stepping Stone Community Theatre</p> <p><i>An inclusive theatre company that explores theater arts for teens and adults</i></p> <p>*call to get on mailing list to receive notification of registration deadline</p>	<p>Stepping Stone Community Theatre 34 Longfellow Road Shrewsbury, MA 01545</p> <p>Rehearsals, productions and workshops are held at: 50 Douglas Road Whitinsville, MA 02588</p> <p>Phone: 508-842-1065</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health, Developmental Disability, Medically Complex Care</p> <p>Stepping Stones Community Theatre is an inclusive theater company providing theatrical experience to people of all abilities</p>	<p>12 – 99yrs</p>	<p>Acting workshops are held in the fall and the main stage production is in the spring</p> <p>Call for more information</p>	<p>Open Referral</p> <p>_____</p> <p>Program Cost: Theatre Production is free, Workshop cost is \$30 Scholarships</p> <p>_____</p> <p>All towns served</p>	<p>English</p> <hr/> <p>Parent / Caregiver responsible for transportation</p>

	Website: <i>www.alternatives.net.org</i>					
<p>Our Worcester Aftercare programs <i>help bridge the gap between lock-up and independence for youth as they leave the juvenile justice system and transition to successful independent living.</i></p> <p><i>Worcester Aftercare offers a variety of programs and services that include educational opportunities, Straight2Work job readiness training, and on-site employment through Straight Ahead's social ventures.</i></p> <p><i>Youth can also find the support and encouragement of mentors and life coaches, become peer group leaders, participate in community outreach, and participate in creative arts or recreational opportunities at Straight Up Community Center.</i></p>	<p>Straight Ahead Ministries 791 Main Street Worcester, MA 01610</p> <p>Phone: (508)753-8700</p>	<p>Special Needs Category: Safety Management</p> <p>Special Services Offered: 1:1 support Behavior support Small group support</p>	<p>High School (14-18 yrs.) Transitional (19-24 yrs.)</p>	<p>Dates: Offered throughout the school year</p>	<p>Open Referral, but youth must be court - involved</p> <hr/> <p>Free</p> <hr/> <p>Serves Worcester and Lynn, MA</p>	<p>English & Spanish</p> <hr/> <p>Transportation provided by the program</p>

<p>Family Services – Sports Recreation and Leisure Programs: Music Therapy, Fitness, Dance, Art, Nutrition and Various Sports</p> <p><i>Seven Hills Families Services is pleased to be able to facilitate sports, both recreational and competitive teams, recreational activities, and leisure programs for children and adults throughout the Greater Worcester Area. We are able to offer a wide array of programs, all coordinated, supervised and coached by knowledgeable staff and talented volunteers. Many of the sports offer opportunities to compete in local and state tournaments. Generally, programs are offered in the evenings and weekends. Teams and programs are organized on a seasonal basis and registration is announced through the PRIDE newsletter.</i></p>	<p>Seven Hills Family Services</p> <p>799 West Boylston St., Worcester, MA</p> <p>Contact Name: Jen Bergstrom</p> <p>Email: jbergstrom@sevenhills.org</p> <p>Main Line Phone: (508) 796-1850</p> <p>Direct Line Phone: (508) 796-1861</p> <p>Website: www.sevenhills.org</p>	<p>Special Needs Category:</p> <p>Developmental Disability,</p> <p>Special Services Offered:</p> <p>Call to inquire re. the needs of the particular child</p> <p>*most programs take place at 150 Goddard Memorial Dr. Sports take place within the community</p>	<p>Preschool (4-5 yrs.), Elementary, Middle School (12-14 yrs.), High School (15-18 yrs.), Transitional (19-22 yrs.), Add-Adult (22+)</p>	<p>Varies per program</p>	<p>Open Referral _____</p> <p>Program Cost:</p> <p>Varies per program</p> <p>All towns served</p>	<p>English</p> <p>On bus line for some programs</p>
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<p>Sudbury Adaptive Sports and Recreation Program</p> <p><i>The Adaptive Sports & Recreation Program at the Sudbury Park & Recreation Department is committed to providing year round, affordable, community based programming for individuals with disabilities. Offering comprehensive and varied programs of recreation activities as well as resources for residents, we truly recognize the importance of recreation and leisure in the lives of all community members. The Adaptive Sports & Recreation program strives to improve the quality of life for children and adults with disabilities through continued and successful involvement in sports and recreation programs here in their own back yard</i></p>	<p>Sudbury Parks and Recreation Dept. 40 Fairbank Road Sudbury, MA</p> <p>Contact: Amber Forbes</p> <p>Phone: 978-639-3256</p> <p>comeaua@sudbury.ma.us</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability</p> <p>Special Services Offered Handicap Access Small Group Support</p>	<p>All ages welcome: Infants - Adult</p>	<p>Dates vary per program – call for more information</p> <p>*Call re. application deadlines</p>	<p>Open Referral</p> <hr/> <p>Program Cost: Scholarships available for Sudbury residents & sliding fee</p> <hr/> <p>All towns served</p>	<p>English</p> <hr/> <p>No transportation available</p>
<p>Adaptive Ski Program and Snowboarding</p> <p><i>We work to help people of all ages and abilities enjoy winter snow sports.</i></p> <p><i>The Wachusett Mountain</i></p>	<p>Wachusett Mountain 499 Mountain Road Princeton, MA</p> <p>Contact Name:</p>	<p>Special Needs Category Served: Cognitive or Physical Disability, Autism Spectrum</p> <p>Will work with any</p>	<p>Programs for Ages 6 +</p>	<p>Program Dates: December – late March</p> <p>Times: Vary per program</p>	<p>Open Referral, by appointment only</p> <hr/> <p>Program Cost:</p>	<p>English</p> <hr/> <p>Parent / Caregiver responsible for transportation</p>

<p><i>Adaptive Program uses up-to-date techniques and equipment to create a lesson environment which helps individuals build confidence and self-esteem while promoting independence and personal growth. Our objective is to provide an experience that will bring joy and a feeling of freedom to our students.</i></p>	<p>Adaptive Desk Ski School</p> <p>Phone: 978-464-2300 x3308</p> <p>adaptive@wachusett.com (email is probably the best)</p> <p>Website: www.wachusett.com</p>	<p>individual with any ability</p> <p>Ski instruction</p>			<p>Lesson is \$35.00 for 1.5 hour - 1:1 + rental and lift tickets (call or email for updated pricing)</p> <p>All towns served</p>	<p>on</p>
<p>Worcester Family Partnership <i>Offers playgroups and family activities for families with children birth to age 8. We welcome all families. Parents attend with their children, providing an opportunity for families to get to know each other.</i></p> <p>Parents must stay with children</p>	<p>Worcester Family Partnership</p> <p>130 Leeds Street Worcester, MA 01606 508-799-3136 Vietze@worc.k12.ma.us www.wfcp.worcesterschools.org</p>	<p>Special Needs Category: We welcome all families</p> <p>Special Services Offered: Small group support Play groups for Worcester families with children</p>	<p>Birth-8, call for specific programs</p>	<p>Weekdays</p>	<p>Open Referral: families can call the program directly</p> <p>Program Cost: Free</p> <p>Towns Served: Worcester</p>	<p>English and Spanish</p> <hr/> <p>French Arabic (upon request)</p> <p>Transportation available</p>
<p>Schools Out</p> <p><i>The School's Out Program provides experiences that promote self-esteem, independence and responsibility. Activities</i></p>	<p>YMCA of Central Massachusetts - Greendale Family Branch 75 Shore Drive Worcester, MA</p>	<p>Special Needs Category Served:</p> <ul style="list-style-type: none"> Emotional/Behavioral/Mental Health Developmental 	<p>Kindergarten – 6th grade</p>	<p>Program Dates:</p> <p>Monday-Friday Dismissal – 6PM</p>	<p>Open Referral & Referrals from: Autistic Resource Center and Child Care</p>	<p>English Spanish</p> <p>Some transportation available</p>

<p><i>include sports, games, music, crafts, multicultural activities, cooking, homework time, outdoor and indoor play. YMCA Greendale Summer camps strive to enhance social skills, support wellness and self-esteem and appreciate diversity.</i></p>	<p>Phone: 508-791-3181 x256</p> <p>gdustin@ymcaofcm.org</p> <p>Website: www.ymcaofcm.org</p>	<p>Disability</p> <ul style="list-style-type: none"> • Safety Management <p>Special Services Offered:</p> <ul style="list-style-type: none"> • Handicap Access • Medication Management • Small Group Support • Special Dietary Needs • Behavior Management <p>After School Program:</p> <ul style="list-style-type: none"> • Abby Kelley Foster Charter • Thorndyke Road School • Francis J. McGrath Elementary • Nelson place • Wawecus Road School • Flagg Street School • Clark Street School • Norrback Avnue School 			<p>Resources</p> <p>Program Cost:</p> <p>Income based Sliding scale fee, We accept vouchers</p> <p>Central MA Towns Served: Fitchburg, Holden, Princeton, Sterling and Worcester</p>	<p>from listed schools</p> <p>On Bus line</p>
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<p>PUNCH:</p> <p><i>A co-ed, once a week, insurance based outpatient group for youth ages 11-17 who have experienced difficulty managing their emotions and anger in one or more domains (home, school, community). The group consists of 9 group sessions and one family session.</i></p>	<p>Y.O.U. Inc. 81 Plantation Street Worcester, MA 01604</p> <p>call centralized referral at 1-855-496-8462</p>	<p>Special Needs Category Served:</p> <ul style="list-style-type: none"> Emotional / Behavioral/ Mental Health <p>Special Services Offered:</p> <ul style="list-style-type: none"> Clinical Counseling Small Group Support 	<p>Youth ages 11-17</p>	<p>No program deadlines</p>	<p>Open Referral & All Central MA towns served</p> <hr/> <p>Program Cost: Various insurances accepted</p>	<p>English</p> <hr/> <ul style="list-style-type: none"> On Bus line MART for clients with Mass Health
<p>Therapeutic Day Treatment/Youth Making a Difference:</p> <p><i>YMD a DCF referred 5 day a week therapeutic after-school and summer program for co-ed youth aged 11-17 who struggle with social skills, emotional control, and coping skills as a result of school, community or family disruptions. Activities include daily therapeutic groups and recreational activities along with individualized support and case management.</i></p>	<p>Y.O.U. Inc. 81 Plantation Street Worcester, MA 01604</p> <p>call centralized referral at 1-855-496-8462</p>	<p>Special Needs Category Served:</p> <ul style="list-style-type: none"> Emotional / Behavioral/ Mental Health <p>Special Services Offered:</p> <ul style="list-style-type: none"> Clinical Counseling Small Group Support Behavioral Management Individual and Family Support Integrated Summer Adventure Program 	<p>Youth ages 12-16</p>	<p>No program deadlines</p> <p>M-F, 3:00-5:00PM (clients may arrive any time after 1:30PM)</p>	<p>Closed Referral: From the MA Department of Children and Families (DCF) only & All Central MA towns served</p> <hr/> <p>Program Cost: Free of charge (referral needed from DCF)</p>	<p>English</p> <hr/> <ul style="list-style-type: none"> On Bus line MART for clients with Mass Health

<p>ASCEND:</p> <p><i>ASCEND is a gender specific group that provides opportunities for middle school aged girls to develop positive connections with other girls in their community and with positive female adult role models; to experience gains in self-confidence and trust; and to develop skills to help them experience success at home, their school, and in their communities. The group is a three day a week therapeutic after school program funded through the United Way Women's Initiative</i></p>	<p>Y.O.U. Inc. 81 Plantation Street Worcester, MA 01604</p> <p>call centralized referral at 1-855-496-8462</p>	<p>Special Needs Category Served:</p> <ul style="list-style-type: none"> Emotional / Behavioral/ Mental Health <hr/> <p>Special Services Offered:</p> <ul style="list-style-type: none"> Clinical Counseling Small Group Support 24 hour on-call support Integrated 6 week summer program 	<p>Girls ages 11-17</p>	<p>No program deadlines</p>	<p>Open Referral</p> <p>All Central MA towns served</p> <hr/> <p>Program Cost: Accepts various insurances</p>	<p>English</p> <hr/> <ul style="list-style-type: none"> On Bus line MART for clients with Mass Health
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Summer Camps

Name of Program	Agency & Contact	Special Needs Category Served and Special Services Offered	Ages Served	Dates and Times Offered	Program Eligibility / Cost / Central MA Towns Served	Language Capacity / Transportation Availability
<p>Summer Reading Program</p> <p>ACE's Summer Reading Program Helps WPS middle school and high school students tackle their school summer reading requirements and complete the required writing assignments. The summer program is a way to keep our students academically engaged year round and provide a positive alternative to risky behaviors</p>	<p>African Community Education Program</p> <p>24 Chatham St Worcester, MA</p> <p>Contact Name: Benjamin Kagigi</p> <p>Email: refer@acechildren.org</p> <p>Phone: 508-799-3653</p> <p>Website: www. Acechildren.org</p>	<p>Call to inquire re. the needs of the particular child</p>	<p>Summer Reading: Entering 5th grade – 12th grade</p>	<p>Usually in July, call for more details</p>	<p>Open Referral</p> <hr/> <p>No Cost</p> <hr/> <p>Central MA Towns Served: Worcester</p>	<p>Various African languages</p> <hr/> <p>Bus passes provided, if needed</p>
<p>Summer Programs</p> <p>A week long camp for the entire family Autism friendly programs for the whole family</p>	<p>HMEA's Autism Resource Central</p> <p>71 Sterling Street West Boylston, MA</p>	<p>Special Needs Category Served: Autism Spectrum</p> <p>Special Services Offered</p>	<p>Up to age 18</p>	<p>Program Dates: Late June & August</p> <p>Call for more</p>	<p>Program Cost: Minimal fee and family rate, registration fees vary</p> <hr/>	<p>English</p> <hr/> <p>No transportati</p>

	508-835-4278 www.autismresourcecentral.org	Autism friendly program for the whole family		information	All towns served	on available
<p>Camp Starfish</p> <p>Camp Starfish provides summer day and overnight camp (and year-round respite weekends) for children with emotional, behavioral, learning, and social challenges. Overnight camp programs at Starfish have a 1:1 staff to camper ratio at all times; day camp is at least 1:2. Social skills, coping techniques, individualized goal achievement and more are incorporated into our "traditional" camp program!</p>	<p>Camp Starfish, Inc. <u>Summer:</u> 12 Camp Monomonac Rd. Rindge, NH 03461 <u>Winter:</u> 636 Great Rd, Ste 2 Stow, MA 01775</p> <p><u>Contact Name:</u> Deana Stephens Phone: (978) 637-2617 Email: info@campstarfish.org Website: www.campstarfish.org</p>	<p>Special Needs Category: Emotional/Behavioral/Mental Health, Developmental Disability Safety, Management</p> <p>Special Services Offered: 1:1 Support, Behavioral Support, Medication Management, Small Group Support, Special Dietary Needs, Behavior Management, Specialized Childcare</p>	Preschool (4-5 yrs.) Elementary (6-11 yrs.) Middle School (12-14 yrs.) High School (15-18 yrs.)	Call for more information	Open Referral Referral Source: Physician, Clinical Provider Any agency, service, worker, doctor, provider, teacher, caretaker, parent, etc. can refer. Prices vary depending on length of session Needs based financial aid on first come first served basis	English Parent/ Caregiver Responsible for transportation
<p>Transition to Adulthood Program</p> <p>CLW's TAP provides services to young adults between the ages of 14 and 22 who are enrolled in special education and</p>	<p>Center for Living & Working 484 Main St. Suite 345 Worcester, MA Contact Name:</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability All Disabilities</p>	14 – 22	Ongoing, open referral	Open Referral No Cost Central MA Towns Covered:	English Deaf & Hard of Hearing Bus Line

<p>have the desire to learn independent living and self-advocacy skills. TAP skills trainers provide traditional independent living services as well as guidance with the Individual Education Plan (IEP) and Individual Transition Plan (ITP) process. Utilizing the role model approach, the peer counselor and consumer will build a relationship through sharing real life experiences and develop an independent living plan together. The four core services offered to every young adult include Information and Referral, Peer Counseling, Independent Living Skills Training and Advocacy.</p>	<p>Mackenzie Dezieck Email: mdezieck@centerlw.org Phone: 508-755-1644 Website: www.centerlw.org</p>	<p>Special Services Offered Assistive Technology Behavioral Support Durable Medical Equip. Handicap Access Sign Language Small Group Support Workshops on Wednesdays evenings 5pm-7pm</p>			<p>Grafton Millbury Northbridge Shrewsbury W. Boylston Worcester Fitchburg</p>	<p>Parent/ Caregiver Responsible, Program will include some travel training</p>
<p>Transitional Internship Program</p> <p><i>This is a semester based or summer paid internship program. The semester programs are 12 weeks, while the summer programs are 8 weeks. This program is for high school students with disabilities between the ages of 16 and 22. The goal is to offer students an internship,</i></p>	<p>Center for Living & Working 484 Main St. Suite 345 Worcester, MA Phone: 508-755-1644 Website: www.centerlw.org</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability All Disabilities</p> <p>Special Services Offered Assistive Technology Behavioral Support</p>	<p>16 – 22</p>	<p>Must be part of Mass Rehab Commission, occurs every semester *call re application deadlines</p>	<p>Open Referral</p> <hr/> <p>No Cost</p> <p>Central MA Towns Covered: Grafton Millbury Northbridge Shrewsbury W. Boylston Worcester</p>	<p>English Deaf & Hard of Hearing</p> <p>Bus Line Parent/ Caregiver Responsible, Program will include</p>

<p><i>supplemented with job-readiness workshops and one-on-one skills training and peer counseling.</i></p>		<p>Durable Medical Equip. Handicap Access Sign Language Small Group Support</p> <p>Workshops on Wednesdays evenings</p> <p>5pm-7pm</p>			<p>Fitchburg</p>	<p>some travel training</p>
<p>Various social activities and programs for people of all ages with special needs and their families; i.e., parent nights out, painting parties, bowling league, calming yoga, etc.</p>	<p>Diamond is the Sky</p> <p>P.O. Box 20234 Worcester, MA 01602</p> <p>Email (best way to contact): sean@dits.org</p> <p>774-823-5016</p> <p>www.dits.org</p>	<p>Special Needs Category: For parents of children with Autism and other Special Needs and their families</p> <p>Special Services Offered: N/A - Most activities are for parents/caregivers and children together.</p>	<p>Open to all, including families of children with special needs and children without. Go to www.dits.org for</p> <p>Most activities are for parents/caregivers and children together.</p>	<p>Visit www.dits.org for more information</p>	<p>Open to all, including families of children with special needs and children without.</p>	<p>Can try to accommodate various language needs with advance notice.</p>

<p>Summer Fun</p> <p>Web based guide that provides links to over 200 camp Web sites serving children with disabilities, as well as useful information and resources</p>	<p>Federation for Children with Special Needs Guide to Summer Camp</p> <p>http://fcsn.org/camps/</p>	<p>Covers all disabilities</p>	<p>n/a</p>	<p>n/a</p>	<p>Covers all Mass towns</p>	<p>English</p>
<p>TREK – Synergy</p> <p><i>TREK is a therapeutic adventure-based after-school, summer, and vacation camp program for youth. The program includes an extensive intake/assessment to adapt and pace activities such as climbing, boating, hiking, animal-assisted activities, high and low ropes courses, team games, and more. Activities promote teamwork, communication, pro-social skills, physical activity, and supported risk taking. Youth are able to increase their participation in a variety of recreational activities, increase their social skills, self-esteem and self-efficacy.</i></p>	<p>LUK, Inc. 40 Southbridge St. ,4th floor Worcester, MA</p> <p>Contact Name: Cara Baillargeon CBaillargeon@luk.org</p> <p>Melissa Murphy: LMHC, LMFT Director of Community Support Services</p> <p>Email: MMurphy@luk.org</p> <p>Phone: work cell (508) 962 1071 Office: (508) 762-3036</p> <p>Website:</p>	<p>Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability</p> <p>Special Services Offered Behavioral Support Clinical Counseling Medication Management Small Group Support Special Dietary Needs Behavior Management Trauma</p> <p>Assessing: State assistance with MassHealth, Social Security, Respite, Food Stamps etc...</p>	<p>Elementary (6-11 yrs.) Middle School (12-14 yrs.) High School (15-18 yrs.)</p>	<p>Programs are ongoing as needed by family</p>	<p>Must be currently enrolled with and referred by one of the following:</p> <p>DMH Worcester, DMH Northeast Suburban, DD Worcester, DDS N. Central, DCT</p> <p>Funded through state agency child is enrolled with</p>	<p>English & Spanish</p> <hr/> <p>Integrated/Program Provided Transportation Parent/Car giver Responsible</p>

	www.luk.org Email: TREK@luk.org					
The 2017 Massachusetts Youth Leadership Forum	Partners for Youth with Disabilities Susan Nicastro, Deputy Director snicastro@pyd.org g 617-556-4075, x13	Special Needs Category: Youth with any type of disability meeting age requirements can apply; see full eligibility details and online application at this link: http://www.pyd.org/youth-leadership-forum.php	Youth and young adults; see link for details	April 15th, 2017 - Youth application deadline June (TBA) - Peer Leader training Boston July 10, 2017 - Peer Leader training in Bridgewater July 11-13, 2017 - YLF held at Bridgewater State University	Free Youth with disabilities in Massachusetts eligible to apply; see full eligibility at this link: http://www.pyd.org/youth-leadership-forum.php	Translation and transportation can be arranged upon request
Mass Inclusion and Special Needs Camps <i>Massachusetts website that list Special-Needs Camps, Camp Fair and Summer Programs</i>	SPED Child & Teen Website www.spedchildmass.com	Special Needs Category Emotional/Behavioral/Mental Health Developmental Disability Medically Complex	n/a	n/a	Covers all Mass towns	English

		<p>Care Safety Management</p> <p>Special Services Offered: (varies per listed program)</p> <p>1:1 Support Assistive Technology ABA Behavioral Support Clinical Counseling Durable Medical Equip. Feeding Tube Handicap Access Medical Support Medication Management Sign Language Small Group Support Special Dietary Needs Behavior Management Specialized Childcare Toileting Tracheotomy Care Trauma</p>				
<p>Turn Back Time</p> <p><i>Turn Back Time is a</i></p>	<p>Turn Back Time, Inc. 250 Marshall St</p>	<p>Special Needs Category</p> <ul style="list-style-type: none"> Emotional/Behav 	<p>Serves ages 3-14</p>	<p>Program Dates July 6th (short</p>	<p>Open Referral</p> <p>_____</p>	<p>English</p> <p>_____</p>

<p>nonprofit program working to improve the lives of children through nature exploration, farm education and play. We are an integrated program with staff available for children who struggle with challenging behaviors. The natural setting of a farm is a great equalizer. Children in nature are not constrained by any diagnosis, disorder, shape, size or age. Our staff to camper ratio gives each participant the opportunity to explore and grow in a unique way.</p>	<p>Paxton, MA</p> <p>Contact Name: Lisa Burris</p> <p>Email: Lisab@tbtinc.org</p> <p>Phone: 978-760-3707</p> <p>Website: www.tbtinc.org</p>	<p>ioral/Mental Health</p> <ul style="list-style-type: none"> • Developmental Disability <p>Special Services Offered</p> <ul style="list-style-type: none"> • Behavioral Support • Small group support • Behavioral management 	<p>Summer Camp</p> <p>Plus yearlong programs for preschool age, after school, home school</p>	<p>week) - August 13th</p> <p>Monday - Thursday</p> <p>Program Start Time: 9am</p> <p>Program End Time: 1pm</p> <p>Extended day option available</p>	<p>Summer Camp Program Cost: \$150 per week plus one time enrollment of \$20</p> <p>Scholarships Sliding Fees</p> <hr/> <p>Central MA Towns Served: All of Worcester County</p>	<p>Parent / Caregiver responsible for transportation</p>
<p>Summer Camps</p>	<p>YMCA of Central Massachusetts - Greendale Family Branch 75 Shore Drive Worcester, MA</p> <p>Phone: 508-852-6694</p> <p>Contact varies per program</p>	<p>Special Services Offered</p> <p>Varies per program and per client need. Call for more information and to make an appointment</p>	<p>3-17 years; age range varies per program</p>	<p>Program Dates Varies per program - Please call to inquire</p> <p>Program Start Time: Varies per program</p>	<p>Open Referral</p> <p>Program Cost:</p> <p>Income based Sliding scale fee, We accept vouchers</p> <p>Central MA Towns Served: Fitchburg, Holden, Princeton, Sterling and Worcester</p>	<p>English Spanish</p> <hr/> <p>Bus Line</p>

<p>YMCA – Camp Blanchard</p> <p><i>A traditional outdoor summer camp on 35 acres on Lake Machaug in Sutton, MA. For children in grades 1 - 7 the Camp program includes transportation from Worcester with bus stops in Auburn and Sutton. Campers have swim lessons, free swim, boating, field games, sports, team building and outdoor adventures every day. Groups are determined by age and grade and each week is based on a theme. We have parent/family nights planned throughout the summer and lots of opportunities to explore the great outdoors.</i></p>	<p>YMCA of Central Massachusetts 766 Main Street Worcester, MA Phone: 508-755-6101</p> <p>trivera@ymcaofcm.org</p> <p>Website: www.ymcaofcm.org</p>	<p>Special Services Offered</p> <p>Varies per program and per client need. Call for more information and to make an appointment</p>	<p>Entering 1st-7th grade</p>	<p>Program Dates</p> <p>Varies per program, one week sessions</p> <p>Program Start Time: 8:00 AM Program End Time: 5:30 PM</p>	<p>Open Referral</p> <p>_____</p> <p>Sliding Fees Income based, We accept vouchers</p> <p>Central MA Towns Served: Auburn Douglas Grafton Oxford Leicester Sutton Worcester</p>	<p>English Spanish</p> <hr/> <p>Bus Line</p> <p>Integrated/ Program Provided Transportation</p>
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Respite Programs

Name of Program	Agency & Contact	Special Needs Category Served and Special Services Offered	Ages Served	Dates and Times Offered	Program Eligibility / Cost / Central MA Towns Served	Language Capacity / Transportation Availability
<p>Respite Program</p> <p><i>Respite care for children and adults with developmental disabilities and their families</i></p>	<p>Kennedy Donovan Center 171 Main Street, 3rd floor Milford, MA</p> <p>Contact: Ann Marie Rivers arivers@kdc.org</p> <p>508-473-5700 Website: www.kdc.org</p>	<p>Special Needs Category:</p> <p>Developmental disability</p> <hr/> <p>Special services offered:</p> <p>Per case basis Feeding Tube Handicap Access Behavior Mgt.</p>	<p>3 – 22+</p>	<p>Varies per case</p>	<p>MA Dept. of Developmental Services referral</p> <p>Central MA towns served: Bellingham, Blackstone, Douglas, Franklin, Grafton, Medway, Milford, Sutton, Upton, Whitinsville and Worcester</p>	<p>English & Spanish</p> <p>Some transportation provided</p>
<p>Hourly Respite Program</p> <p><i>LUK holds contract with the Department of Mental Health, Department of Children and Families and Department of Developmental Disabilities to provide hourly respite both in youth's home and in community.</i></p> <p><i>Three types of respite</i></p>	<p>LUK, Inc. 40 Southbridge St., 4th floor Worcester, MA</p> <p>Contact Name: Cara Baillageron Phone: (508)762-3036</p> <p>Phone: 800-579-0000, ask to</p>	<p>Special Needs Category</p> <p>Emotional/Behavioral/Mental Health Developmental Disability Safety Management</p> <p>Special Services Offered:</p> <p>1:1 Support ABA Behavioral Support</p>	<p>Infant (0-3 yrs.) Preschool (4-5 yrs.) Elementary (6-11 yrs.) Middle School (12-14 yrs.) High School (15-18 yrs.) Transitional (19-22 yrs.)</p>	<p>n/a</p>	<p>Referral Source:</p> <p>MA Dept. of Children and Families, Dept. of Mental Health, or the Dept. of Developmental services</p> <p>Program Cost:</p>	<p>English Spanish ASL-limited but expanding</p> <p>Some transportation provided</p>

<p>services are offered: home-based respite, community-based respite, and center-based respite.</p>	<p>speak to Hourly Respite</p> <p>Website: www.luk.org</p>	<p>Handicap Access Medical Support Sign Language Small Group Support Behavior Management</p>			<p>Paid by referral source</p> <hr/> <p>All towns served</p>	
<p>The Michael Carter Linsnow Respite Center</p> <p><i>Offers programs for parents of children of all, including daycare, after school care, Monday overnights, Weekend Respite. Programs for adults with disabilities include Adult Day and Employment support programs and Saturday night out.</i></p>	<p>Michael Carter Linsnow Respite Center 112 Main Street Hopkinton, MA Phone: 508-435-1222</p> <p>Website: www.hopkintonrespite.com</p>	<p>Special Needs Category: Emotional/Behavioral/Mental Health Developmental Disability Medically Complex Care Safety Management</p>	<p>Children of all ages, as well as adults</p>	<p>Programs include Monday and Tuesday overnight, after-school, school vacation, and respite care for children, as well as an adult day program</p>	<p>Open Referral</p> <p>Program Cost: Varies per program</p> <hr/> <p>All towns served</p>	<p>English</p> <hr/> <p>Parent / Caregiver responsible</p>
<p>North Central Family Support Center</p> <p><i>Short term, 24 hour respite care</i></p>	<p>Seven Hills Foundation 1460 John Fitch Highway, Fitchburg, MA</p> <p>Contact Name: Gina Bernard</p>	<p>Special Needs Category: Physical Disability Developmental Disability</p> <p>Special Services</p>	<p>Transitional (19-22 yrs.) Young Adult (22+ yrs.)</p>	<p>n/a</p>	<p>MA Dept. of Developmental Services Referrals only</p> <hr/> <p>No cost with DDS referral</p>	<p>English</p> <hr/> <p>Parent / Caregiver Responsible</p>

	<p>Email: gbernard@sevenhills.org Phone: 978-632-4322 Website: www.sevenhills.org</p>	<p>Offered: 1:1 Support Small Group Support</p>			<p>Central MA Towns Served: Ashburnham, Ashby, Ayer, Barre, Bolton, Clinton, Fitchburg, Gardner, Hardwick, Hubbardston, Lancaster, Lunenburg, New Braintree, Oakham, Pepperell, Princeton, Rutland, Shirley, Sterling, Templeton, Townsend, Winchendon</p>	
<p>Seven Hills Pediatric Long-Term Care</p> <p><i>Pediatric skilled nursing center that provides long term nursing care, short term respite care and short term hospitalization for those who are profoundly developmentally delayed and have complex</i></p>	<p>Seven Hills Foundation 22 Hilside Ave Groton, MA</p> <p>Contact Name: Jennifer Amadon, MSN, RN Email: jamadon@seven</p>	<p>Special Needs Category: Physical Disability Medically Complex Care</p> <p>Special Services Offered: Feeding Tube Handicap Accessibility</p>	<p>Infant (0-3 yrs.) Preschool (4-5 yrs.) Elementary (6-11 yrs.) Middle School (12-14 yrs.) High School (15-18 yrs.) Transitional (19-22 yrs.)</p>	n/a	<p>Closed referral by The Medical Review Team (MRT) of the Department of Public Health</p> <p>Also billed to insurance</p>	<p>English</p> <hr/> <p>Parent/Caregiver Responsible for transportation</p>

<p><i>medical needs</i></p>	<p>hills.org Phone: 978-732-5311 Website: www.sevenhills.org</p>	<p>Medical Support Tracheotomy Care</p>			<p>All towns served</p>	
<p>South Valley Respite Inn <i>Short term, 24 hour respite care</i></p>	<p>Seven Hills Foundation 128 Main Street, Sturbridge, MA Contact Name: Elizabeth Carroll Email: ecarroll@sevenhills.org Phone: 508-796-1958 Website: www.sevenhills.org</p>	<p>Special Needs Category Developmental Disability Special Services Offered 1:1 Support Small Group Support</p>	<p>Transitional (19-22 yrs.) Young Adult (22+ yrs.)</p>	<p>n/a</p>	<p>Closed Referral: MA Dept. of Developmental Services (DDS) Referrals only Program Cost: DDS Funded Central MA Towns Served: Bellingham, Blackstone, Brimfield, Charlton, Douglas, Dudley, Brookfield, Franklin, Grafton, Medway, Milford, North Brookfield, Oxford, Southbridge.</p>	<p>English <hr/>Parent / Caregiver responsible</p>

					Spencer, Sutton, Upton, Uxbridge, Wales, Webster, Whitinsville	
Worcester Family Support Center <i>Short term, 24 hour respite care</i>	<p>Seven Hills Foundation 799 West Boylston Street, Worcester, MA</p> <p>Contact Name: Ana Morales Email: amorales@seven hills.org Phone: 508-796- 1850 Website: www.sevenhills.o rg</p>	<p>Special Needs Category Developmental Disability</p> <p>Special Services Offered 1:1 Support Small Group Support</p>	Transitional (19- 22 yrs.) Young Adult (22+ yrs.)	n/a	<p>Closed Referral: MA Dept. of Developmental Services (DDS) Referrals only</p> <p>Program Cost: DDS Funded</p> <hr/> <p>Central MA Towns Served: Bellingham, Blackstone, Brimfield, Charlton, Douglas, Dudley, Brookfield, Franklin, Grafton, Medway, Milford, North Brookfield, Oxford, Southbridge.</p>	<p>English</p> <hr/> <p>Parent / Caregiver responsible</p>

					Spencer, Sutton, Upton, Uxbridge, Wales, Webster, Whitinsville	
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Originally Created by Richard Benoit, Gina Doyle, Joseph Sandagato and Debra Tambeau of the Department of Children and Families Worcester Area Boards, Family Ties of Massachusetts, The MA Department of Public Health (Bureau of C.Y.S.H.C.N), the Mass Lifespan Respite Coalition, PPAL - Parent Professional Advocacy League, and Worcester Community Connections of YOU Inc.

While our intent was to include accurate data on local human service agencies, some inadvertent errors or omissions may have occurred and some changes will undoubtedly take place between printing and distribution.

Please contact 508-796-1411 x418 with further updates.